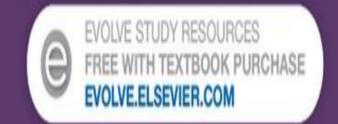


LINDA R. BARTOLOMUCCI BOYD



# **Dental Instruments**

# A Pocket Guide

SIXTH EDITION

# Linda R. Bartolomucci Boyd, CDA, RDA, BA

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# **Table of Contents**

Cover image

Title page
Copyright
Dedication
Preface
New to This Edition
Acknowledgements
Photo/Illustration Credits
1. Basic Dental Instruments
Instrument
Instrument
Instrument
Instrument
Tray Setup
2. Enamel-Cutting Instruments
Instrument

3. Local Anesthetic Syringe/Components and Nitrous Oxide Sedation
Instrument
Tray Setup
4. Evacuation Devices, Air/Water Syringe Tip, and Dental Unit
Instrument
5. Dental Handpieces
Instrument

6. Burs and Rotary Attachments for Handpieces
Instrument
7. Dental Dam Instruments
Instrument
Tray Setup

Instrument

In	strument
In	strument
	strument
Tr	ray Setup
9 Co	emposite Restorative Instruments
	strument
	strument
	strument
In	strument
Tr	ray Setup
Tr	ay Setup
10. F	ixed Prosthodontics Restorative Instruments
In	strument
	strument
In	strument

Tray Setup

Tray Setup

### 11. Endodontic Instruments

Instrument

Tray Setup

Tray Setup

### 12. Hygiene Instruments

Instrument

Instrument

Instrument

Instrument

Instrument

Instrument Instrument

Instrument

Instrument

	Instrument
	Instrument
	Tray Setup
	Tray Setup
13.	Preventive and Sealant Instruments and Whitening Trays
	Instrument
	Tray Setup
	Tray Setup
	Tray Setup
14.	Orthodontic Instruments
	Instrument

	Instrument
	Instrument
	Tray Setup
1.5	
15.	Universal Surgical Instruments
	Instrument
	Tray Setup
14	Pariodontal Instruments and Pariodontal Surgical Instruments
10.	Periodontal Instruments and Periodontal Surgical Instruments
	Instrument
	Instrument

Instrument
Instrument
Instrument
Instrument
Instrument
Tray Setup
17. Oral Surgery Extraction Instruments
Instrument
Tray Setup
Tray Setup
Tray Setup
40.00 110 110 110 110 110 110 110 110 110
18. Sterilization and Protective Equipment
Instrument
Instrument
Instrument
Instrument

Instrument Instrument

	instrument
	Instrument
19.	Dental Materials Equipment
	Instrument
20	Dall to ID: CE to the
20.	Dental Imaging and Diagnostic Equipment
	Instrument

1				٠
Ins	trii	m	ρn	т

Instrument

### 21. Vital Signs and Beyond

Instrument

Instrument

Instrument

Instrument

Instrument

Instrument

Instrument

Index

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ISBN: 978-0-323474054

Senior Content Strategist: Kristin Wilhelm Content Development Specialist: Katie Gutierrez Senior Content Development Specialist: Courtney Sprehe Publishing Services Manager: Unni Deepthi Senior Project Manager: Umarani Natarajan

Design Direction: Brian Salisbury

Printed in China

Last digit is the print number: 9 8 7 6 5 4 3 2 1



# **Dedication**

To Cathy Clarke . . . My appreciation for all of your expertise and dedication with your insight pertaining to innovative ideas for this edition as well as the past editions. Thank you!

To my college nieces and nephews, Raymond, Francesca, David, and Sophia, from whom I have learned the intricate way this current generation absorbs information and processes learning. Ti Amo!

# **Preface**

It is with great pleasure that I present the sixth edition of Dental Instruments: A Pocket Guide.

Many new additions have been added to this text. First, the Sterilization Notes have more detailed information on how to process instruments. Second, many new photos were taken to enhance the working end as well as the entire instrument for clarity. Third, on the text page, many new photos are inserted to demonstrate the instrument "in use." Also, new technology equipment has been added, as well as new models of technology that already existed in the previous editions.

This text is designed to help dental students and practicing professionals master the identification and use of common and specialty dental instruments and equipment. Whereas certain chapters focus on the instruments used in all dental practices, such as components of the basic tray setup, the anesthetic syringe and its parts, evacuation devices, and so on, other chapters are designed around various routine dental procedures, such as the instruments used in hygiene, amalgam, and composite procedures. The dental specialty chapters include instruments used in prosthodontics, orthodontics, endodontics, and periodontics. Three chapters focus on oral surgery—one addresses the general surgical instruments used in oral and periodontal surgery, and the other two focus on surgical extractions and implants. The third focuses on periodontal instruments. Significant advances in detection of oral cancer equipment have been added to this text as well. There are also chapters devoted to dental material equipment.

Additionally, in keeping with the concept of total patient care, the chapter called "Vital Signs and Beyond" focuses on the equipment used to monitor patients for routine dental treatment as well as treatment of sedated patients. At the end of most chapters, there are examples of tray setups, enhancing the reader's ability to set up trays and use the instruments in the correct sequence, depending on the procedure.

In the 21st century, dentistry has certainly evolved with technology. It is more important than ever for students and clinicians to have an excellent understanding of the instruments and equipment they will encounter in practice. This sixth edition will help students and the clinicians stay current with the quickly changing technology of dentistry, as well as more detailed information on some instruments in the text pages. However, although basic dental instruments and equipment have remained relatively unchanged throughout the years, there have also been new advances that accommodate new technology in the dental field. These include, but are not limited to, the development of heat-resistant metals, synthetic material used for dental instruments, and new equipment. Examples can be seen in the special coatings available on some instruments, such as the titanium coating found on composite instruments that allow these instruments to be adapted to the different types of materials, as well as new designs of instruments.

I am confident that this text will help you to more easily learn the dental instruments, dental equipment, and tray setups that clinicians use in dental practices. It is imperative that all students begin their careers with a thorough knowledge of dental instruments and equipment and that they expand their knowledge throughout their careers. Certainly, this text will help you achieve these goals. I wish you all success in the field of dentistry. I know you will be a great asset to the dental profession!

Linda R. Bartolomucci Boyd

# **New to This Edition**

- Several new photos in many chapters, including both a full-instrument view and close-up views to better see the working ends of the instruments to assist in easier identification
- Additional "in use" photos and illustrations of instruments and equipment to enhance the understanding of the function in specific procedures
- **Sequence of instruments** in the chapters have changed to give a better understanding of method of use for procedures.
- Addition of new instruments and equipment, including dental hygiene instruments and orthodontic equipment, as well as new technology on oral cancer detection.

### **Features of this Text**

- Flashcard format makes it easy to quiz yourself on dental instruments and their uses.
- More than 700 high-quality photographs and illustrations enhance your ability to quickly and accurately identify dental instruments.
- Convenient **spiral-bound design** helps you easily access key information at a glance as well as use the pages as a **flash card technique** for studying.
- Clear, consistent organization helps you master basic instruments before introducing more complicated instruments.
- Tray setups (Note: The tray setups usually only have an example of instruments for the designated procedure; they do not include any axillary items needed for that particular procedure, such as cotton rolls or 2 × 2 gauze.)

  Each written page has information on each individual instrument including:
- Name of the instrument
- Main function of the instrument
- Characteristics of the instrument
- Practice Note
- Sterilization Note
- In addition to the Sterilization Note on each written page, it should be noted that instruments and items used during dental procedures are categorized as critical, semicritical, or noncritical. Below are excerpts from the *Guidelines for Infection Control in Dental Health-Care Settings*—2003 that explain the categories.
  - "Patient-care items (dental instruments, devices, and equipment) are categorized as critical, semicritical, or noncritical, depending on the potential risk for infection associated with their intended use. . . . Critical items used to penetrate soft tissue or bone have the greatest risk of transmitting infection and should be sterilized by heat. Semicritical items touch mucous membranes or nonintact skin and have a lower risk of transmission; because the majority of semicritical items in dentistry are heat-tolerant, they also should be sterilized by using heat. If a semicritical item is heat-sensitive, it should, at a minimum, be processed with high-level disinfection. . . .
  - "Noncritical patient-care items pose the least risk of transmission of infection, contacting only intact skin, which can serve as an effective barrier to microorganisms. In the majority of cases, cleaning, or if visibly soiled, cleaning followed by disinfection with an EPA-registered hospital disinfectant is adequate. When the item is visibly contaminated with blood or OPIM, an EPA-registered hospital disinfectant with a tuberculocidal claim (i.e., intermediate-level disinfectant) should be used. . . . Cleaning or disinfection of certain noncritical patient-care items can be difficult or damage the surfaces; therefore, use of disposable barrier protection of these surfaces might be a preferred alternative."
  - For detailed information regarding guidelines for infection control in a dental setting please refer to Guidelines for Infection Control in Dental Health-Care Settings—2003 at http://www.cdc.gov/mmwr/index.html.

# **Evolve**

### For the Student

Chapter Quizzes • Drag-and-Drop Tray Setup Exercises • Tray Setup Quizzes

### For the Instructor

Image Collection for Power Point Presentation and Testing • Test Bank

# Acknowledgements

My deepest appreciation is to acknowledge all of my colleagues, dentist affiliations, professors, and my dearest family and friends for all of their insight, support, love, and prayers during the writing of this sixth edition. Of course, I value each and every student because their zest and enthusiasm for learning give me such encouragement to write a text that enhances their desire to learn.

Two people have played an incredible role in making this text such a great learning tool with the availability of the instruments and the creative skill in photography. First and foremost, I have the greatest respect for Jeff McMillian in his ability to photograph dental instruments. Jeff's artistic ability and incredible photography skills have enhanced this text with clearer and more precise photographs, especially the close-up working ends of dental instruments and the all-new photographs of the instruments "in use." Second, these photographs would not be possible without Andrew Hartzell, president of G. Hartzell & Son, Inc., who allowed me to borrow most of the instruments to photograph. Thank you, Andy!

I am absolutely grateful to Katie Gutierrez, content development specialist, and to Courtney Sprehe, senior content development specialist, for their development of the sixth edition of this text. Courtney's vision and mine have remained the same from the second edition to now the sixth. Kristin Wilhelm, I thank you for your expertise as editor in overseeing and publishing this sixth edition.

I continue to express my thanks to **Joyce M. Litch, RDH, DDS, MSD**, for her expertise as a consultant to the book, who assisted in developing the periodontal and hygiene chapters. I thank you for always being there for me! **Ann Marie Gorcyzca, DMD, MPH, MS,** you are amazing in your enthusiasm in encouraging me to always follow my passion. Thank you, for your words of praise and encouragement in the ongoing process of publishing and your expertise in knowledge of orthodontics and beyond. The bur chapter would not be as comprehensive without the consultation from **Wayne Joseph, DDS**. His insight into this chapter has been appreciated from the first edition to the sixth.

I would like to express my deepest gratitude to **Cathy Clarke**, **RDA**, **CDA**, **BA**, to whom this book is dedicated, who spent numerous hours and days as a consultant to many aspects of this text. Thank you for always being available to answer my questions at any time.

A very special thank you to Paul Charles Hans, BS, MBA, an author himself, for his ability in keeping my focus in the process of the photography as well as the creative technical writing of this text. Your love, support, and encouragement mean more to me than I can express.

I could not have written this sixth edition without the love, support, and prayers from my family: my sons, Michael and Matthew, who always gave me a nudge of encouragement; my cousin Elaine Strizzi, for her gentle and loving ways of support; and my brother and sister-in-law, Ray and Meri, for the nourishment of my body and soul during this process. Also, the concept my parents taught me, "To honor the dream inside of me," constantly resonates in my mind. Last, but certainly not least, are the wonderful, refreshing moments with my grandchildren, Christian, Collin, Liberty Rae, Alexis, Jaxson, and Maxwell, who teach me the simplicity, enthusiasm, and zest for learning that encourages my writing. Ti Amo!

Linda R. Bartolomucci Boyd

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# **Basic Dental Instruments**



### **Mouth Mirror**

#### **Functions**

To provide indirect vision To retract lips, cheeks, and tongue To reflect light into the mouth

#### **Characteristics**

- Front surface mirrors Accurate, distortion-free image
- Double-sided mirrors—Used to retract tongue or cheek and view intraoral cavity simultaneously

Flat surface mirrors—Used in disposable mirrors

Concave mirrors—Magnify image

Range of sizes

Commonly used sizes: no. 4 and no. 5; refer to diameter of mirror

Single ended

Different mirror handles available (see p. 8)

#### **Practice Notes**

Mouth Mirror is used on most tray setups.

#### **Sterilization Notes**

Mouth Mirror must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





### **Explorers**

### **Function**

To examine teeth for decay (caries), calculus, furcations, or other abnormalities

#### **Characteristics**

Pointed tips; sharp, thin, flexible Single or double ended

• Double-ended models—May have the same style on working ends or different styles of working ends; may also have explorer on one end and periodontal probe on the other end (for periodontal probe, see Chapter 16).

Variety of sizes and types:

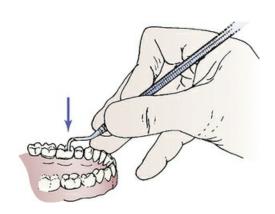
- Orban
- Pigtail
- Shepherd's hook

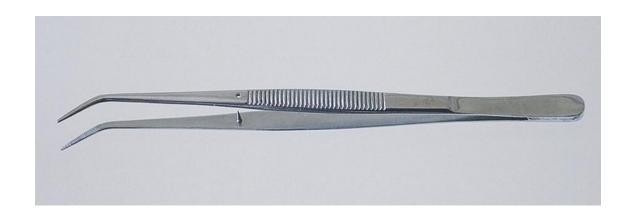
#### **Practice Notes**

Explorer is used on most tray setups.

### **Sterilization Notes**

Explorer must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





### **Cotton Forceps (Pliers)**

### **Function**

To grasp or transfer items and/or material into and out of the oral cavity

### **Characteristics**

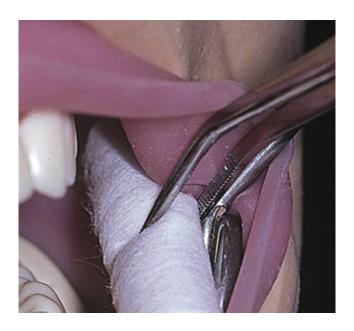
Plain or serrated tips Pointed or rounded tips Thin or thick tips Locking forceps (see Chapter 11) Range of sizes available

#### **Practice Notes**

Cotton Forceps is used on most tray setups.

#### **Sterilization Notes**

Cotton Forceps must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





### **Instrument Handles**

#### **Function**

To hold (grasp) instrument

#### **Characteristics**

Single or double ended

Removable working ends (replaceable and interchangeable) attach to handle

### **Examples**

Mouth mirror, scaler

Nonremovable working ends also available (commonly used)

Larger diameter models—Help lighten grasp and maximize control

Alternating diameter models—Lessen stress associated with carpal tunnel syndrome

Lighter weight models—Minimize fatigue

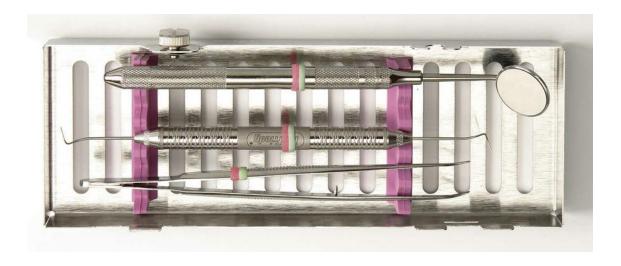
Variety of sizes, styles, and textures:

Small, round 1/4-inch stainless steel

- Standard, hollow <sup>5</sup>/<sub>16</sub>-inch stainless steel
- Lightweight, 3/8-inch slip-resistant pattern
- Satin steel model—Lightweight, ergonomically designed

#### **Sterilization Notes**

Instrument Handles must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Tray Setup**

### **Basic**

### From Top to Bottom

Mouth mirror, explorer (pigtail explorer pictured), cotton forceps (example of color-coded instruments in a cassette)

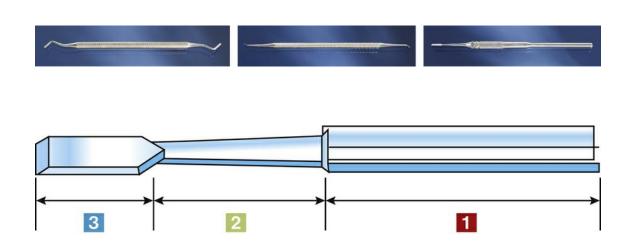
### **Practice Notes**

Basic Setup is found on almost all dental tray setups.

### **Sterilization Notes**

Basic Setup instruments with cassette must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.

# **Enamel-Cutting Instruments**



### Parts of an Instrument

### **■.** Handle

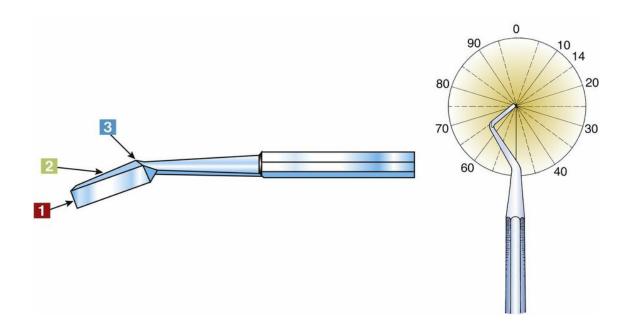
Grasping end of instrument Variety of sizes and styles Handle styles (refer to pp. 8 & 9)

### . Shank

Connects handle to working end of instrument May be straight or may have one or more angles to accommodate specific areas of the mouth

### **■.** Working End

May have cutting edge, blade, bevel, point, nib, or beaks



### **Three-Numbered Instrument\***

### **Function**

Numbers on handle indicate width, length, and angle of blade.

■ Indicates width of blade in tenths of millimeters

### Example

20 indicates a width of 2 mm

■ Indicates length of blade in millimeters

### Example

8 indicates a length of 8 mm

■ Indicates angle of blade from long axis of shaft

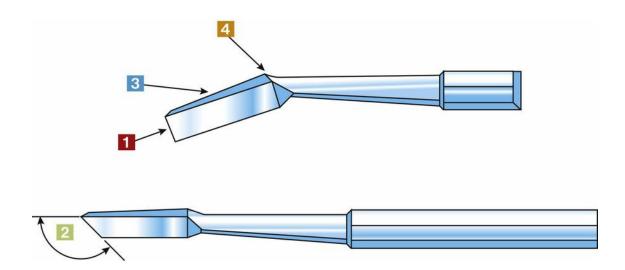
#### Example

12 indicates an angle of 12 degrees

The designation for the instrument described above is 20-8-12; the number of instrument size is indicated on the handle.

### **Examples of three-numbered instruments**

Enamel, Hatchet, Enamel, Hoe, Wedelstaedt



# Four-Numbered Instrument\*

#### **Function**

Numbers on handle indicate width of blade, angle of cutting edge, length of blade, and angle of blade

■ Indicates width of blade in tenths of millimeters

#### Example

20 indicates a width of 2 mm

Indicates angle of cutting edge of blade in relation to handle

# Example

95 indicates a cutting edge angle of 95 degrees

■ Indicates length of blade in millimeters

#### Example

8 indicates a length of 8 mm

Indicates angle of blade from long axis of shaft

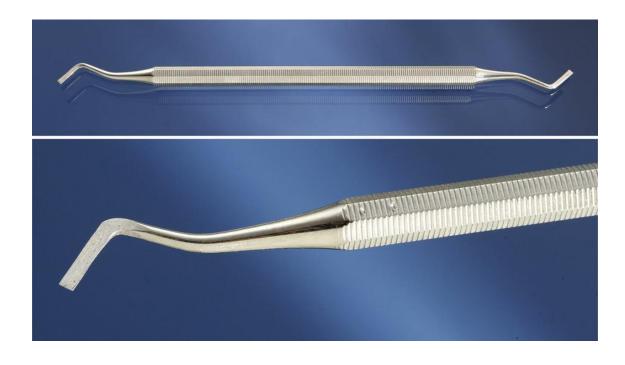
#### Example

12 indicates a blade angle of 12 degrees

The designation for the instrument described above is 20-95-8-12; The number of instrument size is indicated on the handle.

**Examples of four-numbered instruments** 

Angle Former, Gingival Margin Trimmers-Mesial and Distal



# **Enamel Hatchet**

#### **Functions**

To cut, clean, and smooth walls in cavity preparation To remove enamel not supported by dentin

#### **Characteristics**

Used with push motion Cutting edge on same plane as handle Single or double ended Is a three-numbered instrument

**Examples of instrument numbers** 

20-9-14

15-8-14

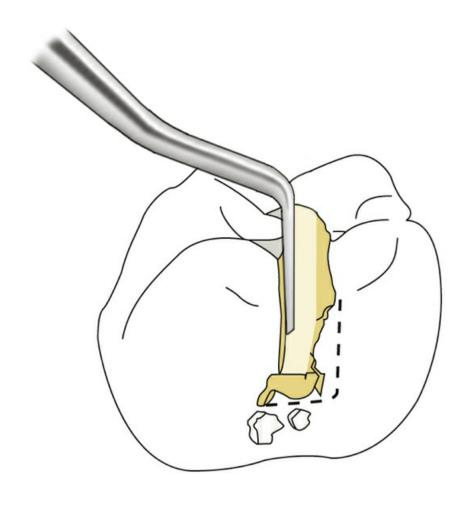
15-8-12

#### **Practice Notes**

Enamel Hatchet is used on restorative tray setups.

#### **Sterilization Notes**

Enamel Hatchet must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Enamel Hoe**

#### **Function**

To clean and smooth floor and walls in cavity preparation

#### **Characteristics**

Used with pulling motion Cutting edge or blade nearly perpendicular to handle Is a three-numbered instrument

**Examples of instrument numbers** 

10-4-8

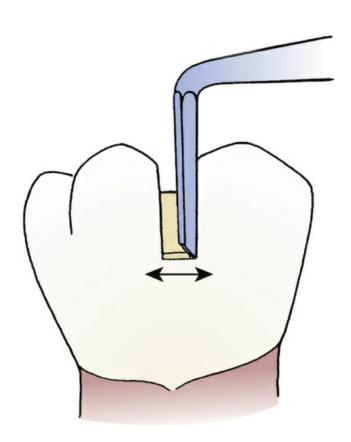
10-4-14

#### **Practice Notes**

Enamel Hoe is used on restorative tray setups.

#### **Sterilization Notes**

Enamel Hoe must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Straight Chisel**

#### **Function**

To plane and cleave enamel in cavity preparation

#### **Characteristics**

Used with push motion Single-bevel cutting edge Single or double ended

**Examples of instrument numbers** 

15

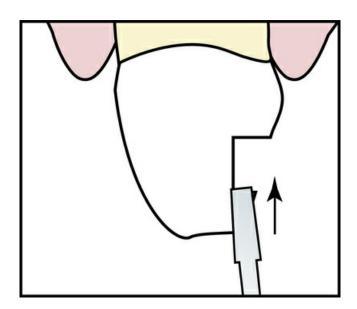
20

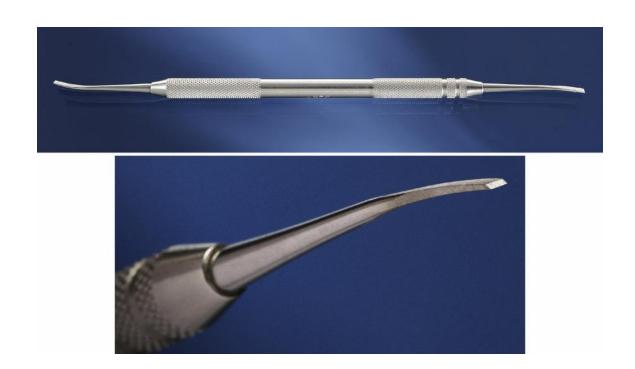
#### **Practice Notes**

Straight Chisel is used on restorative tray setups.

#### **Sterilization Notes**

Straight Chisel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Wedelstaedt Chisel**

#### **Function**

To plane and cleave enamel in cavity preparation

#### **Characteristics**

Used with push motion Curved blade on working end Single-bevel cutting edge Single or double ended Is a three-numbered instrument

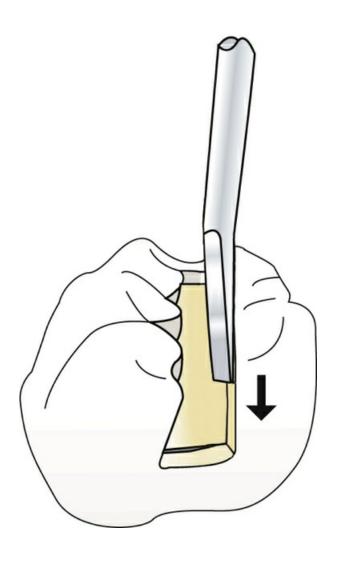
Examples of instrument numbers 15-15-3 11.5-15-3

#### **Practice Notes**

Wedelstaedt Chisel is used on restorative tray setups.

#### **Sterilization Notes**

Wedelstaedt Chisel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Binangle Chisel**

#### **Function**

To plane and cleave enamel in cavity preparation

#### **Characteristics**

Used with push motion Two angles in the shank Single or double ended Is an example of three-numbered instrument

**Examples of instrument numbers** 

20-9-8

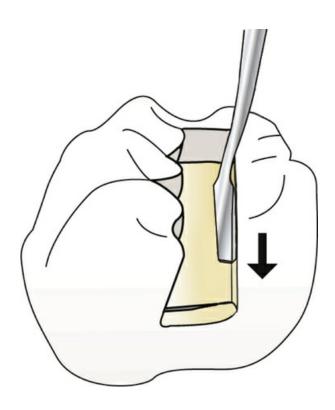
15-8-8

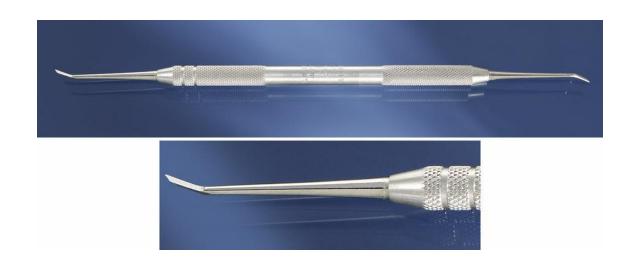
#### **Practice Notes**

Binangle Chisel is used on restorative tray setups.

#### **Sterilization Notes**

Binangle Chisel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Angle Former**

#### **Function**

To accentuate line and point angles in internal outline and retention in cavity preparation

#### **Characteristics**

Cutting edge at an angle Single or double ended Is a four-numbered instrument

Examples of instrument numbers 12-80-5-8 9-80-4-8

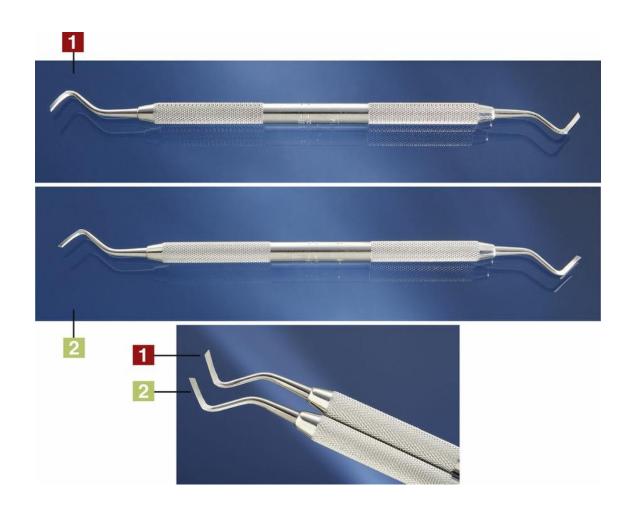
#### **Practice Notes**

Angle Former is used on restorative tray setups.

#### **Sterilization Notes**

Angle Former must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Gingival Margin Trimmer—Mesial and Distal

#### **Function**

To bevel cervical walls of mesial and distal retention areas

#### **Characteristics**

■ Mesial: To create bevels on the mesial cervical margin of the preparation

Distal: To create bevels on the distal cervical margin of the preparation

Curved blade

Cutting edge at angle to blade

Double ended (one end curves to the right; the other to the left)

Is a four-numbered instrument

**Examples of instrument numbers** 

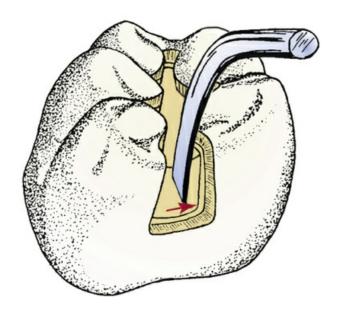
Mesial: 13-80-8-14 or 15-80-8-12 Distal: 13-95-8-14 or 15-95-8-12

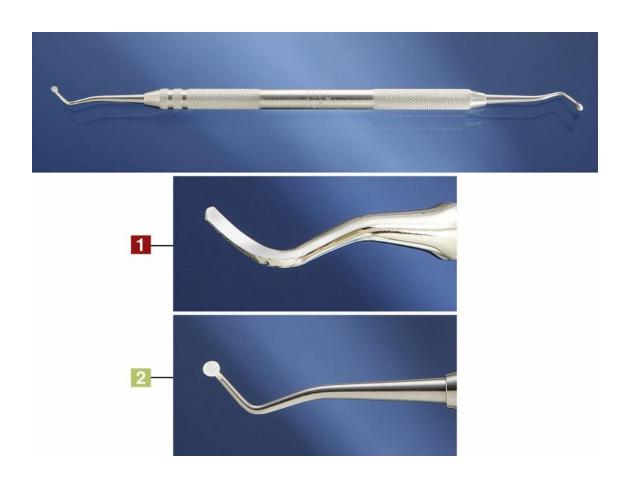
#### **Practice Notes**

Gingival Margin Trimmer is used on restorative tray setups. Gingival Margin Trimmer is placed on tray setups in pairs: mesial and distal. Refer to the amalgam tray setup in Chapter 8.

#### **Sterilization Notes**

Gingival Margin Trimmer must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Spoon Excavators**

#### **Function**

To remove carious dentin
Secondary functions:
To remove temporary crowns
To remove temporary cement in temporary restoration
To remove permanent crown during try-in

#### **Characteristics**

Concave design, spoon-shaped with cutting edge Range of sizes:

■ Large — Curved blade — also referred to as Black Spoon

Small—Round blade

Single or double ended

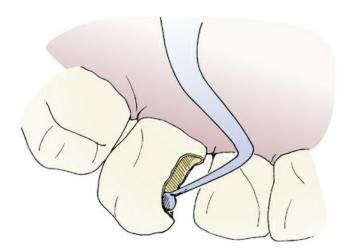
#### **Practice Notes**

Spoon Excavator is used on restorative tray setups.

Refer to the amalgam tray setup (see Chapter 8), composite tray setups (see Chapter 9), and crown and bridge restorative tray setups (see Chapter 10).

#### **Sterilization Notes**

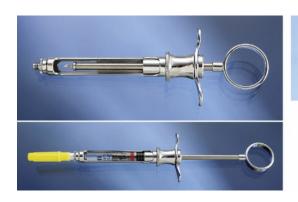
Spoon Excavator must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



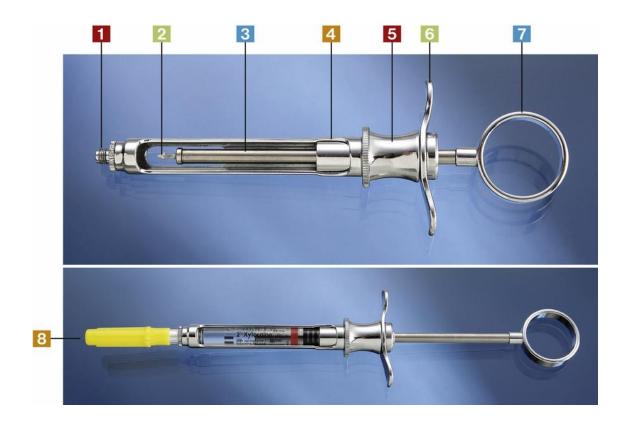
<sup>\*</sup> The instrument number formula was designed by Dr. G.V. Black, Northwestern University.

<sup>\*</sup> The instrument number formula was designed by Dr. G.V. Black, Northwestern University.

# Local Anesthetic Syringe/Components and Nitrous Oxide Sedation







# **Anesthetic Aspirating Syringe**

#### **Function**

To administer a local anesthetic

#### **Characteristics**

#### Parts:

- Threaded tip
- Harpoon
- Piston rod
- Barrel of syringe
- Finger grip
- □ Finger bar
- Thumb ring
- Syringe assembled with needle and anesthetic cartridge

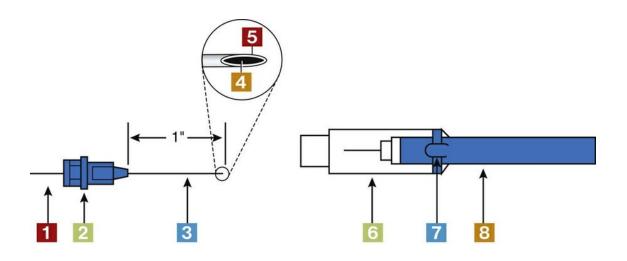
#### **Practice Notes**

Syringes with harpoons are considered aspirating syringes. Disposable syringes equipped with needles and preloaded with anesthetic are available. Anesthetic Aspirating Syringe is used on most tray setups.

#### **Sterilization Notes**

Anesthetic Aspirating Syringe must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable preloaded syringes with needle must be disposed of in a sharps container. Anesthetic cartridge and needle must be disposed of in a sharps container. Refer to local and state recommendations for disposal of anesthetic cartridge.





# **Short Needle**

#### **Function**

To administer anesthetic by infiltration injection on maxillary arch

#### **Characteristics**

#### Parts:

- Cartridge end of needle
- Needle hub
- Injection end of needle
- Lumen of the needle
- Bevel of the needle
- Protective cap
- Seal on cap
- Needle guard

1 inch long for infiltration injection

- End of needle inserts into the anesthetic cartridge
- Anesthetic solution is ejected through the lumen of the needle

Variety of gauges:

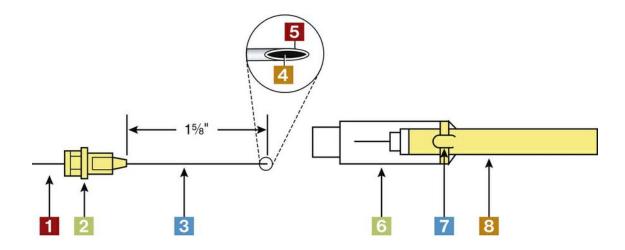
- Gauge number—Identifies diameter (thickness) of needle
- Larger gauge number—Indicates thinner needle (e.g., 30 gauge is thinner than 25 gauge)

#### **Practice Notes**

Local anesthetic syringe setup is used on most tray setups

#### **Sterilization Notes**

Short Needle must be disposed of in a sharps container. Single use only.



# **Long Needle**

#### **Function**

To administer anesthetic by block injection on mandibular arch

#### **Characteristics**

#### Parts:

- Cartridge end of needle
- Needle hub
- Injection end of needle
- Lumen of the needle
- Bevel of the needle
- Protective cap
- Seal on cap
- Needle guard

1% inches long for block injection

- End of needle inserts into the anesthetic cartridge
- Anesthetic solution is ejected through the lumen of the needle

Variety of gauges:

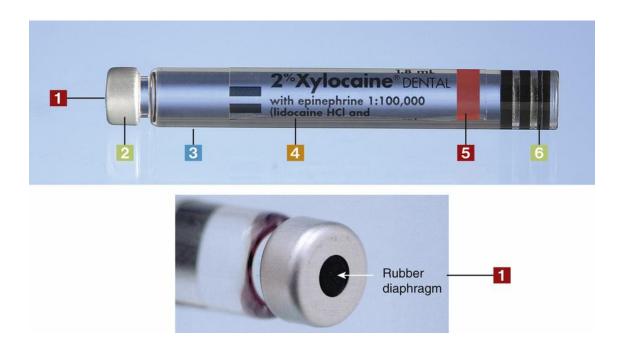
- Gauge number—Identifies diameter (thickness) of needle
- Larger gauge number—Indicates thinner needle (e.g., 30 gauge is thinner than 25 gauge)

#### **Practice Notes**

Local anesthetic syringe setup is used on most tray setups.

#### **Sterilization Notes**

Long Needle must be disposed of in a sharps container. Single use only.



# **Anesthetic Cartridge**

#### **Function**

To hold liquid anesthetic for local injection in the oral cavity

#### **Characteristics**

#### Parts:

- Rubber diaphragm—Syringe needle is inserted into the diaphragm to penetrate into the cartridge.
- Aluminum cap holds the rubber diaphragm in place.
- Glass cartridge (also referred to as a carpule)
- Indicates type of anesthesia
- Color-coded band indicating type of anesthetic (required by the American Dental Association, June 2003)
- Silicon rubber plunger—Harpoon of syringe inserts into silicon rubber plunger.

Composition of solution in cartridge—Contains 1.7 to 1.8 mL of anesthetic solution Plunger slightly indented from rim of glass

#### **Practice Notes**

Type of anesthetic used depends on patient's health history and dental procedure performed. Local anesthetic syringe setup is used on most tray setups.

#### **Sterilization Notes**

Anesthetic Cartridge must be disposed of in a sharps container. Refer to local and state recommendations for disposal of cartridge. Single use only.



# **Anesthetic Cartridges/Blister Packs**

#### **Function**

To hold liquid anesthetic for injection

#### **Characteristics**

Several types of anesthetic solutions available Each cartridge is labeled.

Color code system on cartridge—Identifies type of anesthetic (required by the American Dental Association, June 2003). Color band on each cartridge indicates type of anesthetic solution. Type of anesthetic used depends on patient's health history and dental procedure performed:

- Anesthetic is available without a vasoconstrictor.
- Ratio of epinephrine: the lower the second number, the higher the percentage of vasoconstrictor. Information printed on cartridge. Example of common anesthetic for routine dental procedures 1:100,000.
- Longer lasting anesthetic has a higher percentage of vasoconstrictor. Example: 1:50,000.

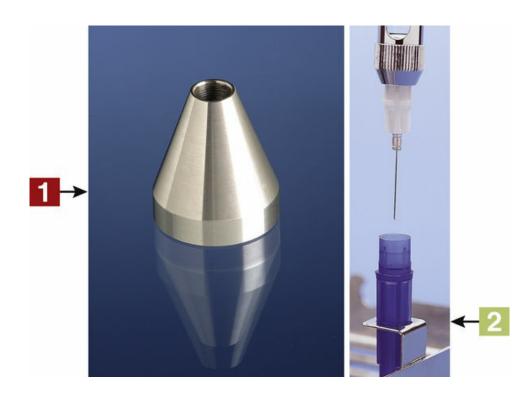
#### **Practice Notes**

Remove each cartridge from blister pack as needed for each procedure and place cartridge on tray setup.

Local anesthetic syringe setup is used on most tray setups.

#### **Sterilization Notes**

Anesthetic Cartridge must be disposed of in a sharps container. Refer to local and state recommendations for disposal of cartridge. Each anesthetic cartridge for single use only.



# **Recapping Device**

#### **Function**

To hold needle sheath for one-hand recapping after injection

#### **Characteristics**

- Jenker—Low center of gravity for stability in recapping
- Needle cap holder attached to cassette

Helps prevent needle stick accidents

Different styles of needle stick protectors available

#### **Practice Notes**

Needle Stick Protector is used on most tray setups.

Scoop Technique Procedure—Recap needle by scooping end of needle into needle guard (not shown).

#### **Sterilization Notes**

Needle Stick Protector—Jenker or needle cap holder must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable preloaded syringes with needle must be disposed of in a sharps container. Anesthetic cartridge and needle must be disposed of in a sharps container. Refer to local and state recommendations for disposal of anesthetic cartridge.





# Computer-Controlled Local Anesthetic Delivery System (The Wand/STA Single Tooth Anesthesia System)

#### **Functions**

To administer a local anesthetic

To improve ergonomics and precision of dental anesthetic delivery

#### **Characteristics**

Lightweight wand handpiece held in a penlike grip.

Presterilized bonded handpiece (not a traditional dental syringe)

Foot-activated control delivers local anesthetic.

Computer controls available flow rates of local anesthetic, making them consistent.

Aspiration test can be activated at any time by releasing the pressure cycle on the foot rheostat.

Can be used for all dental injections and intraligamentary (PDL) injection

#### **Practice Notes**

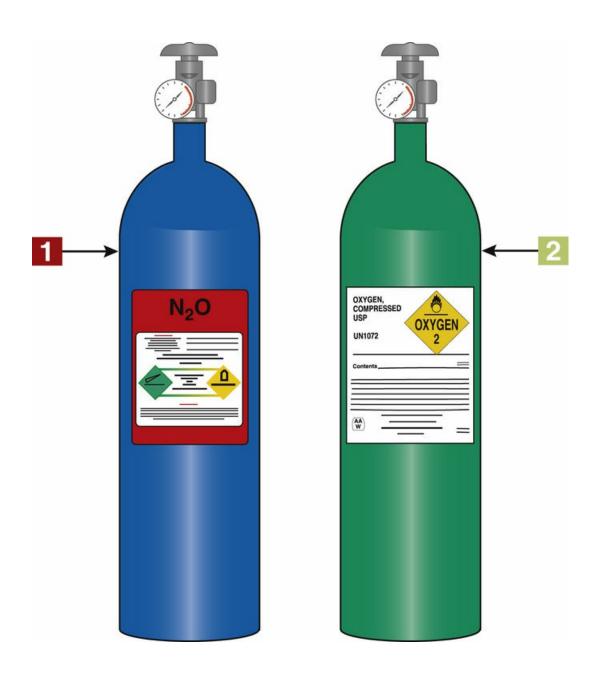
The operator focuses on needle insertion and positioning while the motor in the device administers the drug at a preprogrammed rate of flow.

Increased tactile control and ergonomics decreases patient discomfort.

#### **Sterilization Notes**

Anesthetic cartridge must be disposed of in a biohazard container. Refer to local and state recommendations for disposal of cartridge. Single use only. Needle must be disposed of in a sharps container. Single use only. Tubing must be disposed of in garbage. One time use only. Refer to manufacturer's recommendation for disinfection of unit.





# **Nitrous Oxide and Analgesic Tanks**

#### **Function**

To use as an analgesic to relax patients for dental procedures To be inhaled through a mask placed over the nose

#### Characteristic

- Blue tank is N<sub>2</sub>O
- Green tank is O<sub>2</sub>

Nitrous oxide is a chemical compound with the formula  $N_2O$ . It is an oxide of nitrogen. Room temperature,  $N_2O$  is a colorless, nonflammable gas, with a slightly sweet odor and taste Nose piece has tubing attached to a scavenger system that evacuates excess  $N_2O$  that patient does not breath.

#### **Practice Notes**

Nitrous oxide is used for apprehensive patients for all types of dental procedures. Oxygen must be given to patient before dismissing from the dental chair. Fail-safe system:

All N<sub>2</sub>O and O<sub>2</sub> systems used in dentistry have a fail-safe system.

Sufficient amount of  $O_2$  gas must be present in the tank while system is functioning or the system will shut down.

#### **Sterilization Notes**

Nitrous Oxide Tanks—refer to manufacturer's recommendation for disinfection.





# **Nitrous Oxide Nasal Mask**

#### **Functions**

To place mask over the patient's nose for the delivery of  $N_2O$  To evacuate excess  $N_2O$  that is not breathed in by the patient

#### **Characteristics**

- Tubing for N<sub>2</sub>O
- Tubing for scavenger system to evacuate excess N<sub>2</sub>O
- Disposable masks available in different scents

Different size masks available for children and adults.

#### **Practice Notes**

Gauze is placed under mask for patient comfort. N<sub>2</sub>O is used for apprehensive patients for all types of dental procedures.

Oxygen must be given to the patient before dismissing the patient from the dental chair.

#### **Sterilization Notes**

 $N_2O$  Masks refer to manufacturer's recommendation for sterilization. Disposable masks single use only. Dispose of in the garbage.





# **Nitrous Oxide and Oxygen Flowmeters**

# **Function**

To monitor the N<sub>2</sub>O and O<sub>2</sub> that is administered to the patient

# **Characteristics**

- % N<sub>2</sub>O adjustment knob: Controls the % of N<sub>2</sub>O
- Total flow adjustment knob: Controls the combined flow of O<sub>2</sub> and N<sub>2</sub>O or O<sub>2</sub> flow only when the % of N<sub>2</sub>O knob is set to zero
- Digital display readout of N<sub>2</sub>O and O<sub>2</sub> using knobs for adjustment of gas flow.

Tubing from the tanks go to flowmeters and tubing from flowmeters go to the face mask that delivers the gases to the patient.

All masks have tubing attached to a scavenger system: An appropriate evacuation/HVE system that evacuates the excess gas that the patient does not inhale.

# **Practice Notes**

N<sub>2</sub>O is used for apprehensive patients for all types of dental procedures. Oxygen must be given to the patient before dismissing from the dental chair.

# **Sterilization Notes**

Flowmeters refer to manufacturer's recommendation for disinfection.



# **Tray Setup**

# **Local Anesthetic Syringe**

# From Left to Right

Anesthetic aspirating syringe, long needle, short needle, anesthetic cartridges, needle stick protector (Jenker) (top right), individually packed topical anesthetic (bottom right)

# **Practice Notes**

Local Anesthetic Syringe setup is found on most tray setups.

#### **Sterilization Notes**

Anesthetic Syringe and Needle Stick Protector must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Anesthetic cartridge and needle must be disposed of in a Sharps container. Refer to local and state recommendations for disposal of anesthetic cartridge. Dispose of topical in garbage. Single use only.

# Evacuation Devices, Air/Water Syringe Tip, and Dental Unit



# High-Volume (Velocity) Evacuator (HVE) Tip

# **Function**

To evacuate large volumes of fluid and debris from the oral cavity

#### **Characteristics**

■ Stainless steel evacuator tip

Plastic evacuator tip—Disposable plastic Straight or slightly angled at one or both ends Also available in plastic that may be sterilized

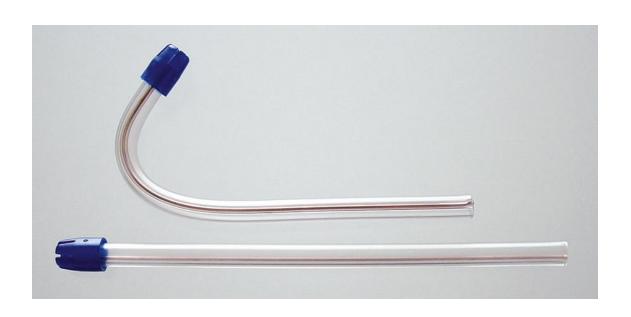
# **Practice Notes**

Evacuator Tip attaches to high-velocity tubing on dental unit. HVE Tip is used on most tray setups.

# **Sterilization Notes**

HVE Tip must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable plastic HVE tip should be disposed of in the garbage.





# Low-Volume (Velocity) Saliva Ejector Tip

# **Function**

To evacuate smaller volumes of fluid from the oral cavity

# **Characteristics**

Disposable plastic for single use only

Can be bent for placement under tongue and in other areas of mouth or can be used straight Variety of styles

# **Practice Notes**

Attaches to low-velocity tubing on dental unit Saliva Ejector Tip is used on most tray setups.

# **Sterilization Notes**

Disposable Saliva Ejector Tip should be disposed of in the garbage. Single use only. Refer to the Centers for Disease Control and Prevention (CDC) guidelines regarding possible backflow from low-volume saliva ejectors.





# Isolite®—Illuminated Dental Isolation System

# **Functions**

To retract tongue and evacuate fluid from patient's mouth

To provide light to the working area of the mouth

To gently hold patient's mouth open during use

To serve as a barrier to the airway, protecting the patient from inadvertent aspiration of dental material

#### **Characteristics**

Isolite is attached to high-velocity evacuation port of the vacuum system. No special devices are required to operate system installed on the dental unit.

#### **Practice Notes**

Isolates two quadrants at once on the same side Used for maxillary and mandibular procedures Light settings for light-sensitive curing material

#### **Sterilization Notes**

Please follow manufacturer's instructions for cleaning and sterilization. Applicable components should be placed in sterilization pouch/bag and sealed or wrapped and secured with processing indicating tape, then sterilized. An internal processing indicator should be included with each sterilization pouch and/or wrap. When an internal processing indicator is not visible, then an external processing indicator should be placed on the outside of the packaging. Indicators should be checked immediately upon removal from sterilizer to verify the appropriate color change has been achieved. Refer to state regulations for any additional state requirements. Disposable plastic should be disposed of in the garbage. Single use only. Refer to manufacturer's recommendation and the CDC guidelines.





# Low-Volume (Velocity) Mandibular Evacuator

# **Functions**

To evacuate smaller volumes of fluid from the oral cavity To use on mandibular arch To retract tongue during evacuation

#### **Characteristics**

■ Blade for retraction of tongue is covered for patient comfort

Adjustable device to place under patient's chin to hold evacuator in place Disposable plastic for single use only (may be referred to as a Linqua-fix) Also available in metal, referred to as a Svedopter, must be sterilized

#### **Practice Notes**

Attaches to low-velocity tubing on dental unit

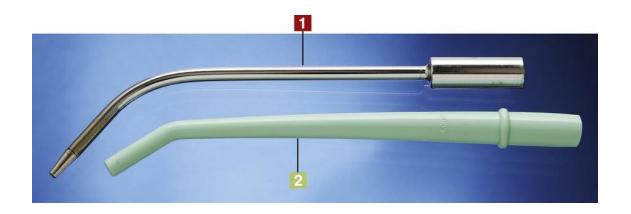
Disposable Low-Volume Mandibular Evacuator is used on sealant tray setups and on procedures for mandibular arch when operator is working without an assistant.

Disposable Low-Volume Mandibular Evacuator (pictured) should be disposed of in the garbage.

#### **Sterilization Notes**

Disposable Low-Volume Mandibular Evacuator should be disposed of in the garbage. Single use only. Svedopter (metal evacuator—not shown) must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **High-Volume (Velocity) Surgical Evacuation Tip**

# **Function**

To evacuate fluid from oral cavity and surgical site

#### **Characteristics**

Stainless steel, autoclavable plastic, disposable plastic:

- Stainless steel evacuation tip
- Plastic disposable tip

Narrowed tip accommodates surgical site.

#### **Practice Notes**

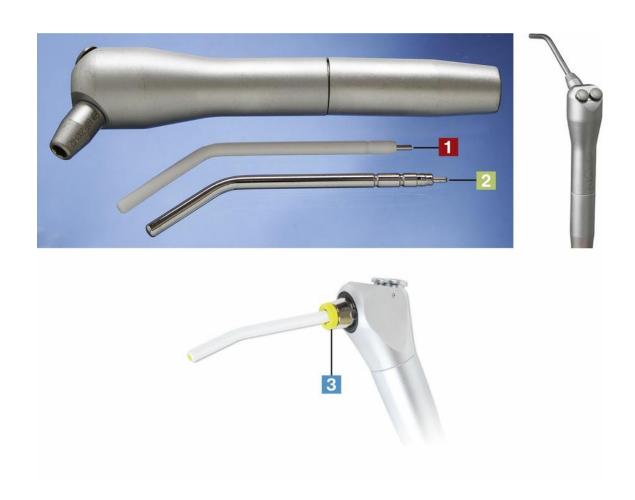
Surgical evacuation tip attaches to high-velocity tubing on dental unit. May require connecting tube for adaptation to surgical evacuation tip Some stainless steel surgical tips narrow at insertion of tubing; additional tubing is necessary to connect to high-velocity tubing on dental unit.

Surgical Evacuation Tip is used on most surgical tray setups.

#### **Sterilization Notes**

Surgical (Metal) Evacuation Tips must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable Surgical Evacuation Tip should be disposed of in the garbage. Single use only.





# Air/Water Syringe with Removable Tip

#### **Function**

To rinse and dry specific teeth or entire oral cavity

#### **Characteristics**

Air/water syringe is also referred to as a three-way syringe.

Characteristics of buttons on air/water syringe: left button expels water only; right button expels air only; pressing both buttons at the same time will result in a spray by combining air and water. Types of tips:

- Disposable plastic syringe tip for single use
- Metal syringe tip
- Seal-Tight tip seals water passage from getting into the air passage of the tip

# **Practice Notes**

Syringe Tip—Attaches to air/water syringe Air/Water Syringe—Attaches to tubing on dental unit

# **Sterilization Notes**

Metal Air/Water Syringe Tip must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable air/water syringe tip should be disposed of in the garbage. Single use only. Air/water syringe that tip is attached to must be disinfected according to manufacturer's recommendation.





# **Self-Contained Water Unit and Waterline Treatment Tablets**

#### **Functions**

To assist in the quality of water entering the dental unit that supplies water to handpieces, air/water syringe, and cuspidor cupfill

To assist when there is a possibility of contamination to the water supply to the dental unit

# **Characteristics**

Water system may be mounted in different areas of the dental unit. Different size bottles are available.

#### Example

7 L or 2 L

- Self-contained water bottle attached to dental unit
- Tablets—Place tablets in each water bottle every time bottle is filled.

Reduces accumulation of contaminants

Reduces accumulation of order and foul-tasting bacteria

#### **Practice Notes**

Follow manufacturer's recommendations for periodic shock treatment of water lines using special tablets; safety precautions while using tablets and filling bottles.

#### **Sterilization Notes**

CDC recommends monitoring dental unit water regularly. Example weekly testing of water either in office or commercial monitoring system (Guidelines for Infection Control in Dental Health Care Setting, 2003).



# **Dental Delivery System**

#### **Function**

To deliver dental care to patients

#### **Characteristics**

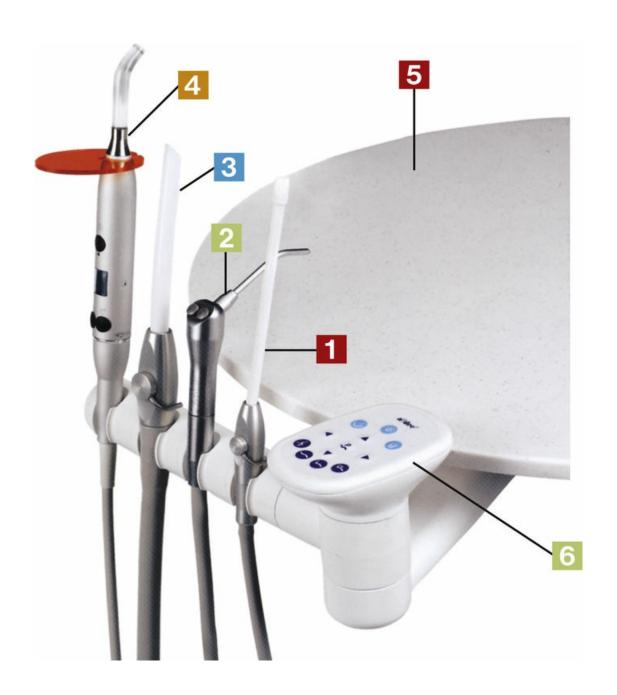
- Ergonomically structured chair for patient, operator, and assistant
- Chair adjustment device for height and reclining patient
- Light with adjustable intensity LED light with curing option for composite restorations
- Tubing for high and slow speed handpieces, air/water syringe, low- and high-velocity vacuum systems
- Rheostat for running handpieces with water toggle switch option
- Tray for placing instrument setups
- Computer screen available for patient information and digital images

# **Practice Notes**

Many different designs of dental delivery systems available Air/water syringes available on one or both sides of operator or assistant's side Evacuation tubing on assistant's side of patient chair Tubing for handpieces available on operator or assistant's side of patient chair

# **Sterilization Notes**

Refer to manufacturing and CDC guidelines on purging dental lines (tubing), disinfecting chair, tubing, and dental unit.



# **Dental Assistant Delivery System**

# **Function**

To deliver dental care to patients as a chairside assistant

# **Characteristics**

- Saliva ejector attached to the low-volume evacuation system tubing
- Air/water syringe and tip attached to the tubing
- High-volume evacuator tip attached to the tubing
- Light curing device attached to the unit with protective shield
- Bracket table for instrument setups
- Chair adjustment device for height and reclining dental chair

#### **Practice Notes**

Many different designs of dental delivery systems are available. Dental assistant delivery system is used to deliver dental care to patients.

# **Sterilization Notes**

Refer to manufacturing and CDC guidelines on purging dental lines (tubing), tubing, and disinfecting delivery system.



# **Dental Stools**

# **Function**

To use providing treatment to a patient

# **Characteristics**

- Operator chair—adjustable back support is movable forward and backward
- Operator and Assistant chair—adjustable seat height
- Adjustable torso support
- Assistant chair—adjustable foot ring under seat for feet support

# **Practice Notes**

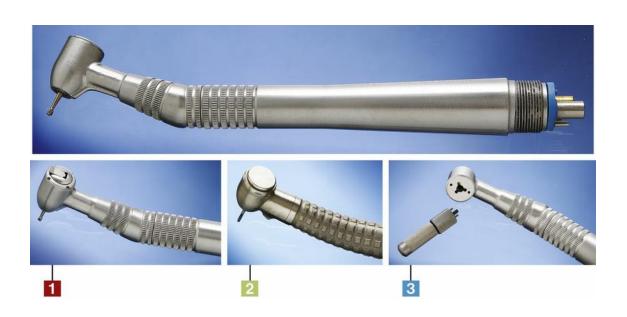
Operator chair—Feet recommended to be placed flat on floor for ergonomically correct position Assistant chair—Feet recommended to be place on ring, bar underneath rib cage; while seated in the chair the assistant should be 4 to 6 inches above operator for ergonomically correct position.

#### **Sterilization Notes**

Chairs must be disinfected (including the height adjustment lever) after each patient; refer to manufacturer's recommendation for disinfection of chairs.

# **Dental Handpieces**





# **High-Speed Handpiece**

# **Functions**

To use with bur to cut tooth structure, to cut bone, to remove decay, and to modify or remove restorations

#### Example

Cavity preparation for restoration or crown To use with bur for adjusting crowns and bridges for final fit

# **Characteristics**

Handpiece is run by air pressure at a maximum speed of 450,000 rotations per minute (rpm). On high-speed handpiece, bur generates extreme amount of heat.

Instrument sprays water/air or air on bur for cooling purposes to prevent damage to pulp. Different styles of securing bur are available:

- Power lever chuck
- Push-button chuck
- Conventional chuck—Need to secure bur and loosen bur in handpiece with wrench

#### **Practice Notes**

Handpiece attaches to tubing on dental unit.

#### **Sterilization Notes**

Most High-Speed Handpiece must be lubricated and precleaned according to the manufacturer's recommendation. Then, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Fiberoptic High-Speed Handpiece**

# **Functions**

To illuminate tooth during preparation for restoration
To provide light intraorally during use of handpiece
To use with bur to cut tooth structure, to cut bone, to remove decay, and to modify or remove restorations

#### Example

Cavity preparation for restoration or crown To use with bur for adjusting crowns and bridges for final fit

#### **Characteristics**

Light(s) at head of handpiece Lights up working area while handpiece rotates Same characteristics as high-speed handpiece

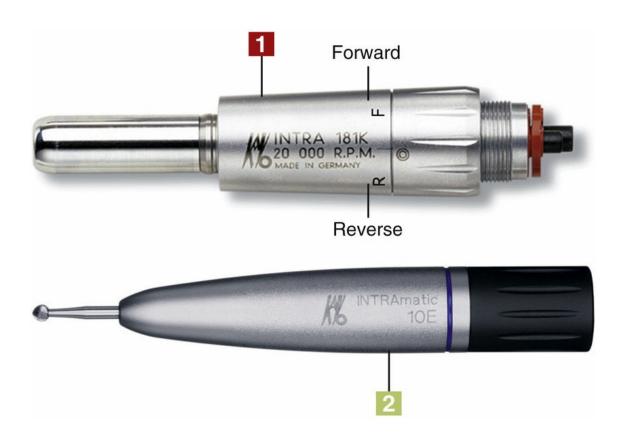
# **Practice Notes**

Handpiece attaches to tubing on dental unit. Tubing has special adaptor for light availability.

#### **Sterilization Notes**

Most fiberoptic High-Speed Handpiece must be lubricated and precleaned according to the manufacturer's recommendation. Then, must be either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Slow-Speed Motor with Straight Handpiece Attachment**

# **Functions**

To use with slow-speed attachments
To use straight attachment with long-shank straight bur

# **Characteristics**

- Slow-speed motor
- Straight handpiece attachment (with bur attached)

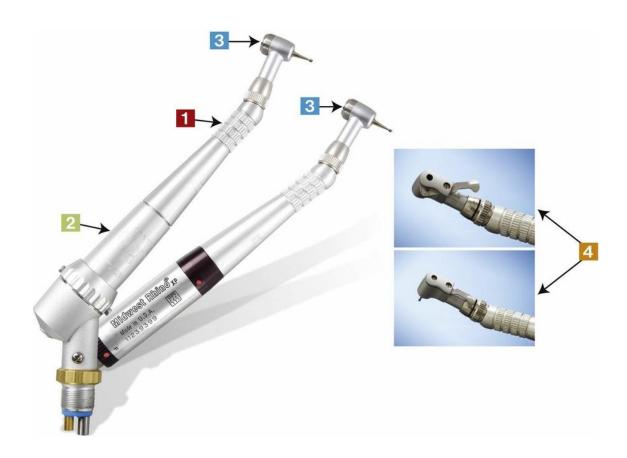
Maximum speed of 30,000 rpm; used as adjunct to high-speed handpiece Straight attachment—Used outside oral cavity, usually in a laboratory setting Contra-angle or prophy angle attachments—Designed for intraoral use Handpiece must be engaged in either forward or reverse.

#### **Practice Notes**

Slow-Speed Motor attaches to tubing on dental unit.

# **Sterilization Notes**

Slow-Speed Motor with Straight Handpiece Attachment must be lubricated and precleaned according to the manufacturer's recommendation. Then, must be either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Slow-Speed Motor with Contra-Angle Handpiece Attachment**

#### **Functions**

To use with burs for intraoral and extraoral procedures to remove decay, polish amalgam restorations, refine cavity preparation, adjust provisional and permanent crowns and bridges, adjust occlusal restorations, adjust partials and dentures, and to provide prophylaxis treatment

#### **Characteristics**

- Contra-angle attachment
- Slow-speed motor
- Push-button device to secure bur—Using friction grip bur
- Latch-type attachment—Using latch-type bur *Top:* latch open; *Bottom:* latch closed

Contra-angle attaches to straight handpiece or to Slow-Speed Motor.

Types of Contra-Angle Attachments:

- Latch type—Latch-type bur, prophylaxis polishing cup or brush. Bur is secured by swivel of latch-type device in back of handpiece.
- Friction grip—Friction grip bur. Bur is secured by pushing back of handpiece.

# **Practice Notes**

Slow-Speed Motor attaches to tubing on dental unit.

#### **Sterilization Notes**

Slow-Speed Motor with Contra-Angle Handpiece Attachment must be lubricated and precleaned according to the manufacturer's recommendation. Then, must be either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Prophy Slow-Speed Handpiece/Motor\* with Disposable Prophy Angle Attachment

# **Function**

To polish teeth with prophylaxis/prophy cup or brush attachment

# **Characteristics**

■ Disposable prophy angle attachment (with rubber polishing cup)

■ Prophy Slow-Speed Handpiece/Motor

Prophy angle attaches to handpiece/motor. Ergonomic shape for natural hand positioning Lightweight design to reduce hand and wrist fatigue

# **Practice Notes**

Prophy Slow-Speed Handpiece/Motor attaches to tubing on dental unit.

# **Sterilization Notes**

Prophy Slow-Speed Handpiece/Motor must be lubricated and precleaned according to the manufacturer's recommendation. Then, must be either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Rechargeable Prophy Slow-Speed Handpiece/Motor- RDH Freedom™

# **Function**

To polish teeth for prophylaxis with prophy cup and/or brush

# **Characteristics**

■ Foot Pedal-Wireless-Cordless rechargeable
To operate Foot Pedal and control speed of handpiece
RDH Freedom<sup>TM</sup> Cordless Rechargable Prophy Handpiece.
Parts:

- Sheath Handpiece Attachment
- Motor
- Cradle to hold the handpiece

Types of Prophy Angle Attachments:

Disposable prophy cup—For polishing all surfaces of teeth

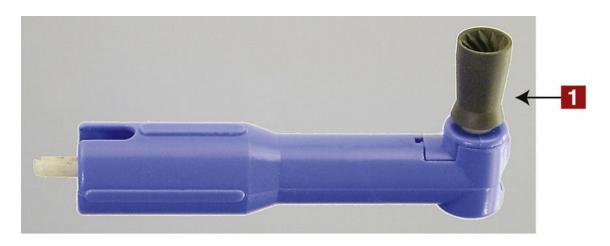
Disposable prophy brush—For polishing occlusal surfaces and deep grooves on lingual surfaces of anterior teeth

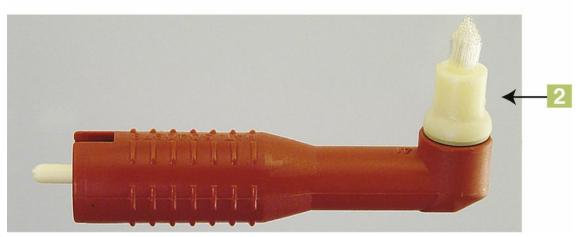
# **Practice Notes**

Recharageable handpiece is used mostly on prophylaxis and sealant tray setups.

#### **Sterilization Notes**

Motor should have a barrier otherwise follow manufacture's recommendation for lubricating, precleaning, and sterilization. Sheath must be either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Disposable prophy angle attachments -rubber polishing cup or brush- must be disposed of in garbage. Single use only. Cradle should have a barrier or otherwise disinfect according to manufacturer's recommendation.





# Disposable Prophy Angle Attachments for Slow-Speed Handpiece/Motor

#### **Function**

To polish teeth for prophylaxis

#### **Characteristics**

Attaches to straight or prophy slow-speed handpiece/motor Types:

- Disposable prophy angle attachment with prophy cup. Prophy cup—Variety of flexibility and designs available for polishing all surfaces of teeth.
- Disposable prophy angle attachment with tapered brush—For polishing occlusal surfaces and deep grooves on lingual surfaces of anterior teeth.

#### **Practice Note**

Disposable Prophy Angle Attachments are used mostly on prophylaxis and sealant tray setups.

#### **Sterilization Notes**

Disposable Prophy Angle Attachments (rubber polishing cup or brush) must be disposed of in garbage. Single use only.





# Prophy Angle Slow-Speed Handpiece/Motor\*

#### **Function**

To polish teeth for prophylaxis

#### **Characteristics**

Prophy angle slow-speed handpiece/motor is one piece.

Disposable screw-type prophy cup or brush attaches to prophy angle slow-speed handpiece/motor. Lightweight design to reduce hand and wrist fatigue

Ergonomic shape for natural hand positioning

Attachments:

- Flat-end brush
- Tapered-end brush
- Prophy cup—Variety of flexibility and designs available

#### **Practice Note**

Prophy Angle Slow-Speed Handpiece/Motor attaches to tubing on dental unit.

#### **Sterilization Notes**

Prophy Angle Slow-Speed Handpiece/Motor must be lubricated and precleaned according to the manufacturer's recommendation. Then, must be either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable prophy polishing cup or brush must be disposed of in garbage. Single use only.



# **Electric Handpiece Unit and Handpiece Attachments**

#### **Functions**

To use with bur for intraoral cavity preparation
To use with endodontic nickel-titanium rotary instruments
To use with bur for trimming of provisional crowns
To use with bur for adjusting permanent restorations, crowns, and bridges

#### **Characteristics**

- Electric Handpiece Unit
- Electric Handpiece Attachments
- Electric Handpiece Motor

Speed of handpiece can be set to specific rpms.

#### **Practice Notes**

Handpiece attaches to tubing on electric handpiece unit. Electric Handpiece is used with restorative, endodontic, and surgical tray setups.

#### **Sterilization Notes**

Electric Handpiece Motor must be lubricated and precleaned according to the manufacturer's recommendation. Then, Motor and Attachments must either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Barriers should be used on the unit, or the manufacturer's recommendation should be followed for disinfecting the unit.



# **Surgical Electrical Handpiece Unit and Handpiece Attachments**

#### **Functions**

- To use with depth drills for implants
- To use with sterile water for cooling drilling system

#### **Characteristics**

Straight and contra-angled (pictured) handpiece attachments available Maximum speed of 40,000 rpm Lower speed (e.g., 10–50 rpm) used for implant Fiberoptic light available for these handpieces

#### **Practice Note**

Surgical Electrical Handpiece Unit and Handpiece Attachments are used with surgical tray setups.

#### **Sterilization Notes**

Surgical Electrical Handpiece Motor must be lubricated and precleaned according to the manufacturer's recommendation. Then, Motor and Attachments must either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Barriers should be used on the unit, or the manufacturer's recommendation should be followed for disinfecting the unit. Sterile water single use only.



# **Air Abrasion Unit and Handpiece Attachment**

#### **Functions**

To use for class I through class VI cavity preparation To use for preparation of occlusal surface for sealants

#### **Characteristics**

Handpiece attachment uses high pressure of alpha-alumina particles through small device that removes decay or prepares pit and fissures for sealants or restoration. Minimal use of anesthesia is required.

#### **Practice Note**

Air Abrasion Unit and Handpiece Attachment are used with class I through class VI restorative tray setups and with sealant tray setups.

#### **Sterilization Notes**

Air Abrasion Handpiece Attachments must be lubricated and precleaned according to the manufacturer's recommendation. Then, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Barriers should be used on the unit, or the manufacturer's recommendation should be followed for disinfecting the unit.



## Air Polisher

#### **Function**

To polish teeth by directing a high-pressure jet of pressurized air, water and mild polishing agent of sodium bicarbonate

#### **Characteristics**

- Combination of slurry of water and powder cleans or debrides the tooth surface utilizing the Air Polisher Tip
- Foot Pedal that controls the Air Polisher

Air Polisher has a self-contained water reservoir.

Air Polisher is connected to the dental unit water supply tubing.

#### **Practice Note**

Air Polisher used in place of polishing teeth with prophy paste, prophy cup, and brush.

#### **Sterilization Notes**

Air Polisher Unit Attachment tips must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Barriers should be used on the unit, and attachments or the manufacturer's recommendation should be followed for disinfecting the unit and attachments.



# **Handpiece Maintenance System**

#### **Function**

To flush internal air/water coolant lines on high- and slow-speed handpieces To remove debris within handpiece and prevent buildup To lubricate handpiece

#### **Characteristics**

- Cover encloses system
- Under cover connection for handpieces—Lift cover to access
- Start button
- ☐ Filter system

Universal adaptor for many styles of handpieces Cleans and lubricates before bagging to sterilized Keeps aerosols contained and filters exhaust and air from unit

#### **Practice Note**

To use, connect the instrument and close the cover and then push the start button for 2 seconds to begin automated delivery of service oil and cleaning liquid; cycle is complete in 35 seconds. Also refer to the instruction manual of the handpiece as different handpieces have to be lubricated different ways and at different times.

#### **Sterilization Notes**

Refer to the manufacturer's recommendations for cleaning and disinfecting.



# Laser Handpiece Unit and Laser Handpiece Attachment

#### **Function**

To cut, vaporize, or cauterize soft tissue

#### **Examples**

To remove lesions or tumors To reduce excess tissue To control bleeding

#### **Characteristics**

Works by means of a highly concentrated light source SIROLaser (pictured) operates at a wavelength of 980 nanometers and has a power output varying from 0.5 to 7 watts.

#### **Practice Notes**

Laser Handpiece Unit and Laser Handpiece Attachment are used with specialty procedures.

#### **Examples**

Prosthodontics and Oral Surgery

#### **Sterilization Notes**

Laser Handpiece must be lubricated and prcleaned according to the manufacturer's recommendation. Then, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Barriers should be used on the unit, or the manufacturer's recommendation should be followed for disinfecting the unit.



## **Dental Unit**

#### **Functions**

- To provide a delivery system for handpieces and air/water syringe
- To provide delivery system for air/water syringe
- To provide intraoral camera
- To provide a device for moving dental chair up, down, forward, and backward

#### **Characteristics**

Delivery systems provide at least two tubings—one for high-speed handpieces and one for slow-speed handpiece. Above illustrates two tubing unit.

Special mechanism required for fiberoptic handpiece

#### **Practice Notes**

Different designs of dental delivery systems available in front, rear or side delivery Air/water syringes available on one or both sides of operator or assistant's side

Barriers should be used on tubing, or the manufacturer's recommendation should be followed for disinfecting unit and tubing. All handpiece attachments and handpieces must be lubricated and precleaned according to the manufacturer's recommendation. Then, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.

<sup>\*</sup> Referred to as RDH (Registered Dental Hygiene) Prophy Angle.

 $<sup>\</sup>ensuremath{^*}$  Referred to as an RDH (Registered Dental Hygienist) prophy handpiece.

# **Burs and Rotary Attachments for Handpieces**



#### Bur

#### **Function**

To be used in a high- or low-speed handpiece

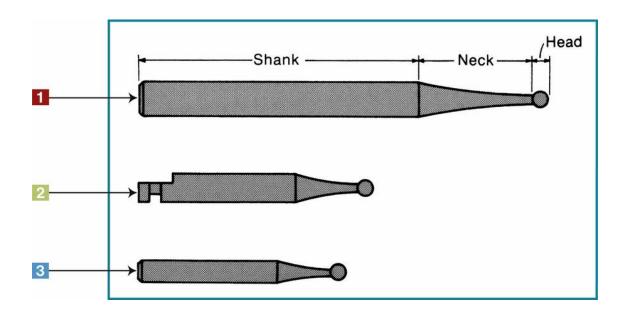
#### **Characteristics**

#### Parts:

- Head: Part of bur that cuts, polishes, or finishes
- Available in a variety of shapes and sizes
- Neck: Part of bur that tapers to connect shank to head
- Shank: Part of bur that is inserted into the handpiece
- Length and style of shank vary depending on handpiece used.
- Bur with straight, long shank fits into straight slow-speed handpiece.
- Bur with latch-type shank fits into contra-angle slow-speed handpiece (friction grip bur shown).
- Friction grip bur fits into high-speed handpiece; chuck, lever, or push button tightens bur into the handpiece.
- Bur with long shank used for surgical procedures

#### **Sterilization Notes**

Burs must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.



### **Bur Shanks**

#### **Function**

To fit shank part of bur into handpiece

#### **Characteristics**

Fit a variety of shanks into different styles of handpieces Working or cutting end of the bur could be the same style or size, but shank could be different according to handpiece used

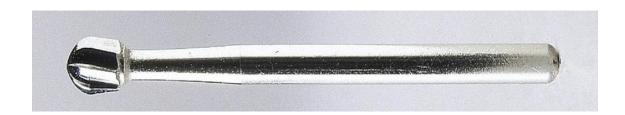
#### **Examples**

- No. 2 round bur in straight shank
- No. 2 round bur in latch shank
- No. 2 round bur in friction grip shank

Long shank used for surgical procedures

#### **Sterilization Notes**

Burs must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.



## **Round Bur**

#### **Functions**

To remove caries from tooth structure To open tooth for endodontic treatment To create retention in cavity preparation To use for many procedures on a tooth

#### **Characteristics**

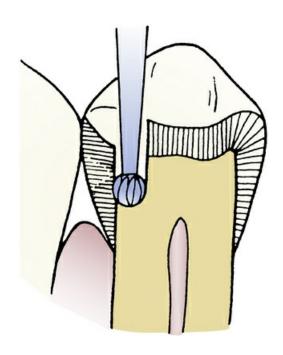
Range of sizes Commonly used sizes: No. 1/4 to No. 10

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

A Round Bur must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# **Pear-Shaped Bur**

#### **Functions**

To open tooth for a restoration To remove caries

#### **Characteristics**

Frequently used in preparation of composite restorations Range of sizes Commonly used sizes: No. 330 to No. 333 Bur head available in long

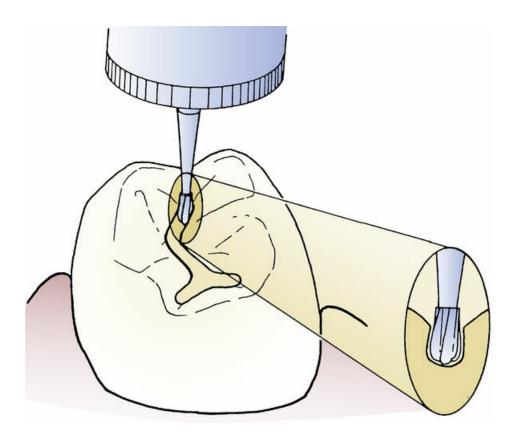
Example No. 333L

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Pear-Shaped Bur must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





### **Inverted Cone Bur**

#### **Functions**

To remove caries
To establish retention in tooth for cavity preparation

#### **Characteristics**

Range of sizes

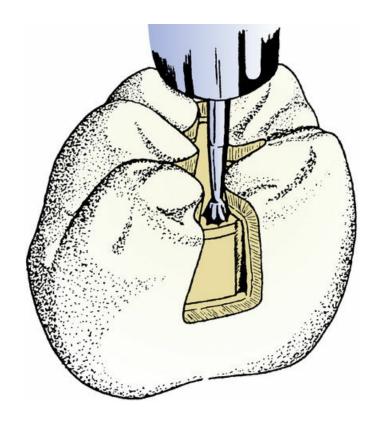
Commonly used sizes: No. 331/2, No. 34, No. 37, No. 39

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Inverted Cone Bur must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# Straight Fissure Bur—Plain Cut

#### **Functions**

To cut cavity preparation
To form inner walls of cavity preparation
To create retention grooves in walls of cavity preparation

#### **Characteristics**

Cutting part of bur—Has parallel sides Range of sizes—Commonly used: No. 56, No. 57, No. 58 May have short or long (L) shank for adaptation to a variety of cavity preparations

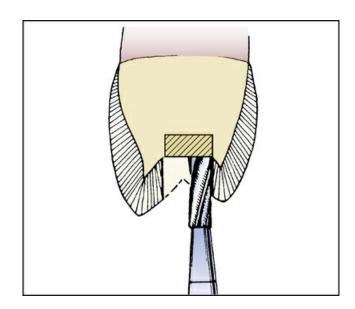
Examples of short and long shank friction grip burs No. 56S, No. 56L

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Straight Fissure Bur—Plain Cut must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# Tapered Fissure Bur—Plain Cut

#### **Functions**

To cut cavity preparation To form angles in walls of cavity preparation To place retention grooves in walls of cavity preparation

#### **Characteristics**

Cutting part of bur—Has tapered sides Range of sizes—Commonly used: No. 168, No. 169, No. 170, No. 171 May have short (S) or long (L) shank for adaptation to a variety of cavity preparations

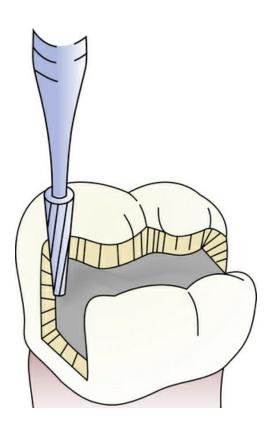
Examples of short and long shank friction grip burs No. 168S, No. 171L

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Tapered Fissure Bur—Plain Cut must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Refer to state regulations for any additional state requirements. Or, used bur must be disposed of in a sharps container.





# **Straight Fissure Bur—Crosscut**

#### **Functions**

To cut cavity preparation
To form walls of cavity preparation
To create retention grooves in walls of cavity preparation

#### **Characteristics**

Cutting part of bur—Has parallel sides with horizontal cutting edges Range of sizes—Commonly used: No. 556, No. 557, No. 558 May have long (L) shank for adaptation to a variety of cavity preparations

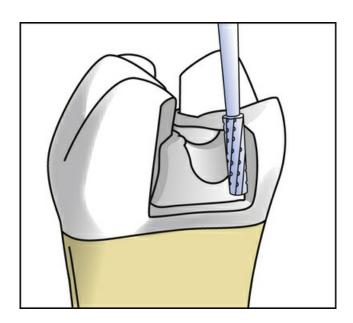
Example of long shank friction grip bur No. 556L

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Straight Fissure Bur—Crosscut must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# **Tapered Fissure Bur—Crosscut**

#### **Functions**

To cut cavity preparation To form angles in walls of cavity preparation To create retention grooves in walls of cavity preparation

#### **Characteristics**

Cutting part of bur—Has tapered sides with horizontal cutting edges Range of sizes—Commonly used: No. 699, No. 700, No. 701, No. 702, No. 703 May have long (L) shank for adaptation to a variety of cavity preparations

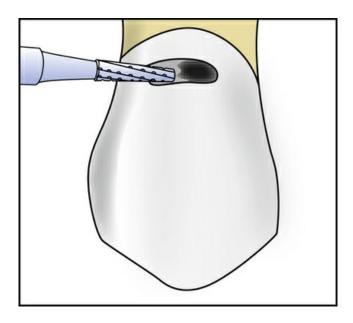
Example of long shank friction grip bur No. 701L

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Tapered Fissure Bur—Crosscut must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# Finishing Bur

#### **Functions**

To finish composite restoration To finish restoration by restoring anatomy in tooth To equilibrate or adjust occlusion

#### Characteristic

Variety of shapes and sizes

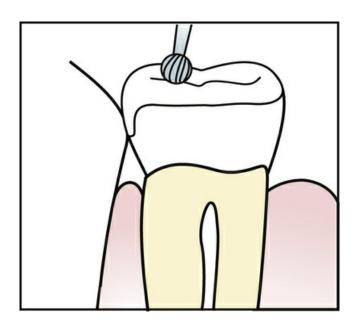
Finishing bur differs from the cutting burs as the working end or cutting end has an increased number of blades or flutes. An increased amount of blades will determine the greater amount of polishing capabilities.

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Finishing Bur must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# Diamond Bur—Flat-End Taper

#### **Function**

To reduce a tooth for crown preparation when a square shoulder is needed

#### **Characteristics**

Range of grits—Superfine to coarse; grit designated by color band on shank of diamond bur or by letter after name of diamond bur
Superfine diamond burs—Used for finishing restorations
Variety of shapes and sizes

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Diamond Bur—Flat-End Taper must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used diamond bur must be disposed of in a sharps container.





# Diamond Bur—Flat-End Cylinder

#### **Function**

To reduce a tooth for crown preparation when parallel walls and flat floors are needed

# **Characteristics**

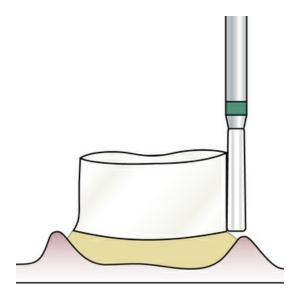
Range of grits—Superfine to coarse; grit designated by color band on shank of diamond bur or by letter after name of diamond bur
Superfine diamond burs—Used for finishing restorations
Variety of shapes and sizes

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Diamond Bur—Flat-End Cylinder must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# Diamond Bur—Flame

#### **Function**

To reduce a tooth for crown preparation for subgingival margins

#### **Characteristics**

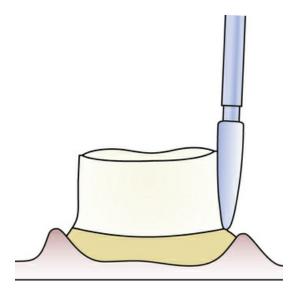
Range of grits—Superfine to coarse; grit designated by color band on shank of diamond bur or by letter after name of diamond bur
Superfine diamond burs—Used for finishing restorations
Variety of shapes and sizes

#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Diamond Bur—Flame must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# **Diamond Bur—Wheel**

#### **Function**

To reduce a tooth for crown preparation on lingual aspect of anterior teeth and to reduce bulk of incisal edges

#### **Characteristics**

Range of grits—Superfine to coarse; grit designated by color band on shank of diamond bur or by letter after name of diamond bur
Superfine diamond burs—Used for finishing restorations
Variety of shapes and sizes

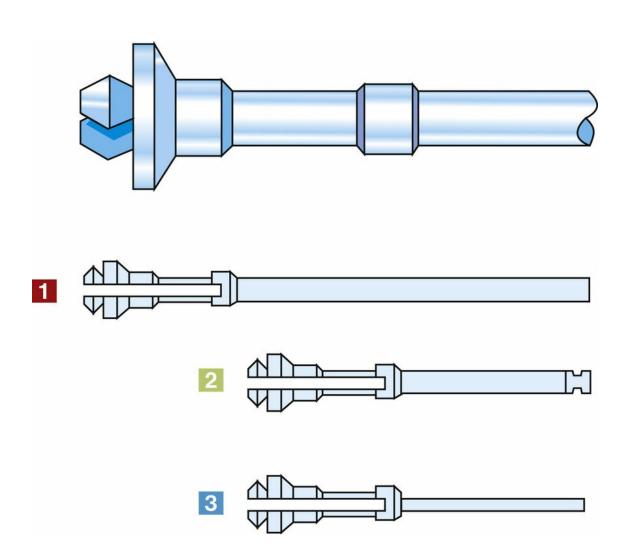
#### **Practice Notes**

Bur is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Diamond Bur—Wheel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or, the used bur must be disposed of in a sharps container.





# Mandrel—Snap On

#### **Function**

To attach discs to mandrel for finishing and polishing inside or outside oral cavity (mandrel is inserted into handpiece)

### **Characteristics**

Shank types:

- Long shank For straight slow-speed handpiece
- Short latch-type shank—For contra-angle slow-speed handpiece
- Friction grip shank For high-speed handpiece

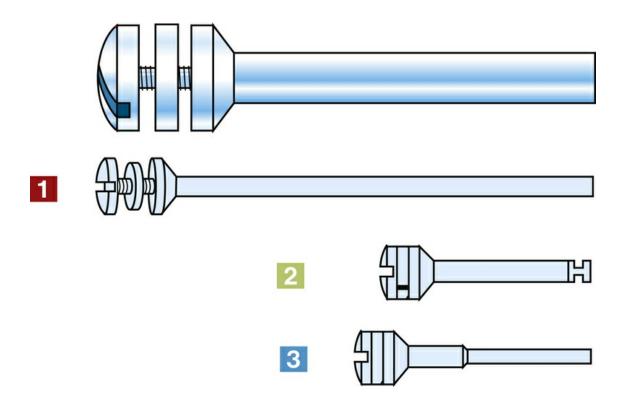
Plastic disposable Snap on Mandrels available

#### **Practice Notes**

Mandrel is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Mandrel—Snap On must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable snap-on mandrels should be disposed of in the garbage. Single use only.



# Mandrel—Screw On

#### **Function**

To attach discs to mandrel for finishing and polishing inside or outside oral cavity (mandrel is inserted into handpiece)

### **Characteristics**

Shank types:

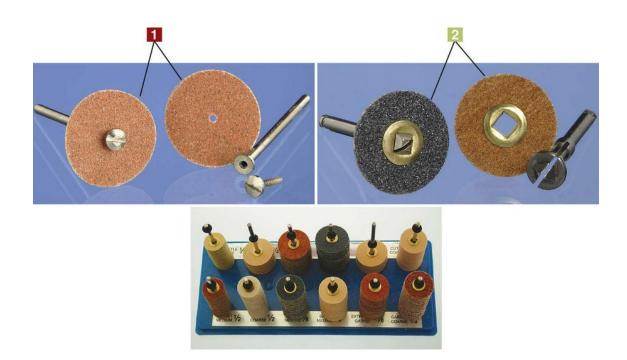
- Long shank For straight slow-speed handpiece
- Short latch-type shank For contra-angle or right-angle slow-speed handpiece
- Friction grip shank For high-speed handpiece

#### **Practice Notes**

Mandrel is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Mandrel—Screw On must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Sandpaper Disc with Screw-Type and Snap-On Mandrel

#### **Functions**

To contour restorations
To polish restorative material (extra fine grit)

#### **Characteristics**

Range of grits (coarse to extra fine) Darker color of disc denotes more abrasiveness Two types:

- Screw on
- Snap on (metal center)

Sandpaper Disc organizer has a range of sizes and grits.

#### **Practice Notes**

Sandpaper Disc is attached to either a snap-on mandrel or a screw-on mandrel, depending on the type of Sandpaper Disc being used.

#### **Sterilization Notes**

Disposable Sandpaper Discs should be disposed of in the garbage. Mandrel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Composite Disc**

# **Functions**

To contour restorations
To polish or smooth restorative material (extra fine grit)

#### **Characteristics**

Made from synthetic material to accommodate composite restorations Range of grits (coarse to extra fine) Darker color of disc denotes more abrasiveness Variety of sizes Two types available:

- Snap on composite disc
- Composite disc with disposable mandrel

#### **Practice Notes**

Composite Disc is attached to either a snap-on mandrel or a screw-on mandrel, depending on the type of Composite Disc being used.

#### **Sterilization Notes**

Disposable Composite Discs and disposable mandrel should be disposed of in the garbage. Single use only. Metal mandrel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







### **Rubber Points**

#### **Function**

To polish restorations, amalgam, composite, and gold

#### **Characteristics**

Types of polishing grits: Brown points (brownies) - Abrasive Green points (greenies)—Less abrasive than brownies White points—Polishing point Variety of shanks available for all types of rubber points:

■ Friction grip

Latch type

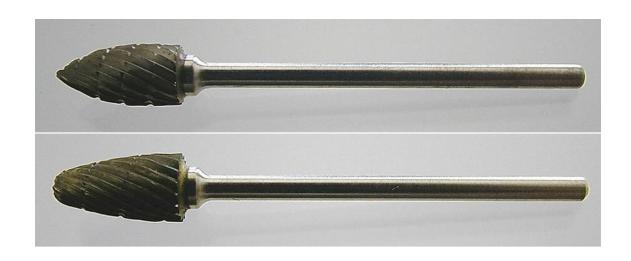
### **Practice Notes**

Rubber Point is inserted and secured in a handpiece. Type of handpiece determines type of shank used.

#### **Sterilization Notes**

Rubber Point must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Laboratory Bur—Acrylic Bur**

#### **Function**

To cut models or trim acrylic in laboratory

#### **Characteristics**

Long shank—For attachment to straight handpiece Variety of sizes and shapes

#### **Practice Notes**

Laboratory Bur is inserted and secured in a slow-speed handpiece with a straight attachment.

#### **Sterilization Notes**

Laboratory Bur—Acrylic Bur, when used on any patient's appliances must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before use. Refer to state regulations for any additional state requirements.





# **Laboratory Bur—Diamond Disc**

#### **Function**

To contour or cut models in the laboratory

#### Characteristic

Single- or double-sided cutting edge

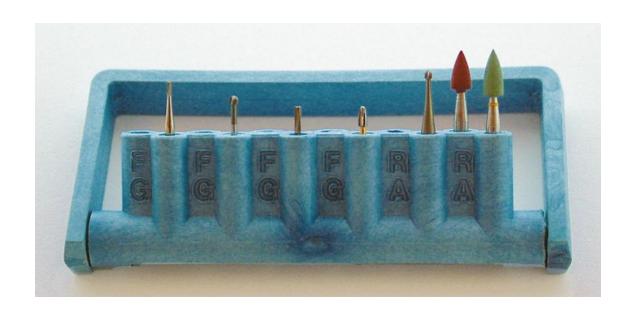
### **Practice Note**

Laboratory Bur—Diamond Disc is inserted and secured in a slow-speed handpiece with a straight attachment.

#### **Sterilization Notes**

Laboratory Bur—Diamond Disc, when used on any patient's appliances must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before use. Refer to state regulations for any additional state requirements.





# **Magnetic Bur Block with Burs**

#### **Function**

To be used on dental tray setups

#### **Characteristics**

Magnetic to hold burs in place Holds friction grip and latch-type burs Variety of shapes and sizes available Various colors available to coordinate with color of tray

#### **Practice Note**

Magnetic Bur Blocks with Burs are used on most restorative tray setups.

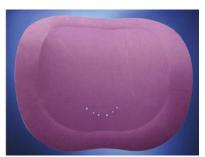
#### **Sterilization Notes**

Magnetic Bur Block with Burs must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.

# **Dental Dam Instruments**









# **Dental Dam**

### **Function**

To isolate teeth for dental procedures

### **Characteristics**

Sizes  $-4 \times 4$ ,  $5 \times 5$ ,  $6 \times 6$ , or continuous roll Gauge or thickness—Thin, medium, heavy Colors—Gray, green, blue, pastels Latex free—Purple

### **Practice Notes**

Latex-free Dental Dam (purple) is used for patients who have latex allergy.

### **Sterilization Notes**

Dental Dam should be disposed of in garbage. Single use only.





# **Dental Dam Stamp**

### **Function**

To mark holes on dental dam

### **Characteristics**

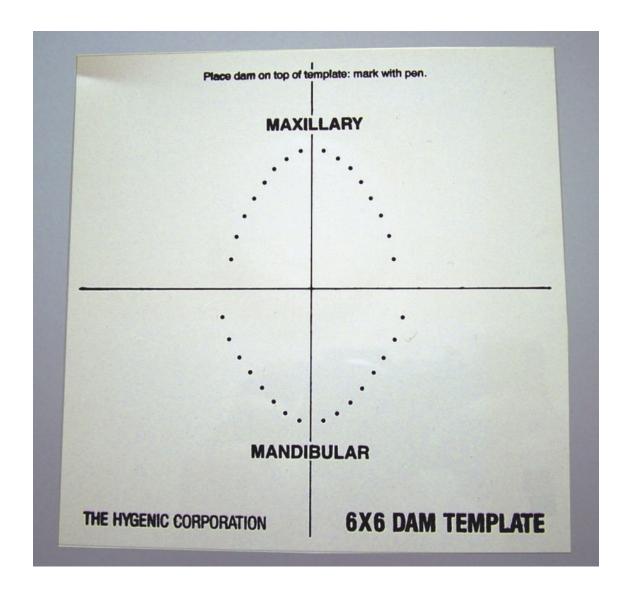
Has 32 dots that represent the adult dentition Used as guide for punching holes in correct position

### **Practice Notes**

The oral cavity is examined before holes are marked and punched to adjust positioning to the patient's specific dentition.

### **Sterilization Notes**

Dental Dam Stamp should be disinfected according to the manufacturer's recommendation.



# **Dental Dam Template**

### **Function**

To use as a guide for marking and punching holes in correct position on dental dam

### **Characteristics**

Made of durable plastic Has 32 dots that represent the adult dentition

### **Practice Notes**

The oral cavity is examined before holes are marked and punched to adjust positioning to the patient's specific dentition.

The dental dam is placed on the template, and the points where holes should be punched are marked with a pen.

### **Sterilization Notes**

Dental Dam Template should be disinfected according to the manufacturer's recommendation.



### **Dental Dam Punch**

#### **Function**

To punch holes in dental dam for each individual tooth

# **Characteristics**

Designated hole size for each tooth for permanent dentition:

No. 5—Anchor tooth (largest)

No. 4—Molars

No. 3—Premolars

No. 2—Maxillary central and laterals, maxillary and mandibular cuspids

No. 1—Mandibular central and laterals (smallest)

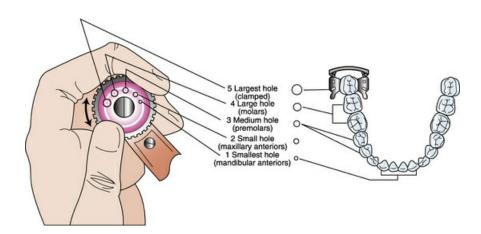
#### **Practice Notes**

The oral cavity is examined before holes are punched to accommodate the patient's specific dentition.

A space of 3 to 3.5 mm is maintained between holes.

#### **Sterilization Notes**

Dental Dam Punch must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Dental Dam Forceps**

#### **Function**

To place dental dam clamp on tooth and to remove clamp after procedure

#### **Characteristics**

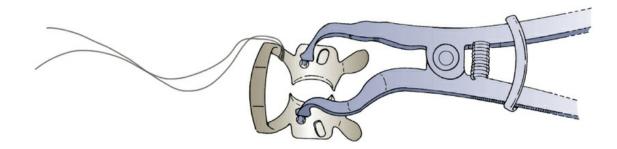
Beaks on forceps fit into dental dam clamp. Forceps open with spring motion. Bar between handle holds forceps in place while clamp is seated.

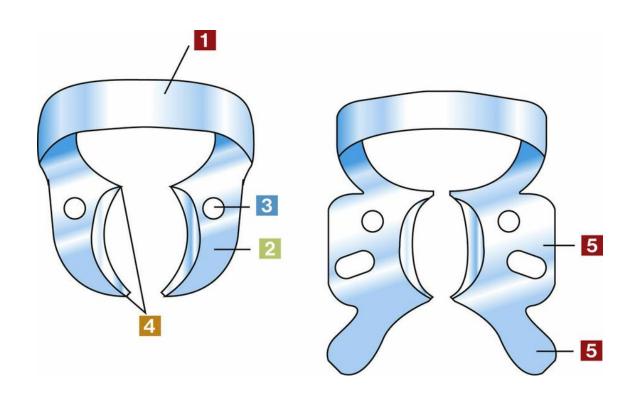
#### **Practice Note**

Squeeze handles on dental dam forceps to open working end.

### **Sterilization Notes**

Dental Dam Forceps must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. For safety, dental floss (ligature tie) must be attached to each dental clamp before each use to allow for retrieval of clamp if dislodged and patient inhales or swallows.





# **Dental Dam Clamp**

#### **Function**

To anchor and stabilize dental dam

#### **Characteristics**

#### Parts:

- Bow: Placed toward distal part of tooth
- Jaws: Have four prongs that secure clamp on tooth
- Holes: On jaws; designated for beaks on forceps to place clamp on tooth
- Prongs: Designed to secure clamp on cervical part of tooth, beyond the height of contour
- Winged clamps: Have extension of metal on jaws to hold dental dam away for better visibility (Wingless clamps do not have extra extension of metal.)

For safety, dental floss (ligature tie) must be attached to each dental clamp before each use to allow for retrieval of clamp if dislodged and patient inhales or swallows.

#### **Sterilization Notes**

Dental Dam Clamp must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Anterior Clamp**

### **Function**

To anchor and stabilize dental dam

#### **Characteristics**

Used only on anterior teeth

Example

Wingless clamp Range of sizes available

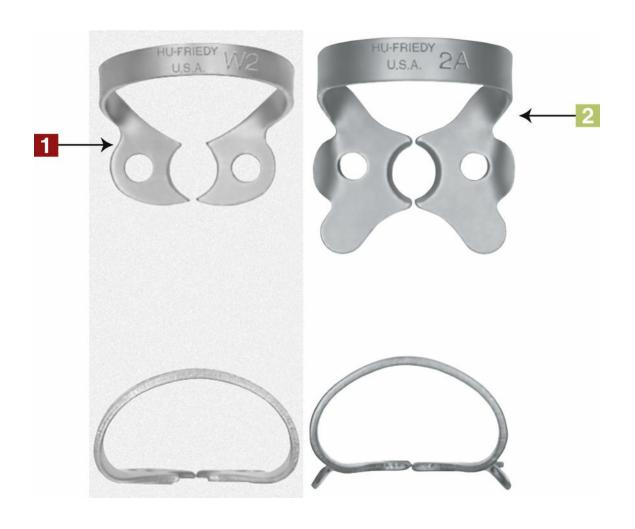
#### **Practice Notes**

Anterior clamp is used on a dental dam setup for restorative and endodontic procedures. For safety, dental floss (ligature tie) must be attached to each dental clamp before each use to allow for retrieval of clamp if dislodged and patient inhales or swallows.

#### **Sterilization Notes**

Anterior Clamp must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Premolar Clamp**

# **Function**

To anchor and stabilize dental dam

# **Characteristics**

Clamp used is determined by tooth size. Range of sizes available Variety of styles

# **Examples**

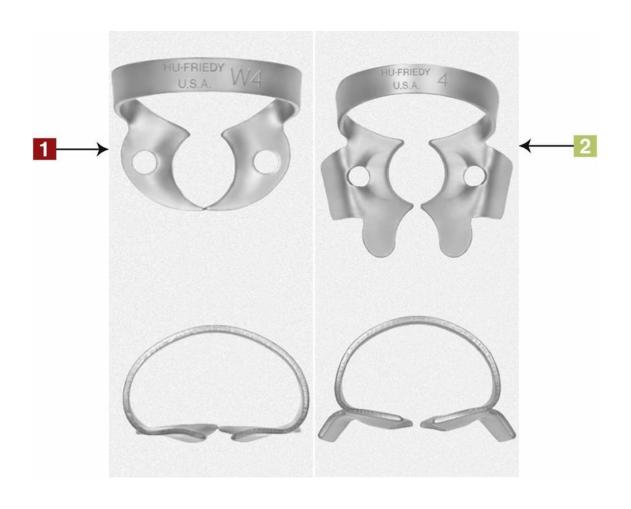
- Wingless clamp
- Winged clamp

# **Practice Notes**

Premolar Clamp is used on a dental dam setup for restorative and endodontic procedures. For safety, dental floss (ligature tie) must be attached to each dental clamp before each use to allow for retrieval of clamp if dislodged and patient inhales or swallows.

# **Sterilization Notes**

Premolar Clamp must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Universal Clamp—Maxillary**

# **Function**

To anchor and stabilize dental dam

# **Characteristics**

Used on right or left posterior molars Range of sizes available Variety of styles

#### **Examples**

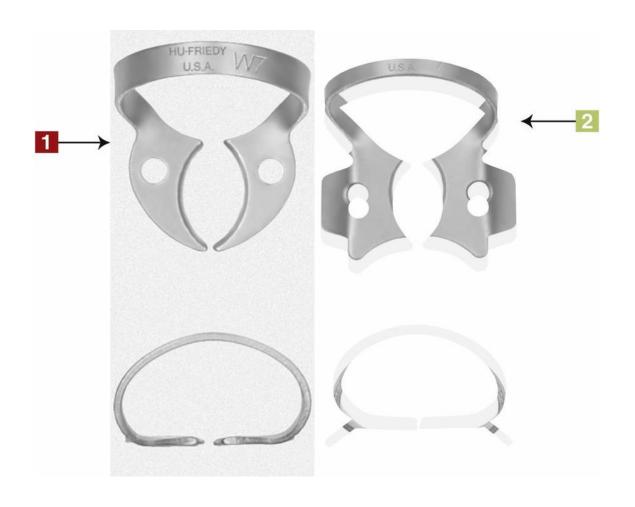
- Wingless clamp
- Winged clamp

# **Practice Notes**

Maxillary Clamp is used on a dental dam setup for restorative and endodontic procedures. For safety, dental floss (ligature tie) must be attached to each dental clamp before each use to allow for retrieval of clamp if dislodged and patient inhales or swallows.

# **Sterilization Notes**

Universal Maxillary Clamp must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Universal Clamp—Mandibular

# **Function**

To anchor and stabilize dental dam

# **Characteristics**

Used on right or left posterior molars Range of sizes available Variety of styles

# **Examples**

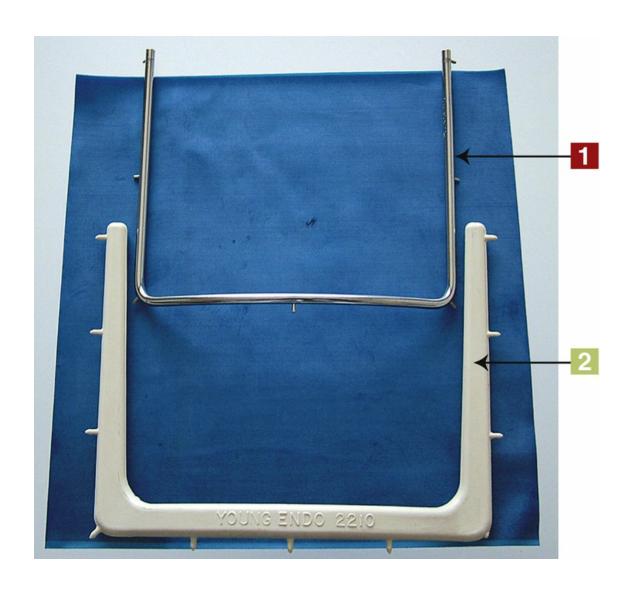
- Wingless clamp
- Winged clamp

# **Practice Notes**

Mandibular Clamp is used on a dental dam setup for restorative and endodontic procedures. For safety, dental floss (ligature tie) must be attached to each dental clamp before each use to allow for retrieval of clamp if dislodged and patient inhales or swallows.

# **Sterilization Notes**

Universal Mandibular Clamp must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Dental Dam Frame**

# **Function**

To hold dental dam away from teeth

# **Characteristics**

- Metal frame
- Plastic frame

Plastic frame—May be left on during radiographic exposures Various styles of frames available

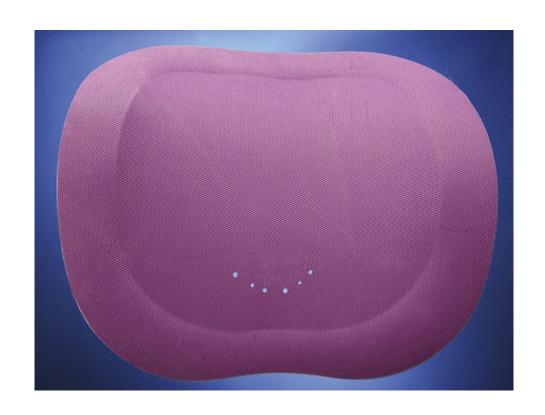
#### **Practice Notes**

Dental Dam Frame is used on a dental dam setup for restorative and endodontic procedures.

#### **Sterilization Notes**

Dental Dam Frame must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Preframed Dental Dam**

# **Function**

To isolate teeth for dental procedures

# **Characteristics**

Frame is attached to dental dam Dental dams may come pre-punched – additional holes can be punched

# **Practice Note**

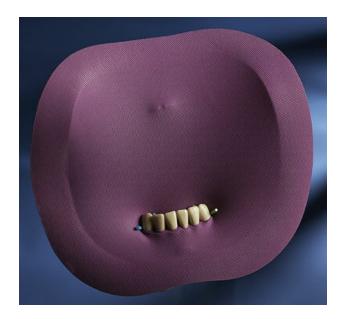
Dental Dam is latex free.

Dam adjusts to the side for easy access for radiograph

Dam shown with secure ligatures to hold Dental Dam in place instead of Dental Dam clamp.

# **Sterilization Notes**

Dental Dam should be disposed of in garbage. Single use only.





# **Tray Setup**

# **Dental Dam**

# **Left (Top to Bottom)**

Dental dam (latex free), dental floss, plastic dental dam frame, crown and bridge scissors (see Chapter 10)

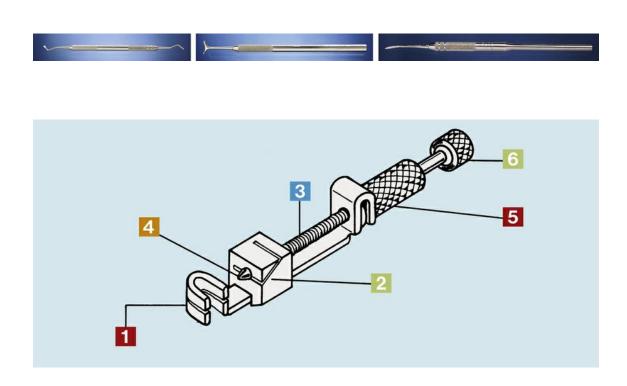
# **Right (Top to Bottom)**

Beavertail burnisher used to invert Dental Dam (see Chapter 8), dental dam forceps, dental dam clamp with stabilizing ligature tie (dental floss), Dental Dam punch

# **Sterilization Notes**

Refer to each individual instrument for correct procedure for sterilization or disposal of instrument or material.

# **Amalgam Restorative Instruments**



# Tofflemire/Matrix Band Retainer

#### **Function**

To hold and maintain stability of matrix band during condensation of restorative material for class II preparation

# **Characteristics**

Parts:

- Guide slots: Straight slot; right and left slots for right or left quadrant
- Diagonal slot: Slides up and down on spindle; matrix band is placed in slot, and spindle secures band in place; open slots are placed toward gingiva.
- Spindle: Holds matrix band in retainer
- Spindle pin: Stabilizes band in holder
- Inner knob: Adjusts size of the loop of matrix band to fit around tooth and loosens band for removal
- Outer knob: Positioned at end of spindle that tightens or loosens matrix band in retainer

#### **Practice Notes**

Tofflemire Band Retainer is used on restorative tray setups. The photo shown is for maxillary right quadrant and mandibular left quadrant.

# **Sterilization Notes**

Tofflemire Band Retainer must be precleaned open and unlocked, spindle should be disengaged, then, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Matrix Bands**

# **Function**

To replace missing proximal wall or walls of cavity preparation for condensation of restorative material for class II preparations

# **Characteristics**

Variety of sizes, shapes, and thicknesses

Bands designed for specific types of restorations:

- Universal band For restorations on all posterior teeth except for teeth with deep cervical restorations Example: MO, DO, MOD
- Bands for teeth with deep cervical restorations Example: Premolars that have a deep cervical restoration. Example: MO, DO, or MOD
- Bands for larger teeth with deep cervical restorations—Example: Larger teeth such as Molars that have a deep cervical restoration. Example: MO, DO, MOD

Variety of pediatric bands available for primary teeth

# **Practice Note**

Matrix Bands are used on amalgam, composite, buildup, and temporary filling tray setups.

#### **Sterilization Notes**

Matrix Bands should be disposed of in a sharps container, and/or local and state regulations should be followed. Single use only.





# **Matrix Band System**

#### **Function**

To replace missing proximal wall or walls of cavity preparation for condensation of restorative material for class II preparations

# **Characteristics**

Variety of matrix band systems (pictured: AutoMatrix) Variety of sizes and shapes Bands designed for specific teeth:

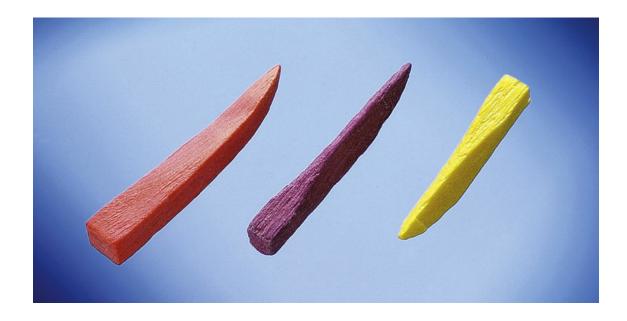
- Universal—Posterior teeth
- Molar—Larger molars
- Premolar
- Pediatric—Primary teeth

# **Practice Notes**

Tightening wrench is used to place, tighten, and loosen bands. Removing pliers are used to remove bands. Matrix Bands are used on amalgam, composite, buildup, and temporary filling tray setups.

#### **Sterilization Notes**

Matrix Bands should be disposed of in sharps container, or local and state regulations should be followed. Single use only. Matrix Band Instruments should be placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Wooden Wedges**

# **Function**

To hold matrix band in place along gingival margin of class II, class III, or class IV preparation

# **Characteristics**

Wood or plastic

Triangular, round, or anatomical shapes (shown in picture)

Variety of sizes and shapes available to accommodate embrasure area

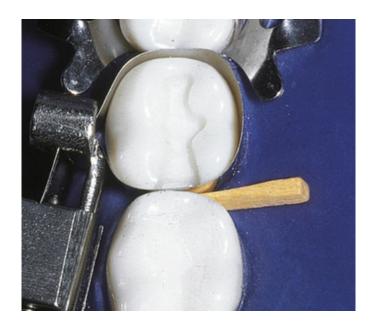
# **Practice Notes**

Wedges are placed in gingival embrasure area usually on the lingual.

Wedges are always set up with all types of matrix band systems for class II, class III, or class IV restorations

# **Sterilization Notes**

Wooden Wedges should be disposed of in the garbage. Single use only.





# **Liner Applicator**

# **Function**

To place dental liner material (such as calcium hydroxide or glass ionomer) in cavity preparation

#### **Characteristics**

Short or long handle Single or double ended

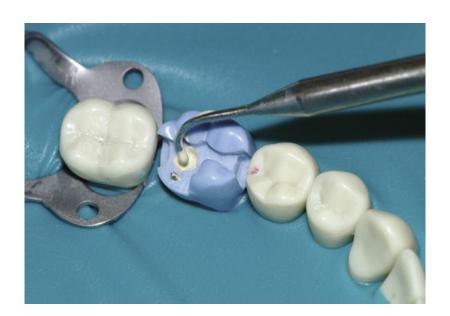
#### **Practice Notes**

Liner Applicator is used on amalgam, composite, crown and bridge, and temporary filling tray setups.

Also referred to as a Dycal instrument

#### **Sterilization Notes**

Liner Applicator must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Woodson

# **Functions**

To carry and place temporary restorative material for cavity preparation—Paddle end To condense restorative material—Plugger end To carry (paddle end) and condense a base (Plugger end)

# **Characteristics**

Double ended Range of sizes available:

- Plugger end available in variety of sizes
- Paddle end available in different angles, sizes

#### **Practice Notes**

Woodson is used on amalgam, composite, crown and bridge, temporary filling, and provisional crown tray setups.

# **Sterilization Notes**

Woodson must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Amalgamator and Amalgam Capsule**

# **Functions**

To mix alloy and mercury into amalgam in a capsule To mix other types of restorative materials in a capsule To mix precapsulated permanent and temporary cements

# **Characteristics**

- Amalgamator
- Preloaded amalgam capsules contain alloy, mercury, and pestle to aid mixing:
  - Various types of capsules are available; they are activated manually by twisting or pushing or using a capsule activator.

Thin membrane separates materials until mixing occurs.

# **Practice Notes**

The process of mixing is called amalgamation or trituration. The mixing time recommended by the manufacturer should be used.

# **Sterilization Notes**

Capsules must be disposed of in the garbage, or state regulations must be followed. Single use only. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal. Amalgamator should be handled with overgloves or precleaned and disinfected according to the manufacturer's recommendation.



# **Amalgam Well**

# **Functions**

To hold amalgam before it is placed in preparation To hold amalgam while loading amalgam carrier

# Characteristic

Metal (shown in picture), plastic, or glass

#### **Practice Notes**

Amalgam Well is used on the amalgam tray setup.

#### **Sterilization Notes**

Amalgam Well must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# **Amalgam Carrier**

#### **Function**

To carry and dispense amalgam into cavity preparation

#### **Characteristics**

Single or double ended:

- Double ended—One small end and one large end
- ☑ Single ended—Plunger style

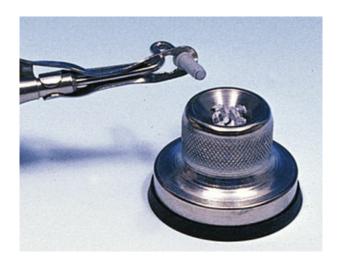
The inside of the hollow tubes is coated with metal or Teflon.

#### **Practice Notes**

Amalgam is packed in hollow tubes and then transferred to the cavity preparation. Amalgam sticks in the carrier if it is not released immediately after the tubes are filled. Amalgam Carrier is used exclusively on amalgam tray setups.

#### **Sterilization Notes**

Amalgam Carrier must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# Condenser (Plugger)—Smooth and Serrated

#### **Functions**

To pack and condense amalgam into cavity preparation To pack and condense other restorative materials To pack and condense temporary filling material

# **Characteristics**

- Smooth end small
- Smooth end large
- Serrated ends

Round, flat, or diamond shaped Single or double ended

• Double ended—One small end and one large end

Back action condenser available with right-angle working ends—Accommodates difficult areas Range of sizes available

#### **Practice Notes**

Smooth and Serrated Condensers are used on amalgam, composite, and temporary filling tray setups.

# **Sterilization Notes**

Smooth and Serrated Condensers must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# **Interproximal Condenser**

# **Functions**

To pack and condense amalgam into interproximal areas of cavity preparation To pack and condense other restorative materials

# **Characteristics**

Ends shaped to fit mesial or distal areas of cavity preparation Smooth or serrated ends Range of sizes available

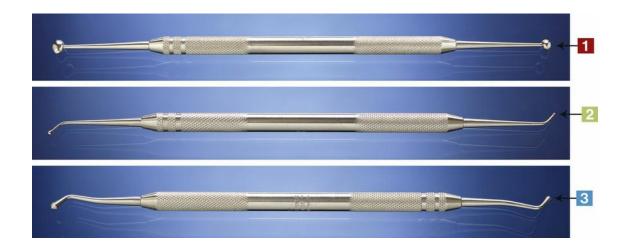
# **Practice Note**

Interproximal Condenser is used on amalgam, composite, and temporary filling tray setups.

#### **Sterilization Notes**

Interproximal Condenser must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# Burnishers—Football, Ball, and Acorn

# **Functions**

To smooth amalgam after condensing To contour matrix band before placement To perform initial shaping of amalgam To burnish restorative material To burnish temporary filling material

#### **Characteristics**

- Football burnisher
- Ball burnisher
- Acorn burnisher

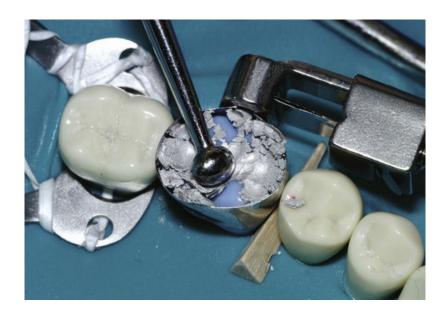
Single or double ended-some double ended burnishers may have two different types of burnishers

# **Practice Note**

Football, Ball, and Acorn Burnishers are used on amalgam, composite, and temporary filling tray setups.

#### **Sterilization Notes**

Football, Ball, and Acorn Burnishers must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# **T-Ball Burnisher**

# **Functions**

To smooth amalgam after condensing
To contour matrix band before placement
To begin shaping of amalgam
To burnish restorative materials
To burnish temporary filling material

# Characteristic

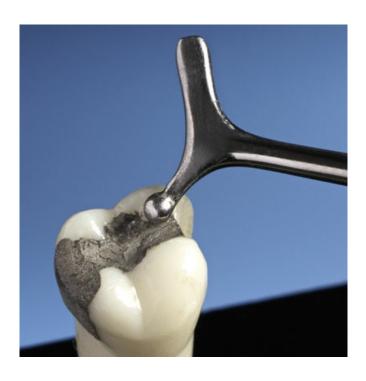
Single ended

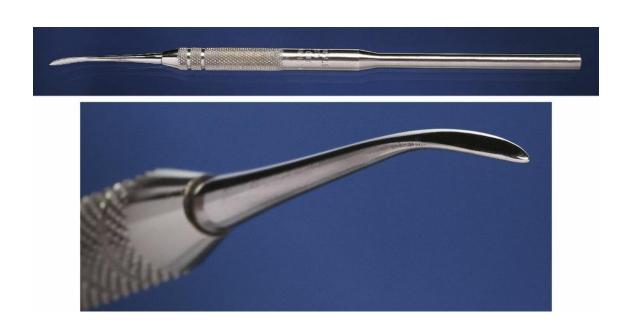
# **Practice Notes**

T-Ball Burnisher is used on amalgam, composite, and temporary filling tray setups.

# **Sterilization Notes**

T-Ball Burnisher must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





## **Beavertail Burnisher**

#### **Functions**

To smooth amalgam after condensing
To perform initial shaping and/or carving of amalgam
To invert dental dam (refer to dental dam tray setup in Chapter 7)
To burnish restorative materials
To burnish temporary filling material

#### Characteristic

Single or double ended

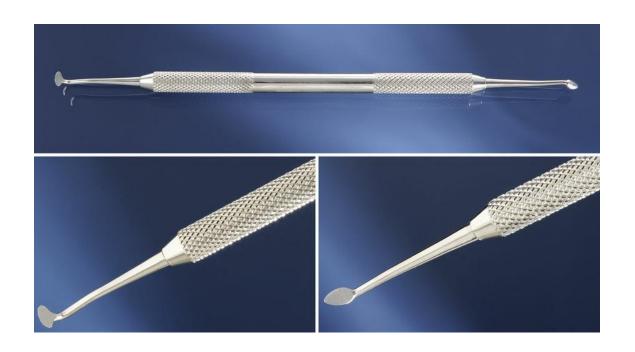
#### **Practice Note**

Beavertail Burnisher is used on amalgam, temporary filling, and dental dam tray setups.

#### **Sterilization Notes**

Beavertail Burnisher must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





## **Tanner Carver**

#### **Functions**

To carve occlusal anatomy into amalgam restorations

To carve occlusal anatomy in other restorative and temporary filling materials

#### **Characteristics**

Double ended—Two ends shaped differently Ends shaped differently from those of discoid-cleoid carver

#### **Practice Notes**

Tanner Carver is used on amalgam and temporary filling tray setups.

#### **Sterilization Notes**

Tanner Carver must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





## **Discoid-Cleoid Carver**

#### **Functions**

To carve occlusal anatomy into amalgam restorations

To carve occlusal anatomy in other restorative and temporary filling materials

#### **Characteristics**

Double ended—Two ends shaped differently:

- Discoid end—Disc shaped
- ☐ Cleoid end—Pointed

Ends shaped differently from those of Tanner carver

#### **Practice Notes**

Discoid-Cleoid Carver is used on amalgam and temporary filling tray setups.

## **Sterilization Notes**

Discoid-Cleoid Carver must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





## Hollenback and Half-Hollenback Carvers

#### **Functions**

To contour and carve occlusal and interproximal anatomy in amalgam restorations

To contour and carve occlusal and interproximal anatomy in other restorative and temporary filling
materials

#### **Characteristics**

- Hollenback
- Half-Hollenback Half the size of Hollenback carver

Double ended—Working ends protrude at different angles.

#### **Practice Note**

Hollenback and Half-Hollenback Carvers are used on amalgam, composite, and temporary filling tray setups.

#### **Sterilization Notes**

Hollenback and Half-Hollenback Carvers must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.







# **Gold Carving Knife**

#### **Functions**

To trim interproximal amalgam restoration, recreating contour of proximal wall(s)

To trim interproximal restorations with other restorative materials, recreating contour of proximal wall(s)

To remove flash composite material from interproximal areas

#### **Characteristics**

Single or double ended Variety of designs Interproximal carving knife-Different Styles available as shown above

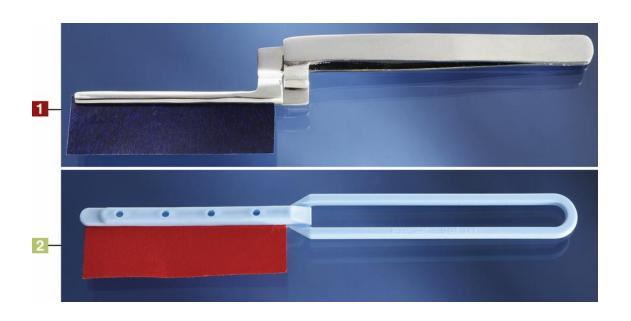
#### **Practice Notes**

Gold Carving Knife is used on amalgam and composite restorative tray setups.

#### **Sterilization Notes**

Gold Carving Knife must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# **Articulating Paper Holder**

#### **Functions**

To hold articulating paper in place To check centric and lateral occlusion

#### **Characteristics**

■ Metal articulating paper holder

■ Disposable articulating paper holder

Articulating paper—blue (top) or red (bottom) Paper variety—from thin to thick

#### **Practice Notes**

Articulating Paper Holder and articulating paper are used on all restorative tray setups, including but not limited to amalgam, composite, fixed and removable prosthodontics, provisional crown, endodontics, orthodontic retainer delivery, and temporary filling tray setups.

#### **Sterilization Notes**

Articulating Paper Holder (metal type) must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable Articulating Paper Holder and Articulating Paper should be disposed of in the garbage. Single use only. Excess amalgam must be disposed of as amalgam waste material. Refer to local and state regulations for disposal.





# **Tray Setup**

# **Amalgam**

## **Top Row (Left to Right)**

Amalgam well, HVE tip, burs in bur block, amalgam carrier-plunger style (very top of tray)

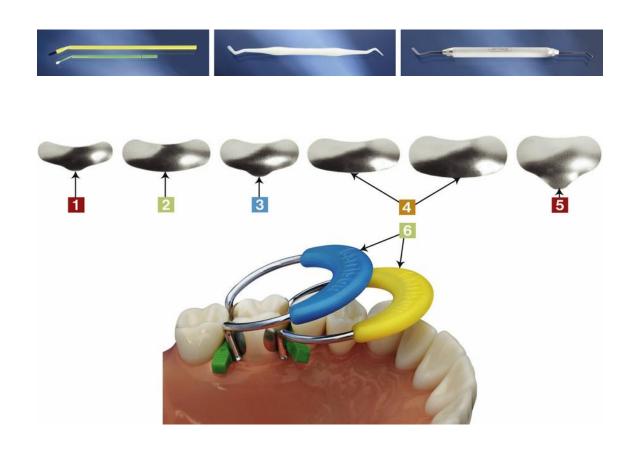
## **Bottom Row (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), spoon excavator, enamel hatchet, mesial gingival margin trimmer, distal gingival margin trimmer, small condenser, large condenser, acorn burnisher, Tanner carver, half-Hollenback carver, gold carving knife, Tofflemire, wooden wedges, crown and bridge scissors, articulating paper holder and articulating paper, liner applicator, dental floss, anesthetic aspirating syringe, air/water syringe tip

#### **Sterilization Notes**

Refer to each individual picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

# **Composite Restorative Instruments**



# **Sectional Matrix System**

#### **Function**

To replace missing proximal wall of cavity preparation for placement of composite material or other restorative materials for class II restorations

#### **Characteristics**

Variety of sizes and shapes to accommodate restoration:

- Pediatric band Primary molar
- Small band−Premolar, small molar
- Extended small band—Premolar, molar, with deep cervical restoration
- Standard band Molar restoration
- Large band—Deep cervical restoration
- Tension rings—Different sizes to accommodate restoration

Placed to secure band on proximal wall

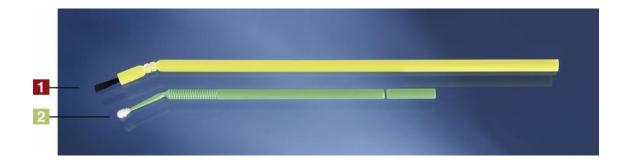
Placed on tooth with dental dam forceps (Refer to page 170, Chapter 7)

#### **Practice Notes**

Sectional Bands are used on amalgam, composite, buildup, and temporary filling tray setups. Classes III and IV composite restorations use a clear Mylar matrix strip.

#### **Sterilization Notes**

Sectional Bands should be disposed of in sharps container, or state regulations should be followed. Single use only. Tension rings must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Applicator**

#### **Functions**

To apply conditioning, primer, and bonding material to cavity preparation To use with bonding procedures, sealants, and orthodontic band brackets

#### **Characteristics**

Types:

- Disposable One-piece Applicator—Several colors available for application of different materials; working end bends; various styles, sizes
- Microbrush Applicator Disposable, various styles, sizes

#### **Practice Notes**

Applicators are used on composite, sealant tray setups and any procedure involving etching, primers, and bonding materials.

#### **Sterilization Notes**

Disposable Applicator(s) should be disposed of in the garbage. Single use only.





# **Well for Composite Material**

#### **Function**

To hold material: etchant, primers, bonding, and composite

#### **Characteristics**

- Disposable (pictured) or autoclavable
- Well with protective light cover

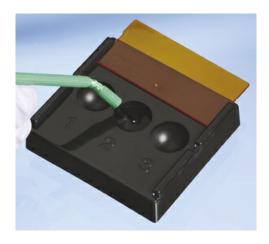
Labels on each well—Designate different materials Variety of styles and colors available

#### **Practice Notes**

Wells are also used on a sealant tray setup and any procedure involving etching, primers, and bonding.

#### **Sterilization Notes**

Disposable Wells should be disposed of in the garbage. Must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Refer to manufacturer's recommendations.





# **Composite Placement Instrument**

#### **Functions**

To carry composite material to the cavity preparation To place, condense, and carve composite material in cavity preparation

#### **Characteristics**

- Plastic composite instrument Plastic that can be sterilized
- Metal composite instruments Titanium nitride coating

Double ended

Different angles on ends

Ends shaped differently, one to accommodate initial placement of material (paddle end) and the other end to condense, contour, and carve material

Variety of sizes, shapes, and angles available

#### **Practice Notes**

Composite Placement Instrument is used on composite tray setups.

#### **Sterilization Notes**

Composite Placement Instrument must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Composite Burnisher**

#### **Functions**

To form occlusal anatomy in composite restorations
To achieve final contouring of anatomy, pits, fissures, and grooves

#### **Characteristics**

Double ended – Different angle on either end

- Composite Burnisher: Titanium nitride coating—Creates hard, smooth, nonstick surface that resists scratching, sticking, or discoloration of composite material
- Acorn Burnisher (for composite restorations):

Gold titanium nitride coating—Creates hard, smooth, nonstick surface that resists scratching, sticking, or discoloration of composite material

#### **Practice Notes**

Composite Burnisher is used on composite tray setups.

#### **Sterilization Notes**

Composite Burnisher must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Curing Light—Battery Operated**

#### **Function**

To harden light-cured materials: bonding agents, composite, sealants, buildup material

#### **Characteristics**

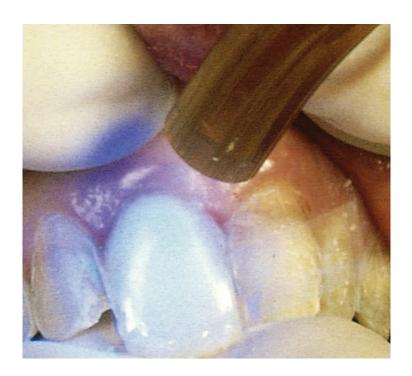
Battery operated—Includes battery charger with extra battery

#### **Practice Notes**

Material must be cured in increments of 2 mm or less to ensure complete setting. Refer to manufacturer's recommendation for curing time.

#### **Sterilization Notes**

A testing device should be used to check the accuracy of the Curing Light. Protective sleeves are available for the curing lights. Preclean and disinfect the wand and light using disinfectant solution according to the manufacturer's recommendation.





# **Protective Shield for Curing Light**

#### **Function**

To protect eyes during curing stage of light-cured material

#### **Characteristics**

Orange color—Blocks harmful light to operator/assistant and patient's eyes Protective shields also available on curing light (see Curing Light, page 242)

- Paddle Shield style
- Protective eyeglasses available for operator, assistant, and patient

#### **Practice Notes**

Protective Shield must be used with all curing lights.

#### **Sterilization Notes**

Protective Shield, paddle, glasses must be precleaned and disinfected according to the manufacturer's recommendation.





# **LED and Halogen Radiometers**

#### **Functions**

To accurately test the visible light output for the LED and halogen curing lights To determine the accuracy of the LED and halogen lights that cure dental materials

#### **Characteristics**

White—Halogen Radiometer Blue—LED Radiometer

#### **Practice Notes**

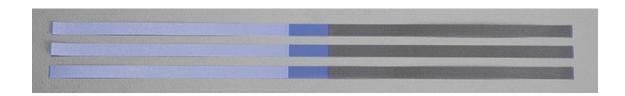
Loss of output of the curing lights will affect the amount of time needed to efficiently cure dental material.

Lights should be tested periodically to ensure lightbulb and battery are working efficiently.

#### **Sterilization Notes**

Refer to manufacturer's recommendation for disinfecting Radiometers.





# **Finishing Strip**

#### **Function**

To finish and smooth interproximal surface of restoration

#### **Characteristics**

Abrasive textures available: synthetic or sandpaper material Different grit consistencies available
Different grit consistency is on either end of strip—see color difference.

#### **Practice Notes**

Synthetic Finishing Strip—No abrasive material in center of strip; helps avoid removal of tooth structure while inserting the finishing strip interproximally. Finishing Strip is used on composite and amalgam tray setups.

#### **Sterilization Notes**

Finishing Strip should be disposed of in the garbage. Single use only.





# **Tray Setup**

# **Composite Procedure—Class III and Class IV Composite Restorative**

## **Top Row (From Left to Right)**

High-volume evacuator (HVE) tip, well for composite material, burs and mandrel or discs in bur block, shade guide

## **Bottom Row (From Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), spoon excavator, composite placement instrument (titanium nitride coating), composite placement instrument (plastic), gold carving knife, liner applicator, three different colors of applicator brushes, wooden wedges, clear Mylar matrix strip and clamp to hold matrix, crown and bridge scissors, articulating paper holder and articulating paper, dental floss, anesthetic aspirating syringe, air/water syringe tip

#### **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Tray Setup**

# Composite Procedure—Class I, Class II, and Class V Composite Restorative

### Top Row (Left to Right)

Articulating paper holder and articulating paper, well for composite material, shade guide

#### **Bottom Row (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), spoon excavator, composite placement instrument (titanium nitride coating), composite placement instrument (plastic), composite burnisher (gold–titanium nitride coating), gold carving knife, liner applicator, three different colors of applicator brushes, high-volume evacuator (HVE) tip, anesthetic syringe, dental damn forceps used for tension rings, (under forceps: matrix band, wooden wedges, tension rings, burs, mandrel/discs in bur block), dental floss, air/water syringe tip

#### **Bottom of Tray**

Finishing strip

#### Sterilization Notes

Refer to each picture for correct procedure for instrument sterilization or disposal of material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

# **Fixed Prosthodontics Restorative Instruments**









# **Facebow**

## **Functions**

To establish the centric relationship of the maxillary teeth to the mandibular teeth To establish the position of the teeth when the temporal mandibular joint is aligned correctly

### **Characteristics**

Recording and establishing the centric occlusion assists in fabricating fixed prosthodontic restorations

■ Apply compound tabs or dental impression material on bite fork
Recording and establishing the centric occlusion assists in fabricating fixed and removable prosthodontic appliances

## **Example**

Crowns, bridges, partials and dentures.

Facebows are also used with orthodontic treatment assessment for mounting the impressions in correct occlusion

### **Practice Notes**

Facebow transfer applications are used in all phases of restorative dentistry.

#### **Sterilization Notes**

Facebow outer appliances must be disinfected according to the manufacturer's recommendation. Bite Fork must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Shade Guides/Digital Color Imaging**

## **Functions**

To select a shade for permanent fixed restorations

#### **Example**

Crowns, veneers, bridges
To select a shade for removable appliances

## **Example**

Partials, dentures

## **Characteristics**

- Many different shade guides are available.
- Many different digital or computerized shade guides are available.

## **Practice Notes**

Each tooth may have different shades: one for the gingival third, one for the body or middle third, and one for the incisal edge (usually needed for anteriors).

### **Sterilization Notes**

Shade Guides must be disinfected according to the manufacturer's recommendation.





# **Gingival Retraction Cord Instrument**

#### **Function**

To place gingival retraction cord in sulcus area after tooth is prepared for a crown and before final impressions are taken

### **Characteristics**

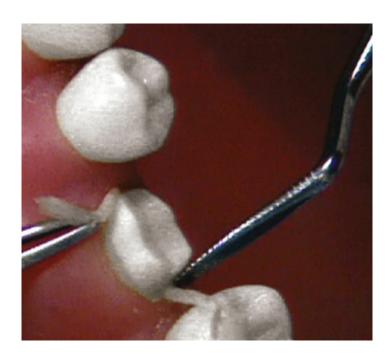
Smooth or serrated edges Double ended—Different angle on each end Variety of styles

#### **Practice Notes**

Gingival Retraction Cord instrument is mainly used on crown and bridge tray setup unless gingiva needs to be retracted for a restorative procedure.

### **Sterilization Notes**

Gingival Retraction Cord Instrument must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Gingival retraction cord instrument should be disposed of in the garbage.





# **Crown and Bridge Scissors**

## **Functions**

To trim aluminum temporary crowns on gingival side To trim custom temporary crowns To cut gingival retraction cord To trim matrix bands To cut dental dam septum

#### **Characteristics**

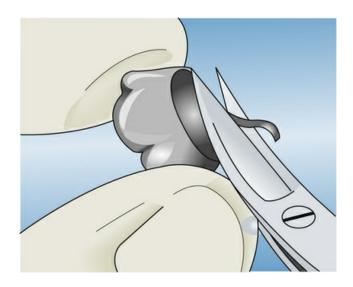
Short cutting edges—can be straight or curved, narrow or wide Variety of sizes

#### **Practice Notes**

Crown and Bridge Scissors are used on other restorative tray setups.

#### **Sterilization Notes**

Crown and Bridge Scissors must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Contouring Pliers**

### **Function**

To crimp and contour marginal edge of temporary crown or stainless steel crown

### **Characteristics**

Commonly used type: Johnson Range of sizes available

#### **Practice Notes**

Contouring Pliers are mainly used on crown and bridge tray setup.

#### **Sterilization Notes**

Contouring Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Provisional Crown-Removing Forceps**

## **Function**

To remove provisional crown from tooth

#### Characteristic

Range of sizes available

# **Practice Notes**

Provisional Crown–Removing Forceps are mainly used on crown and bridge tray setup.

## **Sterilization Notes**

Provisional Crown–Removing Forceps must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **CAD/CAM Machine**

## **Functions**

To take a computer image of a tooth with an intraoral wand that connects to a computer To construct the anatomy, gingival margins, occlusal and mesial/distal contacts of the crown on the computer

To send the information to the unit to construct the crown

### **Characteristics**

- Camera
- CAD/CAM in-office system with attached camera

Crown is made of porcelain or other type materials.

#### **Practice Notes**

The CAD/CAM machine allows the patient to have one appointment for preparing and seating a crown.

### **Sterilization Notes**

Barriers should be used for the intraoral wand. Barriers or overgloves should be used for manipulating the computer on the CAD/CAM-CEREC Machine. Otherwise, refer to the manufacturer's recommendation for disinfecting.



# **CAD/CA Milling Machine**

## **Functions**

To mill the crown with the image taken from the camera that connects to the CAD/CAM

# **Characteristics**

- Milling machine
- Ceramic blocks that are placed in the milling machine to fabricate the crown As shown different shades are available.

## **Practice Notes**

CAD/CAM machine allows the patient to have one appointment for preparing and seating a crown.

## **Sterilization Notes**

Refer to manufacturer's recommendation for disinfecting.



# **Wooden Bite Stick**

### **Function**

To seat permanent crown while patient bites in centric occlusion

# **Characteristics**

Soft wood Range of sizes available

#### **Practice Notes**

Wooden Bite Stick is primarily used on crown and bridge tray setup. Other styles of biting devices to seat a crown are available including disposable devices

## **Sterilization Notes**

Wooden Bite Stick must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. OR Wooden Bite Stick and other seating devices should be disposed of in the garbage.





# **Trial Crown Remover**

### **Functions**

To remove permanent crown from tooth during try-in phase To remove provisional crown

### **Characteristics**

Types:

- Maxillary trial crown remover
- Mandibular trial crown remover

Replaceable pads—Provide nonslipping, tight grip

### **Practice Notes**

Trial Crown Remover is mainly used on crown and bridge tray setup.

### **Sterilization Notes**

Trial Crown Remover must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Tray Setup**

# **Crown and Bridge Preparation**

# **Top Row (Left to Right)**

Gingival retraction cord, dental floss, burs in bur block

# **Bottom Row (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), spoon excavator, curette, gingival retraction cord instrument, Woodson, crown and bridge scissors, flexible cement mixing spatula, articulating paper holder and articulating paper, provisional crown–removing forceps, anesthetic aspirating syringe, air/water syringe tip, high-volume evacuation (HVE) tip

## **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Tray Setup**

# **Crown and Bridge Cementation**

# **Top Row (Left to Right)**

Burs in bur block

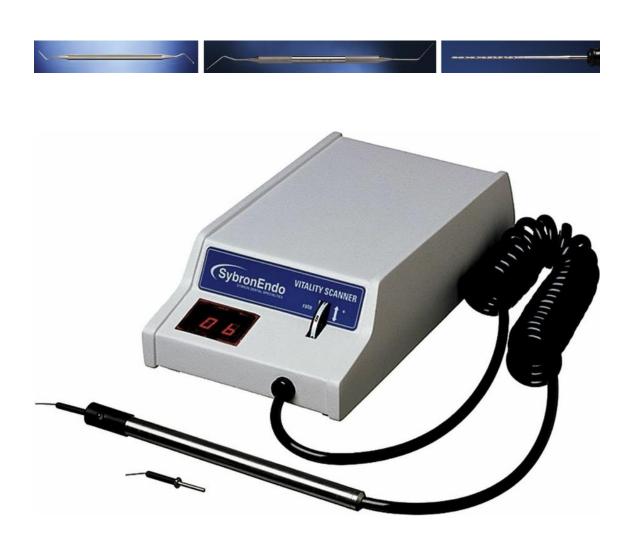
# **Bottom Row (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), spoon excavator, curette, Woodson, flexible cement mixing spatula, wooden bite stick, articulating paper holder and articulating paper, cotton rolls, provisional crown–removing forceps, dental floss (under provisional crown– removing forceps), trial crown remover (maxillary), air/water syringe tip, high-volume evacuation (HVE) tip

# **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

# **Endodontic Instruments**



# **Vitalometer/Pulp Tester**

#### **Function**

To test vitality of pulp in teeth

#### **Characteristics**

Two types—Electronic and digital (digital readout) Electric or battery operated

#### **Practice Notes**

The tester sends an impulse of electric current to the pulp, causing a reaction. The current is increased by small increments until the patient indicates feeling a sensation.

Toothpaste is applied to the tip of the electrode to conduct electricity.

The tip is placed on the surface part (facial or lingual) of a natural tooth.

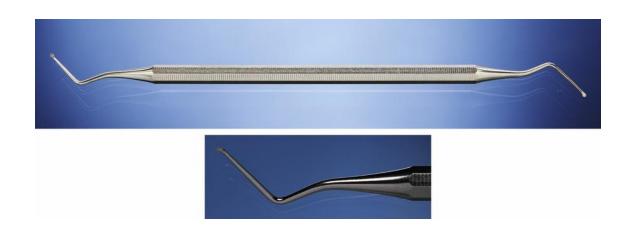
Each root and pulp on the tooth is tested.

Vitalometer is used exclusively with endodontic tray setups.

### **Sterilization Notes**

Vitalometer tip must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Barriers should be used on the unit or the manufacturer's recommendation for disinfection of unit should be followed.





# **Endodontic Long-Shank Spoon Excavator**

### **Function**

To reach deep into the canal to remove coronal pulp tissue, decay, and temporary cements

### **Characteristics**

Long shank to reach deep into cavity preparation Double ended Range of sizes available

### **Practice Notes**

Endodontic Long-Shank Spoon is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Endodontic Long-Shank Spoon Excavator must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Endodontic Explorer**

## **Function**

To locate opening of small canal orifices for endodontic procedure

# **Characteristics**

Double ended

Working end—Longer than regular explorer to reach opening of canals

# **Practice Note**

Endodontic Explorer is used exclusively on endodontic tray setups.

#### **Sterilization Notes**

Endodontic Explorer must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Endodontic Locking Forceps (Pliers)**

### **Function**

To grasp and lock material for transfer into and out of oral cavity

#### Characteristic

Similar to regular cotton forceps except for locking mechanism to secure material on the working end of the forceps (pliers)

#### **Practice Note**

Endodontic Locking Forceps are used on endodontic tray setup and could also be used on restorative tray setups.

## **Sterilization Notes**

Endodontic Locking Forceps must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Broach**

## **Function**

To remove pulp tissue from canal(s)

## **Characteristics**

Working end—Barbed wire protrusions on shaft grab and remove vital or nonvital pulp fibers Handles—Color coded according to size Range of sizes—Diameter increases with size.

# **Practice Notes**

Endodontic Broach is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Endodontic Broach must be disposed of in a sharps container. For single use only.



# **Endodontic File—K Type**

## **Functions**

To clean inside walls of canal To contour inner walls of canal

### **Characteristics**

Twisted design—More twists per millimeter than reamer
Used with push–pull motion
Handles—Color coded according to size
Range of sizes—To accommodate width of canal; diameter increases with size.
Available in different lengths

### **Examples**

21 mm, 25 mm, 31 mm

### **Practice Note**

Endodontic File—K type is used exclusively on endodontic tray setups.

### **Sterilization Notes**

Endodontic File—K Type must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. OR used File must be disposed of in a sharps container. Rubber stopper on the file should be disposed of in the garbage.





# **Endodontic File—Hedstrom**

### **Functions**

To clean inside walls of canal To enlarge and smooth inner walls of canal

### **Characteristics**

Triangular cutting edge
Handles—Color coded according to size
Range of sizes—To accommodate width of canal; diameter increases with size.
Available in different lengths

#### **Examples**

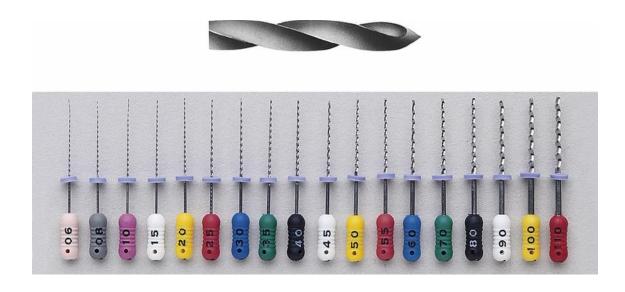
21 mm, 25 mm, 31 mm

#### **Practice Note**

Endodontic File—Hedstrom is used exclusively on endodontic tray setups.

#### Sterilization Notes

Endodontic File—Hedstrom must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. OR used File must be disposed of in a sharps container. Rubber stopper on the file should be disposed of in the garbage.



## Reamer

### **Functions**

To cut and smooth dentinal walls of canal To enlarge inner walls of canal

### **Characteristics**

Twisted triangular cutting edge (similar to K-type file, but cutting edge is farther apart and has fewer twists per millimeter)

Used with twisting motion

Handles-Color coded according to size

Range of sizes—To accommodate width of canal; diameter increases with size.

Available in different lengths

#### **Examples**

21 mm, 25 mm, 31 mm

### **Practice Note**

Reamer is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Reamer must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or used Reamer must be disposed of in a sharps container. Rubber stopper on the file should be disposed of in the garbage.



# **Endodontic Stoppers**

## **Function**

To place onto an intracanal instrument such as a file or reamer to help determine length of canal

## **Characteristics**

Files or reamers are measured from stopper to apex of root to determine length of canal. (Radiographs also help determine length.)

Stoppers are made from rubber, silicone, or plastic.

### **Practice Notes**

Endodontic Stoppers are color coded to correspond to a particular file or reamer, or a single color of stopper is used for all files or reamers.

Endodontic Stoppers are used exclusively on endodontic tray setups.

### **Sterilization Notes**

Endodontic Stoppers should be disposed of in the garbage. Single use only.



## **Endodontic Stand**

## **Functions**

To hold endodontic files and reamers

To measure endodontic files and reamers with millimeter ruler etched in container; may be measured from right or left side of stand

## Characteristic

Container closes with endodontic files and reamers for sterilization processes.

#### **Practice Note**

Endodontic Stand is used exclusively with endodontic tray setups.

#### **Sterilization Notes**

File or reamer in Endodontic Stand and endodontic stand must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or used file or reamer must be disposed of in a sharps container. Rubber stopper on the file should be disposed of in the garbage. Single use only.



## **Endodontic Millimeter Ruler**

## **Function**

To measure files, reamers, other instruments, and materials in millimeter increments

## Characteristic

Variety of designs

## **Practice Notes**

Endodontic Millimeter Ruler could be used in areas of dentistry other than on endodontic tray setups.

#### **Sterilization Notes**

Endodontic Millimeter Ruler must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Electronic Apex Locator**

#### **Function**

To electronically measure length of canal to apex of tooth

#### **Characteristics**

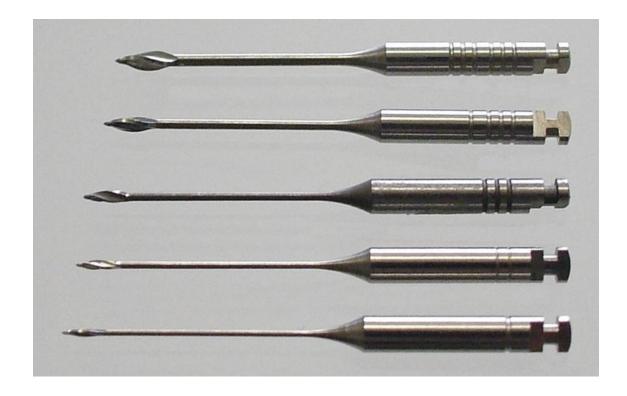
Attaches to file or reamer and is placed in canal using dry or wet environment Readout indicates length of canal—Tone or digital

#### **Practice Note**

Electronic Apex Locator is used exclusively with endodontic tray setups.

#### **Sterilization Notes**

Electronic Apex Locator device that enters patient's mouth must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Barriers should be used on the unit, or the manufacturer's recommendation for disinfection should be followed.



## Gates Glidden Bur or Drill

#### **Functions**

To enlarge walls of pulp chamber To open canal orifice

## **Characteristics**

Long-shank bur
Elliptical or flame-shaped cutting edge
Latch type—Used with slow-speed contra-angle handpiece (air driven or electric)
Range of sizes—Size identified by number of grooves on shank
Two lengths—Shorter for posterior teeth, longer for anterior teeth

#### **Practice Note**

Gates Glidden Burs are used exclusively on endodontic tray setups.

#### **Sterilization Notes**

Gates Glidden Bur or Drill must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or used Gates Glidden Bur must be disposed of in a sharps container.





# **Endodontic Irrigating Syringe**

## **Function**

To carry and dispense irrigating solution into canal for cleansing during débridement of canal

## **Characteristics**

Disposable

Two sizes—3 mL (pictured) and 12 mL

## **Practice Note**

Endodontic Irrigating Syringe could be used in areas of dentistry other than on endodontic tray setups.

## **Sterilization Notes**

Endodontic Irrigating Syringe should be disposed of in a sharps container. For single use only.



# **Sterile Absorbent Paper Points**

## **Function**

To dry pulp chambers of canal—New points inserted repeatedly until pulp chamber is completely dry

## **Characteristics**

Size of point corresponds to width of canal Range of sizes available

## **Practice Notes**

The length of the paper point is measured to ensure that it corresponds to the length of the canal. Paper points are used exclusively on endodontic tray setups.

## **Sterilization Notes**

Sterile Absorbent Paper Points should be disposed of in the garbage. Single use only.





# **Gutta-Percha**

## **Function**

To fill pulp chamber after completion of canal preparation (called obturation)

## **Characteristics**

Solid at room temperature; becomes soft and pliable when heated May be heated in a cartridge and then dispensed into canal Range of sizes—To correspond to size of canal

## **Practice Notes**

Endodontic sealer, a cement material, is used with gutta-percha for final sealing of the canal. Gutta-Percha is used exclusively on an endodontic tray setup.

## **Sterilization Notes**

Gutta-Percha should be disposed of in the garbage.





# **Lentulo Spiral**

## **Function**

To place endodontic sealer or cement in canal for final seal before placement of gutta-percha

#### Characteristic

Latch-type shank—Used with slow-speed contra-angled handpiece (air driven or electric)

## **Practice Note**

Lentulo Spiral is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Lentulo Spiral must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or used lentulo spiral must be disposed of in a sharps container.





# **Gutta-Percha Warming Unit**

#### **Functions**

To heat gutta-percha outside the mouth before use To inject heated gutta-percha in thermoplastic state into prepared canals

## **Characteristics**

Gutta-percha pellets—Used to load unit Delivery system—Needle attaches to gun delivering gutta-percha into canal

#### **Practice Notes**

Temperature of the gutta-percha in the unit can be adjusted to control the viscosity of the material. Gutta-Percha warming unit is used exclusively with endodontic tray setups.

#### **Sterilization Notes**

Gutta-Percha Warming Unit needle attached to the gutta-percha warming unit gun must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or needle must be disposed of in a sharps container. Gutta-percha warming unit must be disinfected according to the manufacturer's recommendation.





# **Endodontic Spreader**

## **Functions**

To help condense gutta-percha laterally in canal To use for final filling of canal

## **Characteristics**

Pointed tip
Working end—Has rings in millimeter increments
Two handle styles—Conventional (pictured), finger spreader
Range of sizes—To correspond to size of canal

## **Practice Note**

Endodontic Spreader is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Endodontic Spreader must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Endodontic Plugger**

## **Functions**

To help condense gutta-percha vertically in canal To use for final filling of canal

## **Characteristics**

Flat tip for condensing gutta-percha Working end—Has rings in millimeter increments Two handle styles—Conventional (pictured), finger spreader Range of sizes—To correspond to size of canal

## **Practice Note**

Endodontic Plugger is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Endodontic Plugger must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





## **Glick Instrument**

## **Functions**

To condense gutta-percha into endodontically prepared teeth, using plugger end To sever excess gutta-percha after plugger end is heated To carry and place material into tooth, using paddle end

## **Characteristics**

Double ended:

- Plugger end May have rings in millimeter increments
- Paddle end

## **Practice Note**

Glick Instrument is used exclusively on endodontic tray setups.

## **Sterilization Notes**

Glick Instrument must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## Peso File

## **Functions**

To prepare canal for endodontic post

To remove portion of gutta-percha sealed in canal to make room for endodontic post

## **Characteristics**

Parallel cutting edges

Latch-type shank—Used with slow-speed contra-angle handpiece (air driven or electric) Range of sizes—Size identified by number of grooves on shank

## **Practice Note**

Peso File is used exclusively on endodontic tray setups.

#### **Sterilization Notes**

Peso File must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or used peso file must be disposed of in a sharps container.





# **Micro Retro Amalgam Carrier**

## **Function**

To carry amalgam to surgical site of apicoectomy

## **Characteristics**

Very small—To accommodate retro fills for apicoectomy Surgical apicoectomy procedure is performed, if needed, after an endodontic procedure is completed.

## **Practice Note**

Micro Retro Amalgam Carrier is used with a surgical tray setup for an apicoectomy.

## **Sterilization Notes**

Micro Retro Amalgam Carrier must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## Micro Retro Mouth Mirror

## **Function**

To view surgical site of apicoectomy retro fill

## **Characteristics**

Very small—To accommodate retro fills for apicoectomy Smaller sizes available

#### **Practice Note**

Micro Retro Mouth Mirror is used with a surgical tray setup for an apicoectomy.

#### **Sterilization Notes**

Micro Retro Mouth Mirror must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Tray Setup**

# **Opening a Tooth for Endodontic Therapy**

## **Top Row (Left to Right)**

Millimeter ruler with finger ring; coarse, medium, and fine absorbent sterile paper points; burs in bur block

## **Bottom Row (Left to Right)**

Mouth mirror, endodontic explorer, endodontic locking forceps, endodontic long-shank spoon excavator, Glick instrument, Woodson, endodontic locking forceps (extra), irrigating disposable syringe, scissors, broaches, endodontic K-type file with color-coded rubber stops, anesthetic aspirating syringe, air/water syringe tip, high-volume evacuation (HVE) tip

## **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Tray Setup**

# **Sealing a Tooth for Endodontic Therapy**

## **Top Row (Left to Right)**

Millimeter ruler with finger ring; gutta-percha in vials—assorted sizes; coarse, medium, fine absorbent sterile paper points; burs in bur block

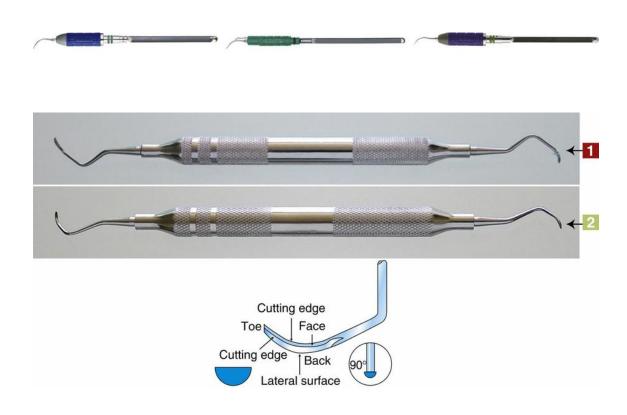
## **Bottom Row (Left to Right)**

Mouth mirror, endodontic explorer, endodontic locking forceps, endodontic long-shank spoon excavator, endodontic spreader, endodontic plugger, Glick instrument, Woodson, endodontic locking cotton forceps (extra), irrigating disposable syringe, scissors, endodontic K-type file with color-coded rubber stops, anesthetic aspirating syringe, air/water syringe tip, high-volume evacuation (HVE) tip

## **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

# **Hygiene Instruments**



# **Universal Curettes (Curets)**

## **Functions**

To remove deposits and stains from teeth To remove soft tissue lining of periodontal pocket and root planing

## **Characteristics**

Blade—Two cutting edges, rounded toe, rounded back; at 90-degree angle to lower shank Flexible or rigid shank; length varies to accommodate clinical crown of tooth Single or double ended

Range of sizes

Curette named by designer:

- Barnhart ½
- Ratcliff 3/8

## **Practice Note**

Universal Curettes are used on hygiene, periodontal, and operative tray setups.

## **Sterilization Notes**

Universal Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Universal Curettes (Curet)**

## **Functions**

To scale supragingival and subgingival surfaces
To remove deposits and stains from teeth
To remove soft tissue lining of periodontal pocket and root planing

## **Characteristics**

Blade—Two cutting edges, rounded toe, rounded back; at 90-degree angle to lower shank Flexible or rigid shank; length varies to accommodate clinical crown of tooth Single or double ended

Range of sizes

Curette named by designer:

- UC/Rule 5%
- ☑ Loma Linda 11/12
- McCall 17/18

## **Practice Note**

Universal Curettes are used on hygiene, periodontal, and operative tray setups.

#### **Sterilization Notes**

Universal Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Langer Universal Curettes**

## **Functions**

To scale supragingival and subgingival surfaces
To remove deposits and stains from teeth
To remove soft tissue lining of periodontal pocket and root planing

## **Characteristics**

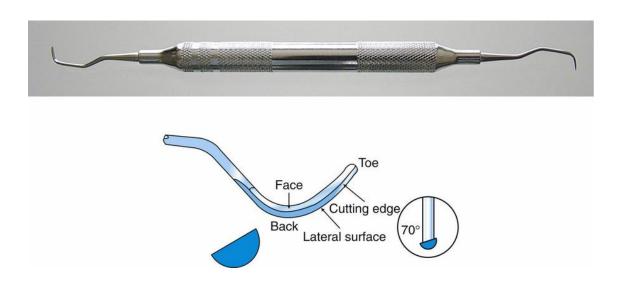
Blade — Two cutting edges, with face at 90-degree angle to lower shank
Design function with three bends in the shank, improving posterior access
Langer universal curettes designed with the shank design of a Gracey combined with a universal blade
Single or double ended
Range of sizes

## **Practice Note**

Langer Universal Curettes are used on hygiene and periodontal tray setups.

## **Sterilization Notes**

Langer Universal Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Area-Specific Curettes—Anterior**

## **Functions**

To scale and remove deposits from subgingival surfaces of anterior teeth To use for root planing, periodontal débridement, and soft tissue curettage

## **Characteristics**

Two cutting edges (only lower cutting edge used)

Blade—Rounded back and toe; at 70-degree angle to lower shank; types: standard, rigid, extra rigid Curvature of blade designed to adapt to specific teeth and surfaces

Range of sizes available: 1/2, 3/4, 5/6

Curette named by designer: Gracey, Kramer-Nevins, Turgeon

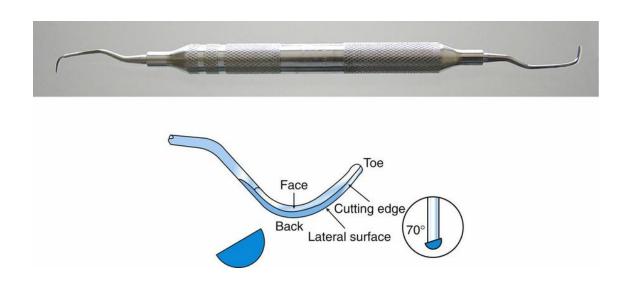
#### **Practice Note**

Area-specific Curettes—Anterior are used on hygiene and periodontal tray setups.

#### **Sterilization Notes**

Area-Specific Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Area-Specific Curettes—Posterior**

## **Functions**

To scale and remove deposits from subgingival surfaces of posterior teeth To use for root planing, periodontal deébridement, and soft tissue curettage

## **Characteristics**

Two cutting edges (only lower cutting edge used)

Blade—Rounded back and toe; at 70-degree angle to lower shank; types: standard, rigid, extra rigid Curvature of blade designed to adapt to specific teeth and surfaces

Range of size, shape, and bends in shank

Two bends in shank

**Examples** 

7/8, <sup>9</sup>/10

Three bends in shank

**Examples** 

<sup>11</sup>/<sub>12</sub>, <sup>13</sup>/<sub>14</sub>, <sup>15</sup>/<sub>16</sub>, <sup>17</sup>/<sub>18</sub>

Curette named by designer: Gracey, Kramer-Nevins, Turgeon

#### **Practice Note**

Area-specific Curettes—Posterior are used on hygiene and periodontal tray setups.

#### **Sterilization Notes**

Area-specific Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Extended Area-Specific Curettes—Anterior**

## **Function**

To scale and remove deposits in deep periodontal pockets 5 mm or deeper

## **Characteristics**

Two cutting edges (only lower cutting edge used)
Blade at 70-degree angle to lower shank; types: standard, rigid, extra rigid
Curvature of blade designed to adapt to anteriors
Terminal shank redesigned—3 mm longer than standard area-specific curette
Manufacturer's trademark name usually follows ½, ¾, ½ numbering system
Range of sizes—Commonly used types: ¾, ½
Double-ended curettes packaged in sets

Double-ended curettes packaged in sets Curettes named by designer: Gracey ½

#### **Practice Note**

Extended Area-Specific Curettes—Anterior are used on hygiene and periodontal tray setups.

## **Sterilization Notes**

Extended Area-Specific Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Extended Area-Specific Curettes—Posterior**

## **Function**

To scale and remove deposits in deep periodontal pockets (5 mm or deeper)

#### **Characteristics**

Two cutting edges (only lower cutting edge used)

Blade at 70-degree angle to lower shank; types: standard, rigid, extra rigid

Curvature of blade designed to adapt to premolars, molars

Terminal shank redesigned — 3 mm longer than standard area-specific curette

Range of sizes

Commonly used types: 11/12, 13/14, 15/16, 17/18

Double-ended curettes packaged in sets

Curettes named by designer: Gracey 11/12 rigid, Gracey 11/12

## **Practice Note**

Extended Area-Specific Curettes—Posterior are used on hygiene and periodontal tray setups.

## **Sterilization Notes**

Extended Area-Specific Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Mini Extended Area-Specific Curettes—Anterior

#### **Function**

To scale in deep periodontal pockets (5 mm)

#### **Characteristics**

Blade redesigned to be half the length of extended area-specific curette Designed for narrow roots, pockets, or furcations Two cutting edges (only lower cutting edge used)
Blade at 70-degree angle to lower shank; types: standard, rigid, extra rigid Curvature of blade designed to adapt to anteriors
Range of sizes
Manufacturer's trademark name usually follows ½, ¾, 5% numbering system Curettes named by designer: Gracey ½

## **Practice Note**

Mini Extended Area-Specific Curettes — Anterior are used on hygiene and periodontal tray setups.

#### **Sterilization Notes**

Mini Extended Area-Specific Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Mini Extended Area-Specific Curettes—Posterior

## **Function**

To scale in deep periodontal pockets (5 mm)

## **Characteristics**

Blade redesigned to be half the length of extended area-specific curette Designed for narrow roots, pockets, or furcations
Two cutting edges (only lower cutting edge used)
Blade at 70-degree angle to lower shank; types: standard, rigid, extra rigid Curvature of blade designed to adapt to premolars, molars
Range of size, shape, and bends in shank available
Two bends in shank

## **Examples**

7/8, <sup>9</sup>/10

Three bends in shank

## **Examples**

<sup>11</sup>/<sub>12</sub>, <sup>13</sup>/<sub>14</sub>, <sup>15</sup>/<sub>16</sub>, <sup>17</sup>/<sub>18</sub>

Curettes named by designer: Gracey 11/12 mini extender

## **Practice Note**

Mini Extended Area-Specific Curettes—Posterior are used on hygiene and periodontal tray setups.

## **Sterilization Notes**

Mini Extended Area-Specific Curettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Implant Scaler**

## **Function**

To remove deposits and stains from surface of implant

## **Characteristics**

- Disposable tips (each tip should be sterilized before use). Instrument with disposable tip attached.
- ☐ Titanium-coated scaler

Different designs allow scaling without scratching of titanium implants Some tips are made of Plasteel—a high-grade resin

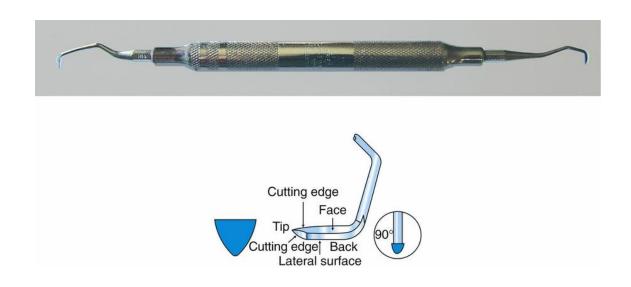
## **Practice Note**

Implant Scalers are used on hygiene and periodontal tray setups.

## **Sterilization Notes**

Handle and titanium-coated Scaler must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Or disposable scaler tip should be disposed of in a sharps container.





# **Straight Sickle Scaler**

## **Function**

To remove large amounts of deposits from supragingival surfaces

## **Characteristics**

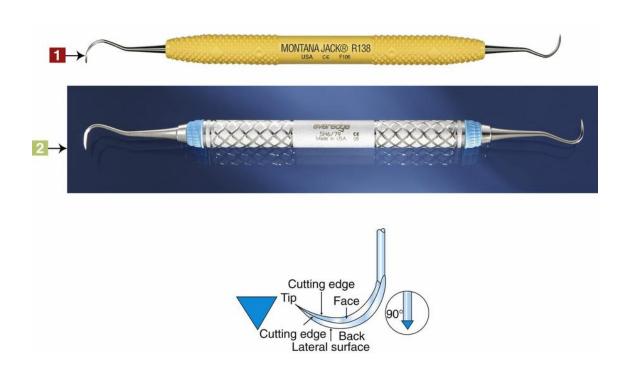
Two cutting edges on straight blade that ends in sharp point Long; two bends in shank Variety of sizes and angles Single or double ended—Two ends may be shaped differently

## **Practice Note**

Straight Sickle Scaler is used on hygiene and periodontal tray setups.

#### **Sterilization Notes**

Straight Sickle Scaler must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Refer to state regulations for any additional state requirements.



## **Curved Sickle Scaler**

## **Function**

To remove large amounts of deposits from supragingival surfaces

## **Characteristics**

Two cutting edges on curved blade that ends in sharp point Long, straight shank with one gentle bend Variety of sizes and angles

Single or double ended—Two ends may be shaped differently

- Montana Jack—Sharper, thinner blades with solid resin handle for comfortable grip.
- Traditional Curved Sickle Scaler

## **Practice Note**

Curved Sickle Scaler is used on hygiene and periodontal tray setups.

#### **Sterilization Notes**

Curved Sickle Scaler must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Micro Mini-Five Area-Specific Curette

## **Function**

To scale into periodontal pockets and root surfaces of 5 mm or more

## **Characteristics**

Blade half the length of After Five or standard Gracey curettes Shank slightly increased rigidity compared with traditional mini five Gracey curettes

## **Practice Notes**

Designed for narrow pockets and furcations Micro Mini-Five Area-Specific Curette—used on hygiene and periodontal tray setups

## **Sterilization Notes**

Micro Mini-Five Area-Specific Curette must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Magnetostrictive Power Scaler**

## **Function**

To use with water-cooled ultrasonic inserts vibrating at high frequency

## **Characteristics**

Ultra-high frequency sound waves convert mechanical energy into vibrations (frequency ranges from 18 to 50 kHz).

Some units (depending on manufacturer) have self-contained water reservoirs.

Some units (depending on manufacturer) have an additional air/water/sodium bicarbonate slurry polishing system to remove extrinsic stains and dental plaque.

A variety of sizes and designs are available.

## **Practice Note**

Magnetostrictive Power Scaler/ Ultrasonic Scaling Unit is used during a routine prophylaxis appointment or for other appointments for root planing.

#### **Sterilization Notes**

Barriers should be used for Power Scaler unit. Refer to the manufacturer's recommendation for disinfecting the unit. Power scaler inserts must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Ultrasonic Scaler Instrument Tip—Supragingival**

## **Functions**

To remove supragingival calculus from teeth

To remove bacterial plaque from periodontal pockets

To remove heavy debris and stains from teeth

To remove excess cement from orthodontic bands after cementation and after band removal

## **Characteristics**

Supragingival Tip is inserted into the tubing on the ultrasonic scaling unit Available in different lengths (called stacks): 25 kHz or 30 kHz, depending on unit Water-cooled inserts (Water systems vary with internal or external water delivery.) Variety of shapes, sizes, and designs, depending on designated and varying grips

#### Example

Original prophy

Tip style

Finely beveled internal water delivery tube

#### **Practice Notes**

Ultrasonic Scaler Tip—Supragingival is used on hygiene and periodontal tray setups. These tips are also known as ultrasonic inserts.

## **Sterilization Notes**

Ultrasonic Scaler Tip—Supragingival must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Ultrasonic Scaler Instrument Tip—Subgingival**

## **Functions**

To remove subgingival calculus from teeth To remove bacterial plaque from periodontal pockets

#### **Characteristics**

Subgingival Scaler Tip— is inserted into the tubing on the ultrasonic scaling unit. Available in different lengths (called stacks): 25 kHz or 30 kHz, depending on unit Water-cooled inserts (Water systems vary with internal or external water delivery.) Variety of shapes, sizes, and designs, depending on designated area and varying grips

Example

After Five design

Tip style

Finely beveled internal water delivery tube (pictured)

#### **Practice Notes**

Ultrasonic Scaler Tip—Subgingival is used on hygiene and periodontal tray setups. These tips are also known as ultrasonic inserts.

## **Sterilization Notes**

Ultrasonic Scaler Tip—Subgingival must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Ultrasonic Scaler Instrument Tip—Furcation**

## **Function**

To remove bacterial plaque from furcation areas

## **Characteristics**

Furcation Tip is inserted into the tubing on the ultrasonic scaling unit. Available in different lengths (called stacks): 25 kHz or 30 kHz, depending on unit Water-cooled inserts (Water systems vary with internal or external water delivery.) Variety of shapes, sizes, and designs, depending on designated area and varying grips

#### Example

Furcation Plus design

Tip style

0.8-mm ball end adapts to furcation, external water delivery tube (pictured)

#### **Practice Notes**

Ultrasonic Scaler Tip—furcation is used on hygiene and periodontal tray setups. These tips are also known as ultrasonic inserts. Pictured: Original Prophy

## **Sterilization Notes**

Ultrasonic Scaler Tip—Furcation must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Ultrasonic Scaler Instrument Tip—Universal**

## **Function**

To remove bacterial plaque and general deposits

## **Characteristics**

Universal tip is inserted into the tubing on the ultrasonic scaling unit. Available in different lengths (called stacks): 25 kHz or 30 kHz, depending on unit Water-cooled inserts (Water systems vary with internal or external water delivery.) Variety of shapes, sizes, and designs, depending on designated area and varying grips

#### Example

Streamline design

## Tip style

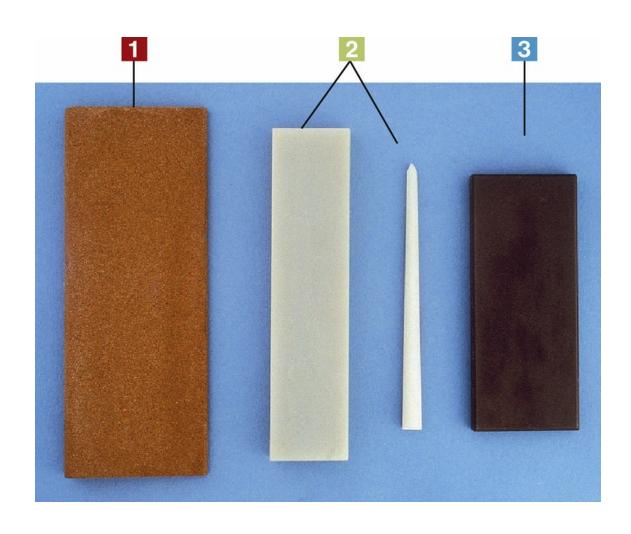
Water delivered directly from base of tip, eliminating need for external water system; efficient at low settings (pictured)

#### **Practice Notes**

Ultrasonic Scaler Tip—universal is used on hygiene and periodontal tray setups. These tips are also known as ultrasonic inserts.

## **Sterilization Notes**

Ultrasonic Scaler Tip—Universal must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Sharpening Stones**

## **Function**

To sharpen scalers and curettes

## **Characteristics**

Types of stones:

- India stones—Remove the most metal when used and should be followed with an Arkansas or ceramic stone
- Arkansas stones—Provide a polished edge (flat and cone-shaped pictured)
- Ceramic stones—Provide a polished edge and do not require lubrication

## **Practice Note**

Sharpening Stones are used on hygiene and periodontal tray setups.

## **Sterilization Notes**

Sharpening Stones must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Battery-Operated Sharpening Device**

## **Function**

To sharpen scalers and curettes

## **Characteristics**

Stone moves underneath a stainless-steel guideplate, which puts the blade at factory angles. Sharpener has a power device with instrument guide channels and a vertical backstop to help control blade angulation. (Pictured: Sidekick Sharpener)

## **Practice Note**

Battery-Operated Sharpening Device should be used with sterile scalers and curettes, and then instruments resterilized after sharpening.

#### **Sterilization Notes**

Barrier wrap; disinfect or sterilize certain parts of equipment according to the manufacturer's recommendation. Sterilized instruments must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Hygiene

## From Left to Right

Mouth mirror, explorer, periodontal probe, cotton forceps, curved sickle scaler, 4L/4R universal posterior, universal Langer  $\frac{1}{2}$ , Ratcliff  $\frac{3}{4}$ , Gracey  $\frac{7}{8}$ , Gracey  $\frac{11}{12}$ , Gracey  $\frac{13}{14}$ , air/water syringe tip, low-volume saliva ejector, high-volume evacuation (HVE) tip

## **Sterilization Notes**



# **Root Planing**

## From Left to Right

Mouth mirror, explorer, periodontal probe, cotton forceps, Gracey ½, Gracey ¾, Gracey ⅙, Gracey <sup>11</sup>/<sub>12</sub>, Gracey <sup>13</sup>/<sub>14</sub>, air/water syringe tip, low-volume saliva ejector, high-volume evacuation (HVE) tip

## **Sterilization Notes**

# Preventive and Sealant Instruments and Whitening Trays





# **Disposables**

## **Functions**

To use with all types of dental procedures To use when area in the mouth needs to stay dry

## **Characteristics**

- Cotton Roll Holder for mandibular arch; one cotton roll is placed on the buccal side of the teeth, and the other is placed on the lingual side of the teeth.
- Disposable Bite Block with ligature tie for safety as to retrieve if patient swallows bite block.
- **■** Cotton Rolls
- Dry Aids for keeping mouth dry—small and large
- Dental floss
- ■2×2 gauze

Dry Aid is placed on the buccal mucosa—inside the cheek—opposite the maxillary second molar near the Stensen's duct to absorb saliva originating from the parotid gland.

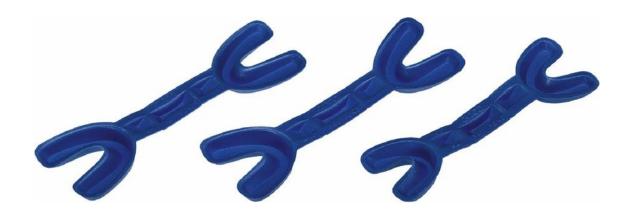
## **Practice Note**

Disposables are used on all dental tray procedures, including sealant and other restorative tray setups.

## **Sterilization Notes**

All Disposables should be disposed of in the garbage. Single use only.





# Fluoride Trays—Disposable

## **Functions**

To fill trays with fluoride; remineralizing enamel To help prevent decay by mineralizing the teeth

## Characteristic

Variety of disposable trays and fluoride available

## **Practice Note**

Fluoride treatment is usually given to children at their 6-month checkup appointment. Fluoride Trays are used on fluoride tray setups.

## **Sterilization Notes**

Fluoride Trays should be disposed of in the garbage. Single use only.





# **Vacuum Former**

## **Functions**

To make whitening trays, custom temporary crowns, night guards, orthodontic positioners, and mouth guards

To heat plastic square for bleaching trays

To vacuum form the plastic tray over the patient's model to make the bleaching tray and devices as mentioned above

## **Characteristics**

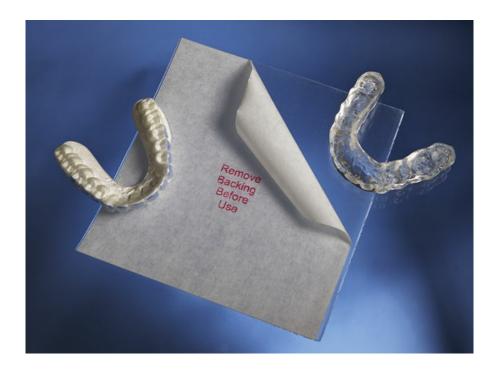
- Heating element that softens the thermoplastic resin
- Handles to pull down plastic
- Vacuum to mold plastic to tray after it is pulled down

## **Practice Note**

Block-out material is light cured on the facial side of the model before whitening trays are made with the vacuum former.

## **Sterilization Notes**

The manufacturer's recommendation should be followed for disinfecting the Vacuum Former.





# **Custom-Fitted Whitening Tray**

## **Function**

To lighten the color of dark or discolored teeth

## **Characteristics**

- Custom-fitted trays are made in the dental office with the vacuum former.
- Trays hold a peroxide-based gel.

Different percentages of gel available

Usage regimens vary according to dentist recommendations

## **Practice Note**

Bleaching Trays should stop short of the gingival margin of the soft tissues to avoid gingival irritation.

## **Sterilization Notes**

Clean and disinfect according to dentist's recommendation.



# Scissors—Short Blade

## **Function**

To precisely cut material especially for whitening trays.

## Characteristic

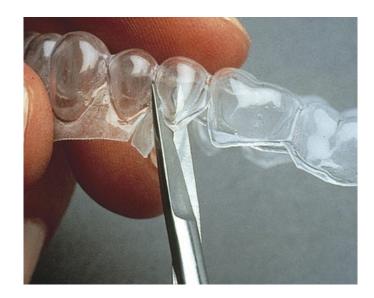
Fine cutting blade

## **Practice Note**

Short-Blade Scissors are used on whitening tray setup and on other operative tray setups.

## **Sterilization Notes**

Scissors—Short Blade must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





## **DIAGNOdent**

## **Functions**

To aid in the detection of caries within the tooth structure To detect caries in the structure of the tooth before placing sealants

## **Characteristics**

DIAGNOdent accurately diagnoses occlusal caries. Laser detects the caries in the tooth, and a digital display is seen on the screen.

## **Practice Note**

DIAGNOdent is used with sealant and occasionally restorative tray setups.

## **Sterilization Notes**

The manufacturer's recommendation should be followed for disinfecting DIAGNOdent unit. Barriers should be placed on wand that is used intraorally. Refer to manufacturer's recommendation for precleaning and sterilization of the DIAGNOdent tips.





# **Spectra Fluorescence Caries Detection Aid System**

## **Functions**

To aid in the detection of caries

To aid in the detection of caries during the restorative phase to verify that all caries have been removed.

## **Characteristics**

Components

- Lightweight handpiece with high resolution, auto-exposure CCD sensor
- Spacer that maintains an appropriate distance between the lens tip and the tooth surface and blocks stray light during examinations
- Cable to connect handpiece to computer
  - Uses fluorescence to detect caries in fissures and smooth surfaces
- Doppler radar-like images provide both color and numerical indicators; in active mode, carious regions appear red, and healthy enamel appears green

120-degree button ring allows the user to freeze, unfreeze, and capture images with one finger.

#### **Practice Note**

The Spectra detects decay hidden between the margins of existing composite and amalgam restorations.

## **Sterilization Notes**

The manufacturer's recommendation should be followed for disinfecting Spectra. Barriers should be placed on camera handpiece that is used intraorally. Spacers are reusable however must be precleaned and sterilized before use.



# **Prophylaxis Polishing**

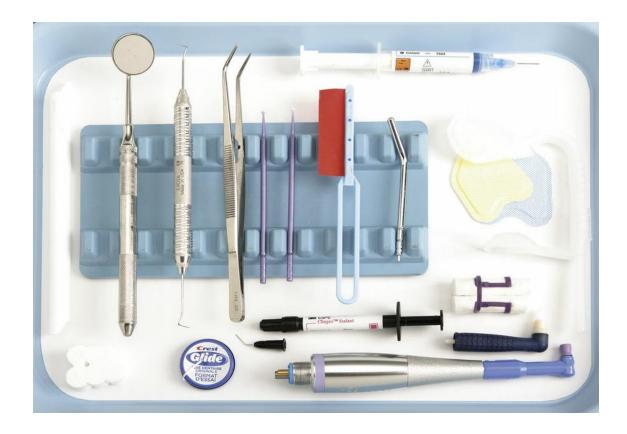
# Top (Left to Right)

Mouth mirror, explorer, cotton forceps, air/water syringe tip, polishing agent without fluoride, dental floss, low-volume saliva ejector, high-volume evacuator (HVE) tip

## **Bottom (Left to Right)**

Prophy slow-speed handpiece with disposable prophy angle attachment with polishing cup, disposable prophy angle attachment with tapered brush

## **Sterilization Notes**



## **Sealant**

## **Very Top of Tray**

Syringe with etchant

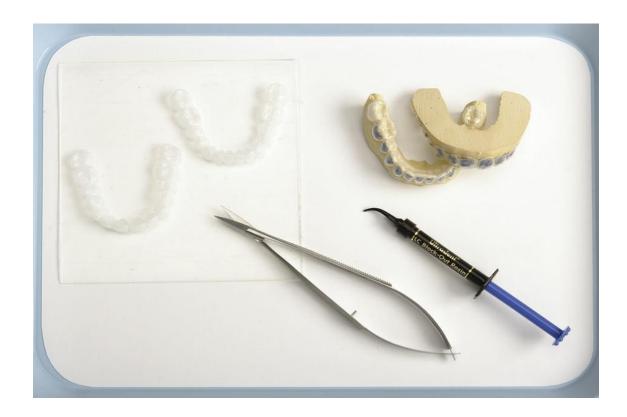
## **Top Row (Left to Right)**

High-volume evacuator tip (HVE), mouth mirror, explorer, cotton forceps, microbrushes, disposable articulating paper holder and articulating paper, air/water syringe tip, dry aids, low-volume evacuator for mandibular, cotton rolls in disposable holder

## **Bottom Row (Left to Right)**

Disposable bite block, dental floss, sealant syringe and syringe tip, prophy slow-speed handpiece with disposable prophy angle attachment with polishing cup, disposable prophy angle attachment with tapered brush

## **Sterilization Notes**



# Whitening

## Left to Right

Thermoplastic resin square, bleaching trays (maxillary and mandibular), short-blade scissors, blockout material for models, bleaching trays on maxillary and mandibular models

## **Sterilization Notes**

# **Orthodontic Instruments**



# **Elastic Separators**

## **Functions**

To separate teeth before banding a tooth for orthodontic treatment To place around contact area of tooth

## Characteristic

Elastomeric separators—Various sizes for different contact areas

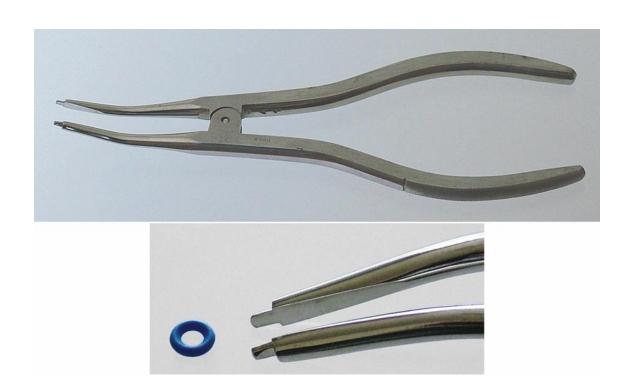
## **Practice Note**

Separators are placed on orthodontic separating tray setup.

## **Sterilization Notes**

Elastomeric Separators should be disposed of in the garbage. Single use only.





# **Elastic Separating Pliers**

## **Function**

To grip and place separators around contact area of tooth

## Characteristic

Single ended

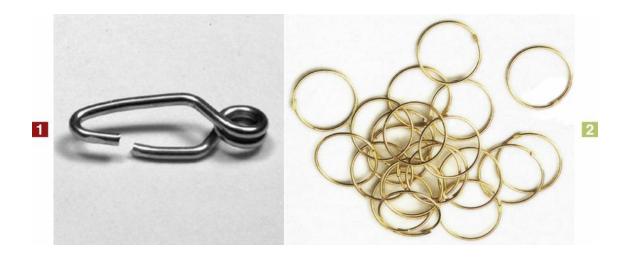
## **Practice Note**

Elastic Separating Pliers are only used on the orthodontic tray setup.

## **Sterilization Notes**

Elastic Separating Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Steel Spring Separators/Brass Wire Separators**

## **Functions**

To separate teeth before banding a tooth for orthodontic treatment To place around contact area of tooth

## **Characteristics**

- Steel Spring Separators Various sizes for different-sized contact areas
- Brass Wire Separators—Placed around contact and twisted clockwise and then cut 3 mm and tucked in order not to impinge on tissue or occlusion Placed with orthodontic hemostat or bird beak pliers

## **Practice Note**

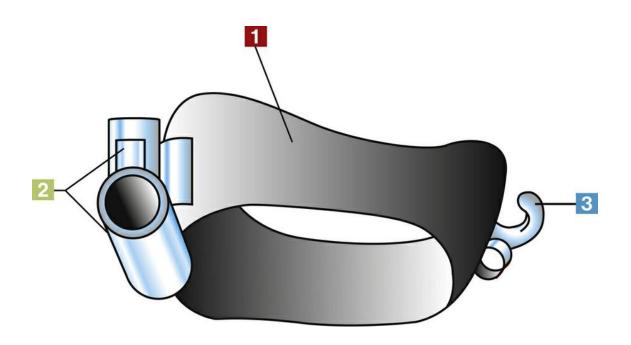
Separators are placed on orthodontic separating tray setup.

## **Sterilization Notes**

Steel Spring Separators and Brass Wire Separators should be disposed of in a sharps container. Single use only.







# **Orthodontic Band with Tubing and Hook**

## **Functions**

To fit and cement or bond band around the middle third of the coronal part of the tooth To hold orthodontic arch wire in place (arch wire moves the teeth, many different shapes and sizes) To secure headgear in tubing on band

## **Characteristics**

- Band
- Tubing:

Arch wire tube (top)—Holds arch wire in place Headgear tube (bottom)—Holds headgear in place

■ Hook−Place where elastics are attached. Example: Class II, Class III pull

## **Practice Note**

Orthodontic Band is used on orthodontic banding tray setup.

## **Sterilization Notes**

Orthodontic Band should be disposed of in a sharps container. Single use only.





## **Band Pusher**

## **Function**

To push orthodontic bands into place during try-in and cementing phases

## Characteristic

Single or double ended

## **Practice Note**

Band Pusher is only used on the orthodontic tray setup.

## **Sterilization Notes**

Band Pusher must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Band Pusher or Plugger with Scaler**

## **Functions**

To seat or place orthodontic bands during try-in and cementing phases To remove excess material after cementation or bonding of bands

## **Characteristics**

Double ended:

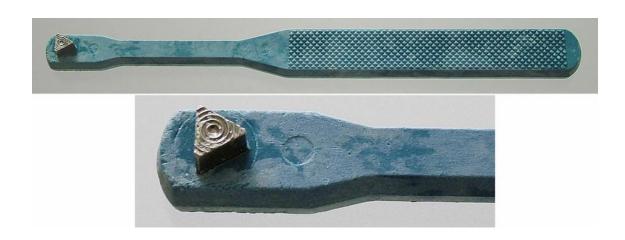
- Band Pusher or Plugger
- Scaler

#### **Practice Note**

Band pusher with scaler is used on the orthodontic tray setup.

#### **Sterilization Notes**

Band Pusher or Plugger with Scaler must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## **Band Seater—Bite Stick**

## **Function**

To assist seating or placing of orthodontic bands for try-in or cementing phase

## **Characteristics**

Single ended

Available in square tip or triangle tip (pictured)

#### **Practice Notes**

The patient bites down on the smooth end of the instrument to apply pressure to seat the band. Band Seater—Bite Stick is only used on the orthodontic tray setup.

## **Sterilization Notes**

Band Seater—Bite Stick must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Orthodontic Bracket**

## **Function**

To hold orthodontic arch wire in place (arch wire moves the teeth)

## **Characteristics**

Bracket is bonded to tooth. Hold arch wire in place Many different types available:

- Metal brackets
- Ceramic brackets (for esthetic purposes)

## **Practice Note**

Orthodontic Brackets are used on orthodontic bonding tray setup.

## **Sterilization Notes**

Orthodontic Brackets should be disposed of in a sharps container. Single use only.





# **Bracket Placement Card**

## **Function**

To place each bracket and/or band on card according to tooth placement in mouth

## Characteristic

Tape on card holds brackets in place before they are bonded to teeth.

## **Practice Note**

Bracket Placement Card is only used on the orthodontic tray setup.

## **Sterilization Notes**

Bracket Placement Card should be disposed of in the garbage. Single use only.



## **Posterior Bracket Placement Pliers**

## **Functions**

To hold and carry bracket by placing tip of pliers into slot of bracket To place bracket on tooth for bonding

## Characteristic

Range of sizes

#### **Practice Note**

Posterior Bracket Placement Pliers are only used on the orthodontic tray setup.

#### **Sterilization Notes**

Posterior Bracket Placement Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## **Anterior Bracket Placement Pliers**

## **Functions**

To hold and carry bracket by placing tip of pliers into slot of bracket To place bracket on tooth for bonding

## Characteristic

Range of sizes

#### **Practice Note**

Anterior Bracket Placement Pliers are only used on the orthodontic tray setup.

#### **Sterilization Notes**

Anterior Bracket Placement Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Orthodontic (Shure) Scaler**

## **Functions**

To place brackets for bonding (both ends)

To remove separators (scaler end)

To remove elastic ligature ties (scaler end)

To remove excess cement or bonding material (scaler end)

To check for loose bands and brackets (both ends)

#### **Characteristics**

Universal instrument used for several orthodontic functions Single ended—Scaler or band pusher Double ended:

- Band pusher
- Orthodontic scaler

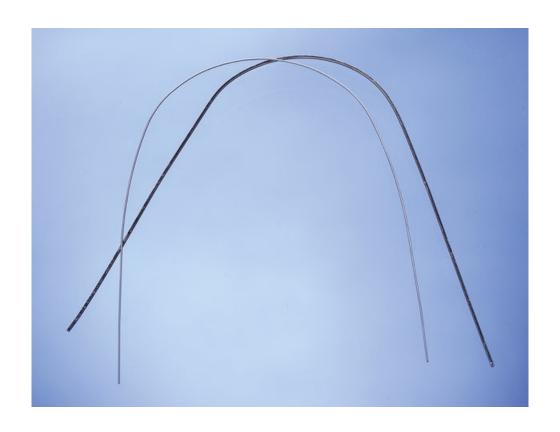
#### **Practice Note**

Orthodontic Scaler is used on the orthodontic tray setup.

## **Sterilization Notes**

Orthodontic Scaler must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





## **Arch Wire**

#### **Function**

To place into slots of each bracket and secure with a wire or elastomeric ligature tie on every bracket

To move teeth with the force of the arch wire

## **Characteristics**

Different types of arch wire available according to stage of the orthodontic treatment Nickel titanium—Flexible wire

Stainless steel wire—Stiff and stronger than other types of wire

Beta titanium—Combination of flexibility, strength, and memory

Optiflex—Made from composite material for light force (initial stages) and esthetic purposes Different shapes and thickness in diameter available according to initial, intermediate, and advanced treatment:

Round wire—Initial and intermediate stages of treatment Square, rectangular—Final stages of treatment

#### **Practice Note**

Arch Wire is used during all phases of orthodontic treatment when brackets and bands are placed on the teeth.

## **Sterilization Notes**

Arch Wire must be disposed of in a sharps container.





# How (or Howe) Pliers

## **Functions**

To place and remove arch wires To check for loose bands

## **Characteristics**

All-purpose pliers for orthodontic procedures Serrated tips for better grip on wire Straight or curved beaks

## **Practice Note**

How Pliers are only used on the orthodontic tray setup.

#### **Sterilization Notes**

How Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Weingart Utility Pliers**

## **Functions**

To place and remove arch wires
To aid a variety of functions for orthodontic procedures
To remove bonded brackets by squeezing bracket

#### Characteristic

Working ends—Tapered, slim tips to allow pliers to fit between brackets for ease of arch wire placement

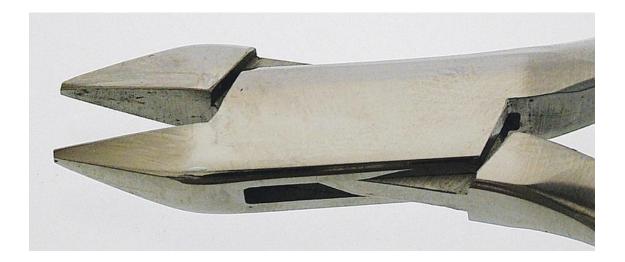
#### **Practice Note**

Weingart Utility Pliers are only used on the orthodontic tray setup.

#### **Sterilization Notes**

Weingart Utility Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Arch-Bending Pliers**

## **Function**

To bend arch wires

## Characteristic

Variety of styles, depending on type of arch wire used—Round, square, or rectangular

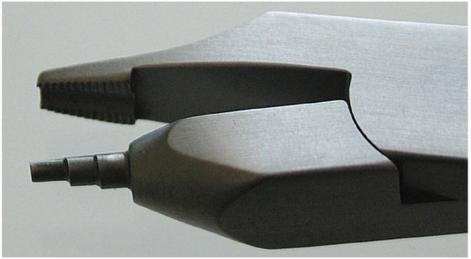
## **Practice Note**

Arch-Bending Pliers are only used on the orthodontic tray setup.

## **Sterilization Notes**

Arch-Bending Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Tweed Loop-Forming Pliers (Jarabak Pliers)**

## **Functions**

To bend and form loops in arch wire To bend wires for removable appliances

#### **Characteristics**

Grooves in beak—Help to bend and form loops in wire Variety of styles

## **Practice Note**

Tweed Loop-Forming Pliers are only used on the orthodontic tray setup.

## **Sterilization Notes**

Tweed Loop-Forming Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Three-Prong Pliers**

## **Function**

To contour and bend light wire

## Characteristic

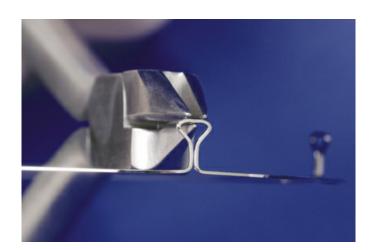
Range of sizes available

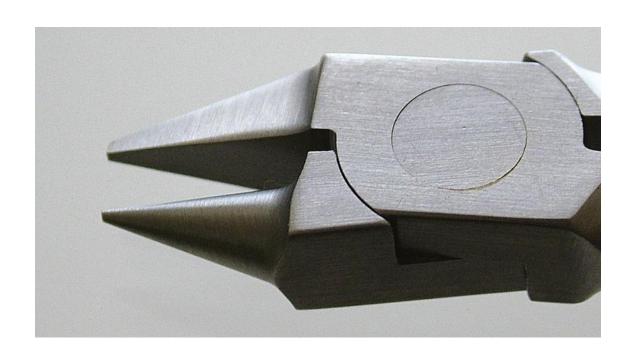
## **Practice Note**

Three-Prong Pliers are only used on the orthodontic tray setup.

## **Sterilization Notes**

Three-Prong Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





## **Bird Beak Pliers**

## **Functions**

To bend and form orthodontic wire To remove bonded bracket by squeezing bracket

## **Characteristics**

Versatile wire-bending pliers Beaks on working end meet very precisely

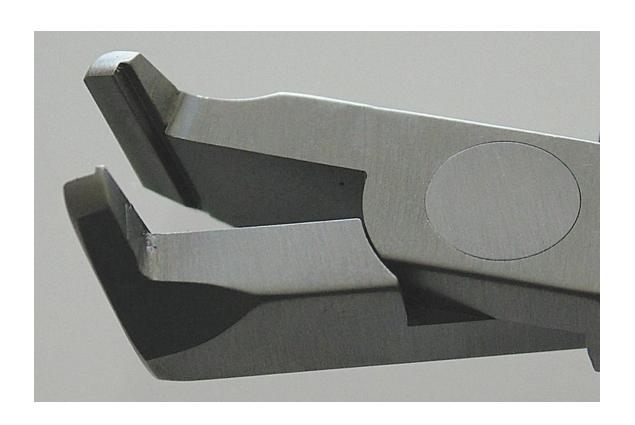
## **Practice Note**

Bird Beak Pliers are only used on the orthodontic tray setup.

## **Sterilization Notes**

Bird Beak Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Distal End-Cutting Pliers**

## **Function**

To cut distal end of arch wire after placement in brackets and buccal tubes

## Characteristic

Catch and hold excess wire after wire has been cut

## **Practice Note**

Distal End-Cutting Pliers are only used on the orthodontic tray setup.

## **Sterilization Notes**

Distal End-Cutting Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Ligatures Ties**

#### **Function**

To secure the arch wire to the band or bracket

#### **Characteristics**

Wire Ligature Ties
Thin, flexible wire
Comes in precut length or spools
Kobayashi Ties

Preformed hook

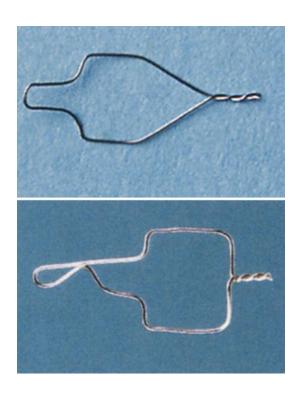
■ Elastic Ligature Ties Available in different colors Comes on a stick (pictured), canes, and chains

### **Practice Note**

Ligature Ties are used on the orthodontic archwire placement tray setup.

#### **Sterilization Notes**

Wire Ligature Ties must be disposed of in a sharps container. Elastic ligature ties should be disposed of in garbage.





# **Ligature-Tying (Coon) Pliers**

#### **Function**

To tie in ligature to arch wire

#### **Characteristics**

Channel on pliers—Locks wire ends in place as tips spread Variety of styles

#### **Practice Note**

Ligature-Tying Pliers are only used on the orthodontic tray setup.

#### **Sterilization Notes**

Ligature-Tying Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Orthodontic Hemostat**

#### **Functions**

To hold and place separators To hold, place, and/or tie ligatures to arch wire

#### Characteristic

Multifunctional instrument for orthodontic procedures

Example

Mathieu pliers

#### **Practice Note**

Orthodontic Hemostat is used on the orthodontic tray setup.

#### **Sterilization Notes**

Orthodontic Hemostat must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Ligature/Wire Cutters**

#### **Functions**

To cut ligature after it has been tied to arch wire To cut ligature tie to allow removal of arch wire

#### Characteristic

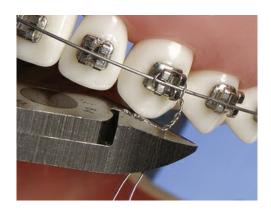
Range of sizes available

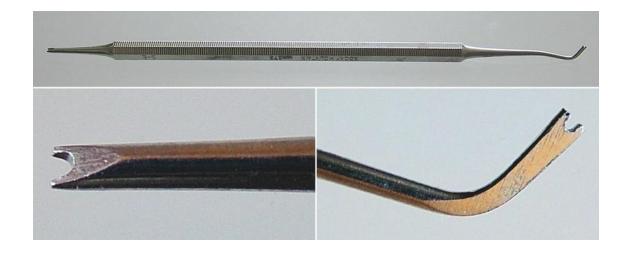
#### **Practice Note**

Ligature/Wire Cutters are used on the orthodontic tray setup.

#### **Sterilization Notes**

Ligature/Wire Cutters must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Ligature Director**

#### **Function**

To place ligature wire around brackets after it has been tied to arch wire

### **Characteristics**

Single or double ended Ends of instrument—Have notches to assist placement of ligature tie around brackets

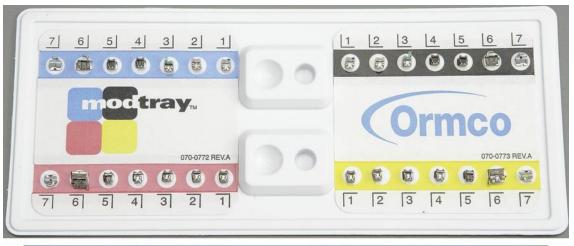
#### **Practice Note**

Ligature Director is used on the orthodontic archwire placement tray setup.

#### **Sterilization Notes**

Ligature Director must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# **Bracket Placement Card for Damon Self-Ligating Brackets**with Self-Ligating Instrument

#### **Functions**

To place each bracket on card according to tooth placement in mouth Self-Ligating Instrument—To close bracket around arch wire; ligature tie not needed

#### Characteristic

Tape on card holds brackets in place before they are bonded to teeth.

#### **Practice Note**

Bracket Placement Card and self-ligating instrument are used only on orthodontic bonding bracket tray setup.

#### **Sterilization Notes**

Bracket Placement Card should be disposed of in the garbage. Single use only. Self-ligating instrument must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.









# **Self-Ligating Brackets with Self-Ligating Instrument**

#### **Functions**

To place each bracket on card according to tooth placement in mouth Instrument—To open and close bracket around arch wire; ligature tie not needed

#### Characteristic

Tape on card holds brackets in place before they are bonded to teeth.

#### **Practice Note**

Bracket Placement Card and self-ligating instrument are used only on orthodontic bonding bracket tray setup.

#### **Sterilization Notes**

Bracket Placement Card should be disposed of in the garbage. Single use only. Self-ligating instrument must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Lip Retractors**

#### **Functions**

To retract lips, allowing for intraoral access for bonding brackets To retract lips for intraoral orthodontic photographs

#### **Characteristics**

- Reusable Lip Retractors
- Disposable Lip Retractors

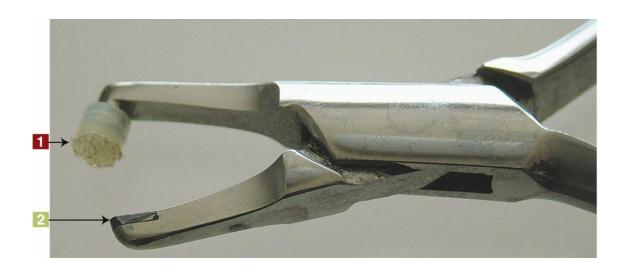
#### **Practice Note**

Lip Retractors are used with orthodontic procedures and other tray setups that include taking intraoral photographs.

#### **Sterilization Notes**

Reusable Lip Retractors must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable Lip Retractors should be disposed of in garbage.





### **Posterior Band Remover**

#### **Function**

To remove orthodontic bands from teeth

#### **Characteristics**

Two beak types:

- One beak has round cover to place on occlusal surface of tooth to prevent damage during removal of band. Cover can be replaced.
- Opposite beak is curved and is placed on gingival side of bracket to apply pressure and remove band from tooth.

#### **Practice Note**

Posterior Band Remover is used on the orthodontic tray setup.

#### **Sterilization Notes**

Posterior Band Remover must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





### **Bracket Remover**

#### **Function**

To remove anterior or posterior brackets from teeth

#### Characteristic

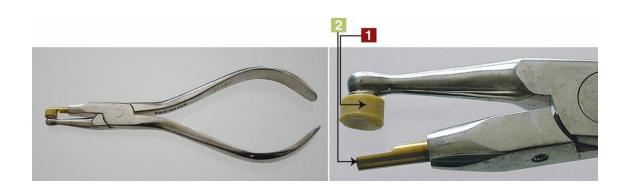
Grasp bracket to remove it from tooth.

#### **Practice Note**

Bracket Remover is used on the orthodontic tray setup.

#### **Sterilization Notes**

Bracket Remover must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Adhesive-Removing Pliers**

#### **Function**

To remove excess adhesive after debonding of brackets

#### **Characteristics**

- Plastic pad on round end (pad can be changed)
- Carbide-inserted tip on short beak—Used to remove the bulk of composite material after debonding

#### **Practice Note**

Adhesive-Removing Pliers are used on the orthodontic tray setup.

#### **Sterilization Notes**

Adhesive-Removing Pliers must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Invisalign and CEREC Omnicam**

#### **Function**

To take images with an intraoral Wand/Camera of the maxillary and mandibular arches. Images are sent to the computer.

To send images to a lab to manufacuture Invisalign appliances

#### **Characteristics**

- Wand/Camera that captures images connected to the computer
- Cerec Omnicam captures the images of teeth in the maxillary and mandibular arches for Invisalign orthodontic appliances that move teeth for Orthodontic procedures.
- Invisalign appliance
- Traditional orthodontics

Images are send to the lab to manufacture a series of Invisalign appliances for Orthodontic movement of the teeth.

#### **Practice Note**

The CEREC Omnicam is used mainly for Orthodontic Invisalign appliances

#### **Sterilization Notes**

Barriers should be used for the intraoral Wand/Camera. Barriers or overgloves should be used for manipulating the computer on the Cerec Omnicam. Otherwise, refer to the manufacturer's recommendation for disinfecting.







# **Temporary Anchorage Device (TAD)**

#### **Function**

To aid in the movement of teeth with skeletal anchorage assisting in orthodontic treatment Some examples of TAD:

Closure of space between teeth

Tooth uprighting

Open bite correction

To provide an anchor point to move teeth

#### **Characteristics**

#### ■ TAD

TAD (arrow) inserted for movement of teeth TADs are small titanium anchors also referred to as mini implants or mini screws. Before placement, chlorhexidine solution (an antibacterial solution) is placed on the area before anesthesia.

TAD surgery procedure is referred by the orthodontist to a periodontist or a maxillofacial surgeon.

#### **Practice Note**

TADs are used with periodontal and maxillofacial surgery setups, oral surgery or periodontal surgery setup, and orthodontic tray setups.

#### **Sterilization Notes**

TADs must be disposed of in Sharps container. Single use only. Refer to state regulations for any additional state requirements.



# **Orthodontic Tooth Separating**

### Top

Elastic separators, spring coil separators

### **Bottom (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), orthodontic (Shure) scaler, elastic separating pliers, floss, orthodontic hemostat (Mathieu pliers), air/water syringe tip, low-volume saliva ejector tip, high-volume evacuation (HVE) tip

#### **Sterilization Notes**

Refer to each individual picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Orthodontic Cementing and Bonding Brackets**

### **Top Row (Left to Right)**

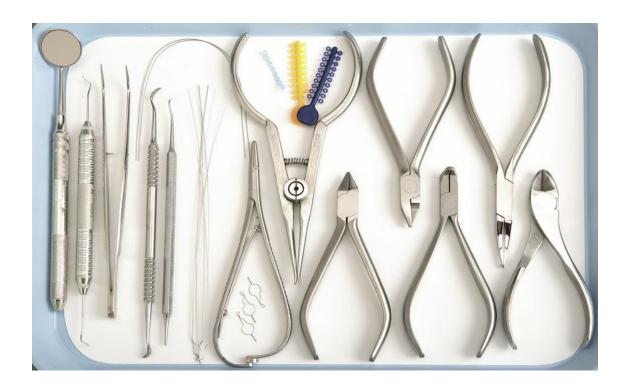
Bracket placement card with brackets, orthodontic bands, polishing agent without fluoride or glycerin, disposable prophy angle with polishing cup, air/water syringe tip

#### **Bottom Row (Left to Right)**

Mouth mirror, explorer, cotton forceps, orthodontic scaler (Shure scaler), band seater-bite stick, posterior band remover, anterior bracket placement pliers, posterior bracket placement pliers, flexible cement spatula, low-volume saliva ejector, high-volume evacuation (HVE) tip, microbrushes, disposable cheek retractors

#### **Sterilization Notes**

Refer to each individual picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Orthodontic Tying-In Arch Wire**

### Top (Left to Right)

Preformed archwire, elastic ligature ties

### **Bottom (Left to Right)**

Mouth mirror, explorer, cotton forceps, orthodontic (Shure) scaler, ligature director, wire ligature ties, orthodontic hemostat (Mathieu pliers), (under orthodontic hemostat, short wire ligature ties), ligature-tying (Coon) pliers, bird beak pliers, arch-bending pliers, distal-end cutting pliers, How (Howe) pliers, ligature/wire cutters

#### **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Orthodontic Removing Bands and Brackets**

### Left to Right

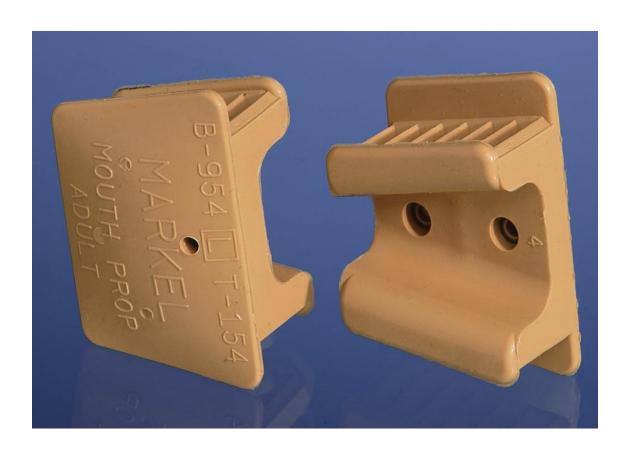
Mouth mirror, explorer, cotton forceps, orthodontic (Shure) scaler, posterior band remover, bird beak pliers, universal curette, low-volume saliva ejector, high-volume evacuation (HVE) tip, air/water syringe tip

#### **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

# **Universal Surgical Instruments**





# **Mouth Prop**

#### **Function**

To hold patient's mouth open during dental procedures

#### **Characteristics**

Placed in posterior part of mouth while patient bites down Often used for sedated patients Disposable mouth props available Range of sizes—Pediatric to large adult

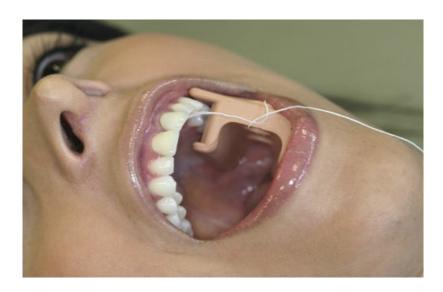
#### **Practice Notes**

Mouth Prop could be used with any dental procedure, including but not exclusive to operative or surgical.

Ligate with floss for safety of patient choking.

#### **Sterilization Notes**

Mouth Prop must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable Mouth Props should be disposed of in garbage. Single use only.





# **Mouth Gag**

#### **Function**

To hold patient's mouth open during dental procedures

### **Characteristics**

Often used for sedated patients Locking device Range of sizes available

#### **Practice Note**

Mouth Gag is mostly used for oral surgery and periodontal surgical procedures when patient is sedated.

#### **Sterilization Notes**

Mouth Gag must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Scalpel Handle with Blades**

#### **Functions**

Handle:

To hold blade in place

Blades:

To cut tissue with blade

To trim interproximal restorations

#### **Characteristics**

■ Disposable Handle/Blade in one unit

Scalpel Handle

Blades—Disposable, variety of shapes and sizes:

■ #12 Blade

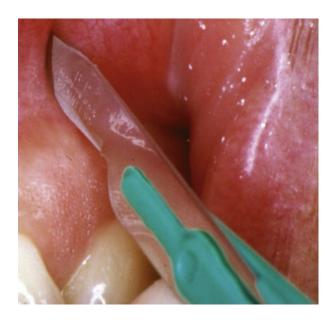
#15 Blade

#### **Practice Note**

Scalpel with Blades mostly used on oral surgery and periodontal surgical tray setups and occasionally used with composite tray setups for removing flash material and interproximal carving.

#### **Sterilization Notes**

Scalpel Handle must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Scalpel blade must be disposed of in a sharps container. Disposable handle and blade in one unit must be disposed of in a sharps container.





# **Scalpel Blade Remover**

### **Function**

To safely remove blade from scalpel handle

### **Characteristics**

Removes all sizes of blades Autoclavable

### **Practice Notes**

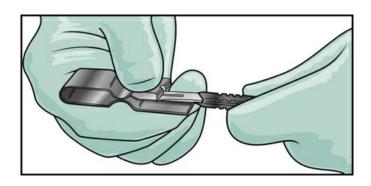
Steps for removing blade:

- Insert blade with blade side up; align to notch.
- Press down on blade remover.
- Pull handle away from blade.

Scalpel Blade Remover is mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Scalpel Blade Remover must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Scalpel blade must be disposed of in a sharps container.





# **Tissue Scissors**

### **Function**

To cut tissue

### **Characteristics**

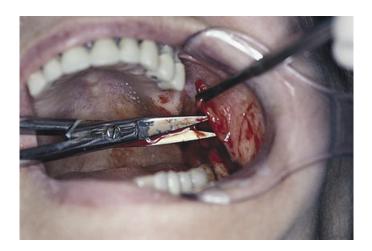
Straight or curved Variety of shapes and sizes Variety of uses

### **Practice Note**

Tissue Scissors are mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Tissue Scissors must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Tissue Forceps**

### **Function**

To hold tissue during surgical procedures

### **Characteristics**

Serrated or rat-tooth tips Range of sizes available

### **Practice Note**

Tissue Forceps are mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Tissue Forceps must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





### **Hemostat**

### **Function**

To grasp tissue or bone fragments
To hold and grasp material in and out of the oral cavity

### **Characteristics**

Straight or curved Working end—Serrated and/or locking Variety of functions in other dental procedures Range of sizes available

### **Practice Notes**

Hemostat is mostly used on oral surgery and periodontal surgical tray setups. Hemostat is also used on restorative and many other tray setups.

### **Sterilization Notes**

Hemostat must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



### **Periosteal Elevator**

### **Functions**

To separate tissue from tooth or bone To hold tissue away from surgical site

### **Characteristics**

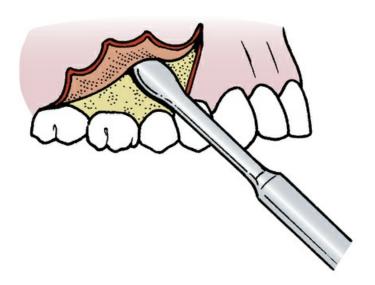
Working end—Pointed or round Range of sizes available

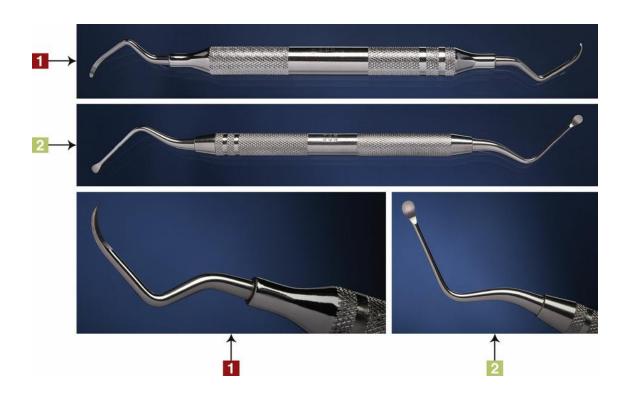
### **Practice Note**

Periosteal Elevator is used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Periosteal Elevator must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Surgical Curette**

### **Functions**

To remove debris or granulation tissue from surgical site To remove cyst from extraction site or surgical site To perform gross tissue débridement

### **Characteristics**

Single or double ended Variety of sizes and shapes Examples of commonly used types:

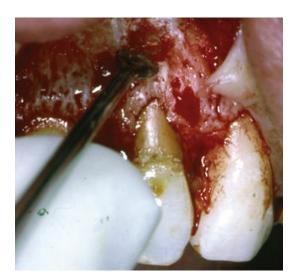
- Prichard
- Miller

### **Practice Note**

Surgical Curette is mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Surgical Curette must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Tongue and Cheek Retractor**

### **Function**

To hold and retract tongue or cheek during surgery

### Characteristic

Variety of styles and sizes Example of commonly used type: Minnesota (pictured)

### **Practice Note**

Tongue and Cheek Retractor is mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Tongue and Cheek Retractor must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Surgical Needle Holder**

### **Function**

To grasp and manipulate suture needle during use

### **Characteristics**

Working end—Different lengths, curved or straight Notched ends available (to accommodate needle) Range of sizes—Micro for microsurgery to large Variety of styles:

- Universal
- Castroviejo

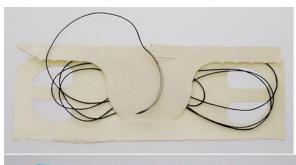
### **Practice Note**

Needle Holder is mostly used on oral surgery and periodontal surgical tray setups.

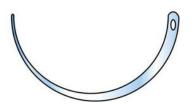
### **Sterilization Notes**

Needle Holder must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.









# **Suture Needle and Sutures**

### **Function**

To suture surgical site

### **Characteristics**

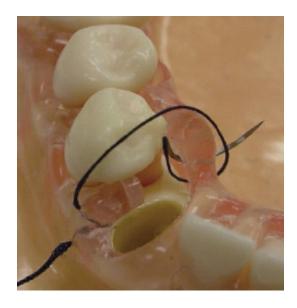
Resorbable sutures—Gut plain, chromic gut, polyglycolic acid (PGA) Nonresorbable sutures—Silk, nylon, polyester, polypropylene Available in sterile package Variety of suture needle sizes available with different sutures

### **Practice Note**

Suture Needle and Sutures are mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Suture Needle and Sutures must be disposed of in a sharps container.





# **Suture Scissors**

### **Function**

To cut sutures

### **Characteristics**

Cutting edges—Straight or angled May have notch on end of cutting edge (shown in picture) Range of sizes

### **Practice Note**

Suture Scissors are mostly used on oral surgery and periodontal surgical tray setups.

### **Sterilization Notes**

Suture Scissors must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Tray Setup**

# **Universal Surgical**

# **Top Row (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), scalpel with #12 blade, periosteal elevator, surgical curette (Prichard), tissue forceps, hemostat, tissue scissors, mouth prop, needle holder, suture scissors, tongue and cheek retractor, disposable high-volume surgical evacuation tip, high-volume surgical evacuation tip

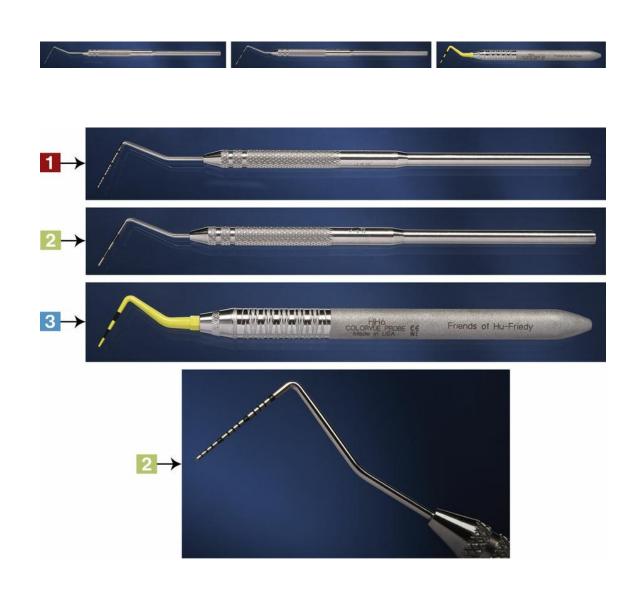
### **Bottom Row**

Silk suture with needle in sterile package

### **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

# Periodontal Instruments and Periodontal Surgical Instruments



### **Periodontal Probes**

### **Function**

To measure periodontal pocket depth in millimeter increments

### **Characteristics**

Flat or rounded ends

Millimeter-increment markings vary for each style:

- Color coded—Black markings for millimeter measurements
- Other styles—Indentations in metal for millimeter measurement-each indentation represents a millimeter.
- Color-ended probe with black visible markings—Replaceable tip, different tip designs, plastic tip safe for implant probing

Double-ended style available with probe on one end and explorer on the other Computerized probes available

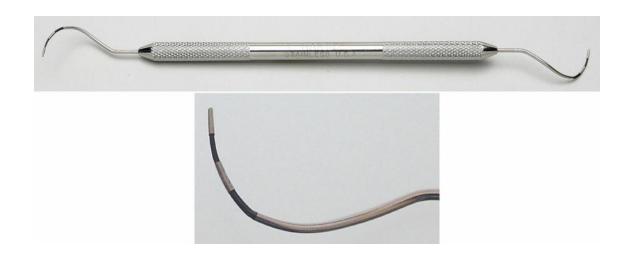
### **Practice Note**

Periodontal Probe is used on basic setup, dental hygiene, and periodontal tray setups.

### **Sterilization Notes**

Periodontal Probes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Furcation Probe**

### **Function**

To measure horizontal and vertical pocket depth of multirooted teeth in furcation areas

### **Characteristics**

Flat or rounded ends Single or double ended

Millimeter-increment markings vary for each style:

- Color coded—Black markings for millimeter measurements
- Other styles—Indentations in metal for millimeter measurements

### Example

Nabors probe (color coded)

### **Practice Note**

Furcation Probe is used on basic, dental hygiene, and periodontal tray setups.

#### Sterilization Notes

Furcation Probes must be precleaned, placed in sterilization pouch or bag and sealed or wrapped and secured with processing indicating tape, and then sterilized. An internal processing indicator should be included with each sterilization pouch or wrap. When an internal processing indicator is not visible, then an external processing indicator should be placed on the outside of the packaging. Indicators should be checked immediately upon removal from sterilizer to verify the appropriate color change has been achieved. Refer to state regulations for any additional state requirements.





# Hoe Scaler—Mesial/Distal and Buccal/Lingual

### **Function**

To remove subgingival and supragingival calculus

### **Characteristics**

- Mesial/Distal Hoe
- Buccal/Lingual Hoe scaler

Used with pulling motion

Straight cutting edge

Single or double ended

Designed to function in anterior or posterior locations

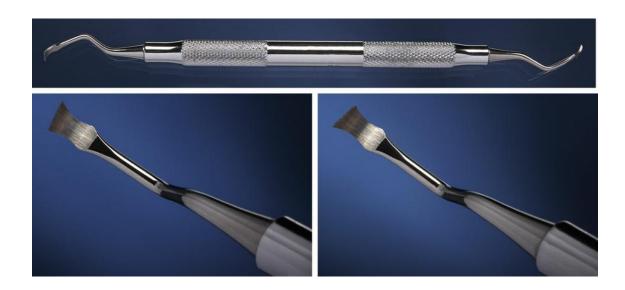
- Anterior—Shorter, straighter shanks
- Posterior—Longer, angled shanks

### **Practice Note**

Mesial/Distal and Buccal/Lingual Hoe scalers, according to procedure performed, could be used on dental hygiene and periodontal tray setups.

### **Sterilization Notes**

Mesial/Distal and Buccal/Lingual Hoes scalers must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Back-Action Hoe**

### **Function**

To remove bone adjacent to teeth without causing trauma

### **Characteristics**

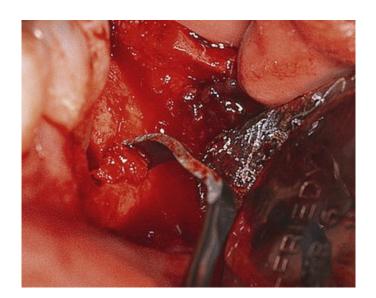
Double ended Variety of sizes and shapes

### **Practice Note**

Back-Action Hoe, according to procedure performed, could be used on dental hygiene and periodontal tray setups.

### **Sterilization Notes**

Back-Action Hoe must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Periodontal Knife—Kidney Shaped

### **Functions**

To use for bevel incision for gingivectomy To use for gingivoplasty

### **Characteristics**

Variety of sizes and shapes

Named by designer: Kirkland, Goldman-Fox, Buck, Solt

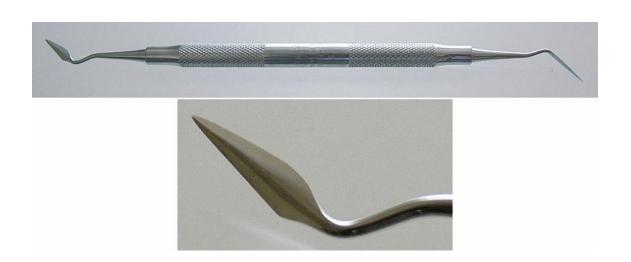
### **Practice Note**

Periodontal Knife—kidney shaped is used on periodontal surgical tray setups.

### **Sterilization Notes**

Periodontal Knife—Kidney Shaped must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Interdental Knife—Spear Point

### **Functions**

To use for interdental cutting of gingiva To remove tissue

### **Characteristics**

Blade angulated for easier use Named by designer: Orban, Goldman-Fox, Buck, Sanders Single or double ended Range of sizes

Example Buck 5%

### **Practice Note**

Interdental Knife—spear point is used on periodontal surgical tray setups.

### **Sterilization Notes**

Interdental Knife—Spear Point must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Interdental File**

### **Function**

To crush and remove heavy deposits from subgingival and supragingival interproximal areas

### **Characteristics**

Used with push or pull motion Various angles—Curved, straight, mesial/distal, and buccal/lingual

### **Examples**

Sugarman, Schluger, Buck Range of sizes available

### **Practice Note**

Interdental File is used on periodontal surgical tray setups.

### **Sterilization Notes**

Interdental File must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Tray Setup**

# **Periodontal Surgical**

### Top Row—Left to Right

Mouth mirror, explorer, cotton forceps (pliers), periodontal probe, furcation probe, mesial/distal hoe, buccal/lingual hoe, back-action hoe, kidney-shaped periodontal knife, interproximal knife, bone file, tissue forceps, surgical curette, periosteal elevator

#### **Bottom Row—Left to Right**

Tissue scissors, scalpel with #12 blade, hemostat, silk sutures with needle, needle holder, suture scissors, cheek and tongue retractor (Minnesota), mouth prop, disposable high-volume surgical evacuation tip

#### **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to Chapter 15 for complete instruments used in periodontal surgery. Also refer to other chapters for additional instruments on tray setup that are not included in this chapter.

# **Oral Surgery Extraction Instruments**





# **Straight Elevator**

#### **Functions**

To loosen tooth from periodontal ligaments before extraction To separate and lift tooth from socket

#### **Characteristics**

Single ended Range of sizes available

#### **Practice Note**

Straight Elevator is used on surgical extraction tray setups.

#### **Sterilization Notes**

Straight Elevator must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Luxating Elevator**

#### **Functions**

To cut periodontal ligaments before extraction To rock tooth back and forth before extraction

#### **Characteristics**

Single ended Sharp blade on working end Blade is serrated Range of sizes available

#### **Practice Note**

Luxating Elevator is used on surgical extraction tray setups.

#### **Sterilization Notes**

Luxating Elevator must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



### **Periotomes**

#### **Functions**

To cut periodontal ligaments for atraumatic tooth extraction To use when dental implant placement is indicated

#### **Characteristics**

Thin, sharp blades—Cause minimal damage to periodontal ligaments and surrounding alveolar bone
Straight or angled blades
Single or double ended
Range of sizes available
Some manufacturers make replaceable tip.

#### **Practice Note**

Periotomes are used on surgical extraction tray setups.

#### **Sterilization Notes**

Periotomes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







### **Root Elevators**

#### **Functions**

To loosen root
To separate and lift root from socket
To use on posterior teeth

#### **Characteristics**

Single ended Right and left pairs Range of sizes available

Example

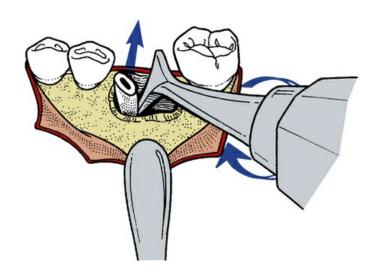
Cryer (commonly used type)

#### **Practice Note**

Root Elevators are used in surgical extraction tray setups.

#### **Sterilization Notes**

Root Elevators must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







### **T-Bar Elevators**

#### **Functions**

To loosen tooth from periodontal ligaments before extraction To separate tooth from alveolus To use on posterior teeth

#### **Characteristics**

Single ended Rounded or pointed Right or left pairs T-bar Elevators are available with different style handles Range of sizes available

#### **Practice Note**

T-bar Elevators are used on surgical extraction tray setups.

#### **Sterilization Notes**

T-bar Elevators must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Root-Tip Elevators**

#### **Function**

To lift and remove fragments of root

#### **Characteristics**

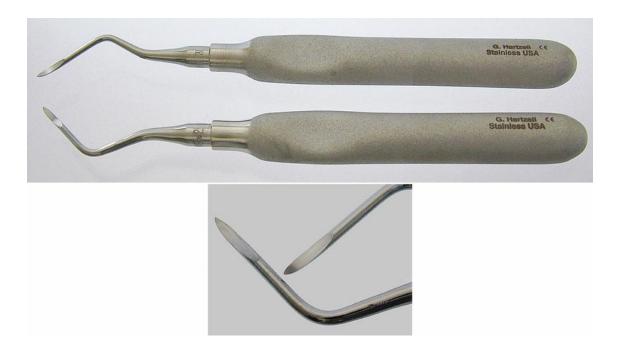
Single ended Rounded or pointed Working ends are serrated Straight or right and left pairs

#### **Practice Note**

Root-tip Elevators are used on surgical extraction tray setups.

#### **Sterilization Notes**

Root-Tip Elevators must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Root-Tip Picks**

#### **Function**

To lift and remove small root tips in difficult areas

#### **Characteristics**

Pointed at working end Straight or right and left pairs

#### **Practice Note**

Root-tip Picks are used on surgical extraction tray setups.

#### **Sterilization Notes**

Root-Tip Picks must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Rongeurs

#### **Functions**

To trim and remove excess alveolar bone after extraction of teeth To contour alveolar bone after single or multiple extractions

#### **Characteristics**

Variety of sizes and angles Beaks have cutting edges

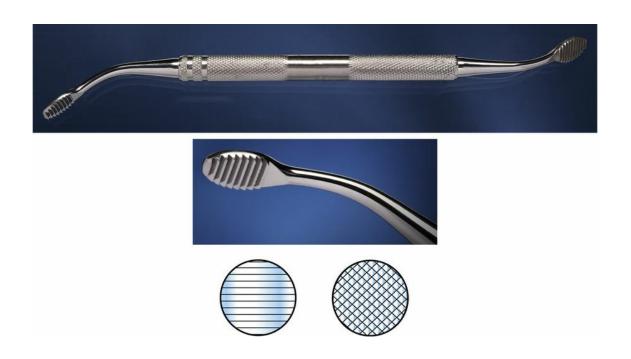
#### **Practice Note**

Rongeurs used on surgical extraction tray setups.

#### **Sterilization Notes**

Rongeurs must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





### **Bone File**

#### **Function**

To remove or smooth rough edges of alveolar bone

#### **Characteristics**

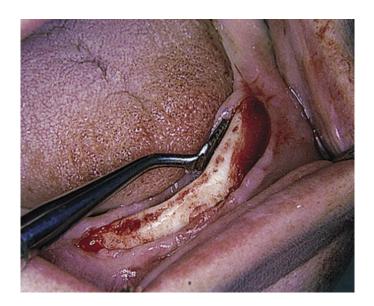
Used with push-pull motion Straight-cut or crosscut cutting end Variety of sizes, angles, and shapes

#### **Practice Note**

Bone File is used on surgical extraction tray setups.

#### **Sterilization Notes**

Bone File must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Surgical Chisel**

#### **Functions**

To split or section a tooth for easier removal by tapping on chisel with mallet To reshape or contour alveolar bone

#### **Characteristics**

Single-bevel chisel—For contouring or removing alveolar bone Bi-bevel chisel—For splitting teeth
Styles—Surgical chisel, bone splitter
Range of sizes available

#### **Practice Note**

Surgical Chisel is used on surgical extraction and other types of surgical procedure tray setups.

#### **Sterilization Notes**

Surgical Chisel must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Surgical Mallet**

#### **Functions**

To use with bone chisel to section tooth for easier removal by tapping on chisel with surgical mallet To use with bone chisel to reshape or contour alveolar bone

#### Characteristic

Range of sizes available

#### **Practice Note**

Surgical Mallet is used on surgical extraction and other types of surgical procedure tray setups.

#### **Sterilization Notes**

Surgical Mallet must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# **Universal Maxillary Forceps No. 10S**

#### **Function**

To extract maxillary molars

#### **Characteristic**

Straight handle

### **Practice Note**

Universal Maxillary Forceps No. 10S are used on surgical extraction tray setups.

#### **Sterilization Notes**

Universal Maxillary Forceps No. 10S must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# Universal Mandibular Forceps No. 16

#### **Function**

To extract mandibular first and second molars

#### **Characteristics**

Straight handles or one curved handle Referred to as cowhorn forceps

#### **Practice Note**

Universal Mandibular Forceps No. 16 (cowhorn) are used on surgical extraction tray setups.

#### **Sterilization Notes**

Universal Mandibular Forceps No. 16 must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Mandibular Forceps No. 17

#### **Function**

To extract bifurcated mandibular first or second molars

#### Characteristic

Straight handles

### **Practice Note**

Mandibular Forceps No. 17 are used on surgical extraction tray setups.

#### **Sterilization Notes**

Mandibular Forceps No. 17 must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# Maxillary Right Forceps No. 88R

#### **Function**

To extract trifurcated maxillary right first or second molars

#### Characteristic

Right split beak—For engaging lingual root

### **Practice Note**

Maxillary Right Forceps No. 88R are used on surgical extraction tray setups.

#### **Sterilization Notes**

Maxillary Right Forceps No. 88R must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# Maxillary Left Forceps No. 88L

#### **Function**

To extract trifurcated maxillary left first or second molars

### Characteristic

Left split beak — For engaging lingual root

### **Practice Note**

Maxillary Left Forceps No. 88L are used on surgical extraction tray setups.

#### **Sterilization Notes**

Maxillary Left Forceps No. 88L must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# Maxillary Universal Forceps—Cryer 150

#### **Function**

To extract maxillary centrals, laterals, cuspids, premolars, and roots

#### **Characteristics**

Straight handles or one curved handle

### **Practice Note**

Maxillary Universal Forceps—Cryer 150 are used on surgical extraction tray setups.

#### **Sterilization Notes**

Maxillary Universal Forceps—Cryer 150 must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# Mandibular Universal Forceps—Cryer 151

#### **Function**

To extract mandibular centrals, laterals, cuspids, premolars, and roots

#### **Characteristics**

Straight handles or one curved handle

### **Practice Note**

Mandibular Universal Forceps—Cryer 151 are used on surgical extraction tray setups.

#### **Sterilization Notes**

Mandibular Universal Forceps—Cryer 151 must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# **Mandibular Anterior Forceps**

#### **Function**

To extract mandibular anterior teeth

#### Characteristic

Serrated beaks

#### **Practice Note**

Mandibular Anterior Forceps are used on surgical extraction tray setups.

#### **Sterilization Notes**

Mandibular Anterior Forceps must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.







# **Maxillary Root Forceps**

## **Function**

To extract maxillary roots

#### **Characteristics**

Narrow, serrated beaks Straight handles

#### **Practice Note**

Maxillary Root Forceps are used on surgical extraction tray setups.

#### **Sterilization Notes**

Maxillary Root Forceps must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Mandibular Root Forceps**

## **Function**

To extract mandibular roots

## **Characteristics**

Narrow, serrated beaks Straight handles

## **Practice Note**

Mandibular Root Forceps are used on surgical extraction tray setups.

#### **Sterilization Notes**

Mandibular Root Forceps must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Implant System**

## **Function**

To use for implant surgery

## **Characteristics**

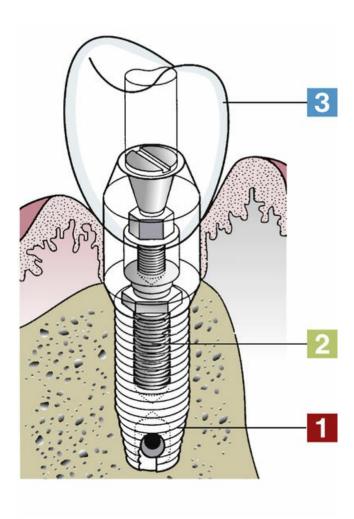
Components—Depth drills, thread formers, hand wrench, ratchet, ratchet adapter, hex driver Many types of implant systems available

#### **Practice Notes**

Implant System is used on a surgical tray setup. Sterile technique must be kept during procedure.

## **Sterilization Notes**

Implant System must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## **Implant**

#### **Function**

To use for implant surgery

#### **Characteristics**

Endosteal implant – An implant surgically embedded into the bone

Osseointegration—The attachment of healthy bone to a dental implant, also referred to as stably integrated

Two other types of implants—Subperiosteal and transosteal Components:

- Implant fixture (titanium) embedded into bone; many styles of implants available
- Center screw
- Crown

## **Practice Notes**

Implant is used on a surgical tray setup. Sterile technique must be kept during procedure.

## **Sterilization Notes**

Implant must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Use a biological indicator for every sterilizer load that contains an implantable device. Whenever possible, verify results before using the implantable device, according to the Centers for Disease Control and Prevention Guidelines for Infection Control in Dental Health-Care Settings—2003, Recommendations, Category IB. Strongly recommended for implementation and supported by experimental, clinical, or epidemiologic studies and a strong theoretical rationale.



# **Tray Setup**

# **Extraction of Maxillary Right First Molar**

## **Top Row (Left to Right)**

Mouth mirror, explorer, cotton forceps, periosteal elevator, straight elevator, surgical curette, tissue forceps, hemostat, tissue scissors, mouth prop, needle holder, suture scissors, tongue and cheek retractor (Minnesota), disposable high-volume surgical evacuation tip, and maxillary right forceps no. 88R

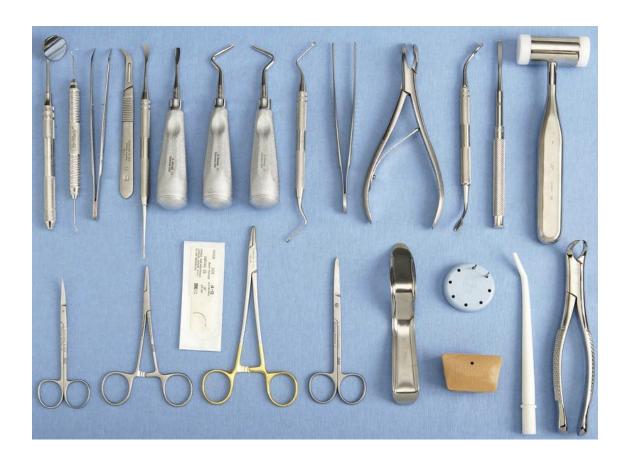
## **Bottom Row**

Silk suture with needle in sterile package

## **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to Chapter 15 to see additional instruments used in oral surgery extractions. Also refer to other chapters for additional instruments on this tray setup that are not included in this chapter.

For mandibular first or second molar extraction, the tray setup is identical to the tray setup for the extraction of a maxillary right first molar, except that a mandibular right forceps No. 17 is used in place of a maxillary right forceps No. 88R.



# **Tray Setup**

# **Extraction of Impacted Mandibular Molar**

## **Top Row (Left to Right)**

Mouth mirror, explorer, cotton forceps (pliers), scalpel #12 with blade, periosteal elevator, straight elevator, right and left root-tip elevators, surgical curette, tissue forceps, rongeurs, bone file, surgical chisel, surgical mallet

## **Bottom Row (Left to Right)**

Tissue scissors, hemostat, silk suture with needle in sterile package, needle holder, suture scissors, tongue and cheek retractor (Minnesota), surgical long-shank burs in bur holder, mouth prop, disposable high-volume surgical evacuation tip, universal mandibular forceps No. 16

## **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to Chapter 15 to see additional instruments used in oral surgery extractions. Also refer to other chapters for additional instruments on this tray setup that are not included in this chapter.



# **Tray Setup**

# **Suture Removal**

## Left to Right

Mouth mirror, pigtail explorer, cotton forceps (pliers), suture scissors, saliva ejector, high-volume evacuator (HVE) tip, air/water syringe tip

## **Sterilization Notes**

Refer to each picture for correct procedure for instrument sterilization or disposal of instrument or material. Refer to other chapters for instruments on this tray setup.

# **Sterilization and Protective Equipment**









## **Protective Gown**

## **Function**

To protect clothing, surgical scrubs, and skin during patient care and sterilization process to prevent contamination from blood and body substances

## **Characteristics**

Disposable (pictured) or cloth (Cloth gowns must be made of polyester and cotton in accordance with state and federal regulations.)

Cuffed long sleeves

Closure at neckline

Moisture resistant (against contamination by liquids)

Many styles available

## **Practice Notes**

All protective clothing should be removed before leaving the workplace. Follow regulations within the state for standard precautions.

## **Sterilization Notes**

Dispose of Protective Gown in garbage at the end of the day. If lab coat becomes visibly soiled during the work day, change to a new lab coat. Cloth lab coats must be laundered each day.



## **Protective Mask**

## **Functions**

To protect against chemicals, airborne pathogens, bacteria, and viruses during processing of instruments for sterilization

To protect against airborne pathogens, bacteria, and viruses and against scrap filling material during all phases of patient treatment

## **Characteristics**

Dome shaped or flat Different levels of filtration

## **Practice Notes**

Protective Mask must cover nose and mouth.

Protective Mask must be worn during dental procedures with a patient and during any exposure to dental material that is airborne.

## **Sterilization Notes**

Protective Mask should be disposed of in the garbage. A new mask must be used with each patient.





# **Protective Glasses/Loupes**

#### **Functions**

To protect against chemicals, airborne pathogens, bacteria, and viruses during processing of instruments for sterilization

To protect against airborne pathogens, bacteria, and viruses during patient care and against scrapfilling material during restorative and rinsing phases of patient treatment

To enhance (Loupes) depth-of-focus and field-of-view during treatment

#### **Characteristics**

Extend to sides, top, and bottom of eyes for complete protection

- Protective Glasses Variety of styles available; some styles are larger to fit over prescription glasses.
- Loupes—Have different levels of magnification; may have a light source attached to the glasses for regular patient treatment, as well as, availability to change the light source for sensitive material (such as composite restorations).

#### **Practice Notes**

Facial shields available for eye protection (mask must be worn)

Protective glasses must be worn during dental procedures with a patient, sterilization, and during any exposure to dental material that is airborne.

Loupes allow a practitioner to maintain a more physiologic posture promoting ergonomically correct chair position during treatment.

#### **Sterilization Notes**

Protective glasses/loupes are disinfected between patients according to the manufacturer's recommendation. Refer to state regulations for any additional state requirements.





## **Examination Gloves**

## **Functions**

To wear during patient care To wear as a protective barrier To wear during treatment room disinfection

## **Characteristics**

Latex (pictured), nitrile, or vinyl — Nonsterile and sterile gloves are available. Nonsterile gloves worn for most dental procedures; sterile gloves may be worn for surgical procedures.

Examination Gloves should be worn over cuff of protective gown. Various sizes available

## **Practice Notes**

Examination Gloves are single use only. Wash or sanitize hands before putting on gloves and after removing gloves. Must change if leaving patient care, or use overgloves (refer to pages 590 and 591). Replace worn or torn gloves immediately (along with washing hands or using hand sanitizer [follow state guidelines]). If procedure is long, change gloves every hour. Gloves must go over cuff of lab coat.

## **Sterilization Notes**

Examination Gloves must be disposed of in the garbage.



# **Overgloves**

## **Functions**

To wear over examination gloves when leaving the patient To wear as a protective barrier over examination gloves so as not to cross-contaminate

## **Characteristics**

Lightweight clear gloves Not to be worn for dental procedures Various sizes available

## **Practice Notes**

New set of overgloves must be used for each patient. Keep overgloves in an uncontaminated area of the treatment room. Must be careful to not contaminate outside of overgloves when putting on over examination gloves.

#### **Sterilization Notes**

Overgloves must be disposed of in the garbage.



# **Nitrile Utility Gloves**

## **Functions**

To protect hands during processing of instruments for sterilization procedures To wear for preparation and handling of chemicals To disinfect operatory To transport cassettes of tray setups to sterilization area from treatment area

## **Characteristics**

Chemical resistant
Puncture resistant
Ribbed for nonslip grip
Range of sizes and colors
Refer to state regulations on when utility gloves should be worn

## **Practice Note**

Nitrile Utility Gloves should be kept in sterilization area of office.

## **Sterilization Notes**

Nitrile Utility Gloves are disinfected after each use. Sterilize according to the manufacturer's recommendation and refer to local and state regulations.





## Cassette

## **Functions**

To use for instruments as tray setup To use for instrument sterilization

## **Characteristics**

Available in metal or resin Color coded Range of sizes

## **Practice Notes**

Instruments in the cassette may be cleaned in an ultrasonic cleaner and then wrapped and sterilized.

Color coding aids in the identification of cassettes and tray setups.

#### **Sterilization Notes**

Cassette with instruments must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Color-Coding System for Instruments**

## **Function**

To color code instruments for organization and identification of tray setups

## Characteristic

Variety of colors—Color coding coordinates with color cassettes

## **Practice Note**

The Color-Coding System makes it easier to identify tray setups and instruments within the tray setup.

#### **Sterilization Notes**

Color-Coded Instruments must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Parts Box for Sterilization**

## **Function**

To use for sterilization of small items

**Examples** 

Burs, dental dam clamps

#### Characteristic

Range of sizes to accommodate sterilization needs

## **Practice Note**

Parts Box helps hold and organize small items for tray setups.

#### **Sterilization Notes**

Parts Box must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## **Cassette Wrap**

## **Functions**

To use to wrap cassette during sterilization To store cassette in wrapping after sterilization To use for tray cover during dental procedure

## Characteristic

Range of sizes—To accommodate cassettes

#### **Practice Note**

Cassettes should be kept in sterile wrap until the patient is seated. Refer to local and state regulations.

## **Sterilization Notes**

All instruments or cassettes must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then write date and sterilizer used on wrap. Check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



## **Sterilization Pouches**

## **Function**

To be used for sterilization of instruments and cassettes

## Characteristic

Pouches have range of sizes to accommodate all sizes of instruments and cassettes. Available with Self Seal Pouches

Available with indicator strip on pouch

- Indicator strip changed color after sterilization
- Indicator strip color before sterilization
- Cassette with indicator tape on outside of pouch

#### **Practice Note**

Instruments should be kept in the pouches until the patient is seated. Refer to state regulations.

#### **Sterilization Notes**

All instruments must be precleaned placed in a sterilization pouch with an internal process indicator, sealed, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then write date and sterilizer used on pouch. Check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Indicator Tape and Dispensing Unit**

## **Functions**

To secure wrap on outside of cassette

To use outside cassettes or sterilization pouches to indicate exposure of instruments to a certain temperature—Color will change on the tape.

## **Characteristics**

Available in preprinted tray setup procedures-refer to page 602 and 603. Available with color coding Available blank for labeling tape with procedure and/or instrument content

## **Practice Note**

Instruments should be kept in the pouches until the patient is seated. Refer to state regulations.

## **Sterilization Notes**

When Indicator Tape is placed outside a cassette, the strips change color with exposure to temperature of the sterilization process; they do not determine the actual sterilization. Refer to sterilization monitoring. If the indicator tape does not change color the pouch or wrap must be resterilized.



# **Biological Monitors for Sterilizers**

## **Function**

To confirm efficacy of sterilization, documentation of results is recorded in office sterilization log

## Characteristic

Many systems available

## **Practice Note**

Biological Monitor Testing device is placed in the sterilizer for one cycle of instruments. It is then mailed to the manufacturer, which mails back the findings. The results are logged in the office sterilization records.

#### **Sterilization Notes**

The Centers for Disease Control and Prevention, the American Dental Association, and the Office Safety and Asepsis Procedures Research Foundation recommend at least weekly testing of each sterilizer in the office. Local and state requirements may be different.



# Sterilization Spore Check—In Office

## **Function**

To monitor and confirm the effectiveness of steam sterilizers

## **Characteristics**

- Record book
- Self-contained biological indicator
- Dry block incubator

## **Practice Note**

A vial with the solution is marked and placed in a sterilization pouch, and the sterilization cycle is processed. After the cycle is complete, follow the directions; then place vial in incubator. Results will occur in 24 hours. Record results.

#### **Sterilization Notes**

Steam sterilizers should be checked for effectiveness every week. Every load of implants should be monitored for effectiveness when possible with each implant before each implant procedure.



# **Sharps Container**

## **Function**

To serve as storage receptacle for used needles, old burs, scalpel blades, orthodontic wires, endodontic files, and all other disposable sharp items used during dental procedures

## **Characteristics**

Must be puncture resistant Must be labeled "Biohazard" Must have a reclosable top

## **Practice Note**

Sharps containers must be disposed of according to local, state, and federal regulations and by an Environmental Protection Agency regulatory disposal company. Required paperwork must be kept according to state and federal regulations.

## **Sterilization Notes**

Refer to state and local regulations on the type of glove (utility and patient glove) to handle sharps that are disposed in the Sharps Container.



# **Ultrasonic Cleaning Unit**

#### **Function**

To remove debris and bioburden from instruments

#### Characteristic

Reduces risk of exposure to pathogens during the cleaning stage of the sterilization process

## **Practice Notes**

Tank is filled with antimicrobial or general all-purpose solution specially designed for the ultrasonic unit. Fill and drain solution daily.

Debris is removed by mechanical means; sound waves create tiny bubbles that cause inward collapse (implosion) and removal of material. Lid must be closed during operation of unit. Available in some units are racks for cassettes.

#### **Sterilization Notes**

After cleaning the instruments in the ultrasonic cleaning unit, instruments must be rinsed and either be placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.

For precleaning instruments *Guidelines for Infection Control in Dental Health-Care Settings* —2003 states "that the use of automated cleaning equipment such as ultrasonic cleaner or washer-disinfector is safer than hand scrubbing instruments prior to continuing the sterilization process even though hand washing is acceptable."



# Sterilizer—Autoclave (Saturated Steam)

## **Function**

To kill all microbes, viruses, bacteria, and fungi, thereby sterilizing instruments

## **Characteristics**

Uses steam under pressure—15 pounds per square inch (psi) at 250°F for 20 minutes Shelves and racks are available for cassettes Various styles and manufacturers Range of sizes

## **Practice Notes**

Refer to federal, state, and manufacturer's sterilization techniques as well as manufacturer's maintenance requirements.

#### **Sterilization Notes**

The Centers for Disease Control and Prevention, the American Dental Association, and the Office Safety and Asepsis Procedures Research Foundation recommend at least weekly testing of Sterilizers. Local and state requirements may be different. Refer to pages 606 and 607 for Biological Monitors for Sterilization.



## **Statim G4 Cassette Autoclave**

## **Functions**

To kill all microbes, viruses, bacteria, and fungi To sterilize instruments and handpieces

## **Characteristics**

Statim 2000 G4 cycle times: 6 minutes unwrapped, 14 minutes wrapped Statim 5000 G4 cycle times: 9 minutes unwrapped, 17.5 minutes wrapped Uses fresh steam-distilled water with every cycle Uses Dri-Tec drying system for fast dry loads Readout Screen available for each cycle

### **Practice Note**

Refer to federal, state, and manufacturer's sterilization techniques as well as manufacturer's maintenance requirements.

## **Sterilization Notes**

The Centers for Disease Control and Prevention, the American Dental Association, and the Office Safety and Asepsis Procedures Research Foundation recommend at least weekly testing of sterilizers. Local and state requirements may be different. Refer to pages 606 and 607 for Biological Monitors for Sterilization.



# Sterilizer—Dry Heat (Static Air)

## **Function**

To kill all microbes, viruses, bacteria, and fungi, thereby sterilizing instruments

## **Characteristics**

Oven-type sterilizer 320°F for 60 to 120 minutes Shelves available for cassettes Various styles and manufacturers Range of sizes

## **Practice Notes**

Packaging and wrapped material must be able to withstand high temperatures. Door cannot be opened during sterilization cycle. Items cannot be layered or stacked but should be placed on their edges.

## **Sterilization Notes**

The Centers for Disease Control and Prevention, the American Dental Association, and the Office Safety and Asepsis Procedures Research Foundation recommend at least weekly testing of Sterilizers. Local and state requirements may be different. Refer to pages 606 and 607 for Biological Monitors for Sterilization.



# Sterilizer—Dry Heat (Rapid Heat Transfer)

## **Function**

To kill all microbes, viruses, bacteria, and fungi, thereby sterilizing instruments

## **Characteristics**

Forced air–type sterilizer 375°F for 12 minutes (wrapped) 375°F for 6 minutes (unwrapped) Instruments placed in preheated chamber Various styles and manufacturers Range of sizes

#### **Practice Notes**

Packaging and wrapped material must be able to withstand high temperatures. Door cannot be opened during sterilization cycle.

## **Sterilization Notes**

The Centers for Disease Control and Prevention, the American Dental Association, and the Office Safety and Asepsis Procedures Research Foundation recommend at least weekly testing of Sterilizers. Local and state requirements may be different. Refer to pages 606 and 607 for Biological Monitors for Sterilization.

# **Dental Materials Equipment**





# Flexible Rubber Bowl

## **Functions**

To mix material, usually a powder and a liquid

To mix impression material and irreversible hydrocolloid for study models, opposing models, bleaching trays, night guards, mouth guards, orthodontic appliances, or custom trays for removable appliances

To mix laboratory plaster, stone, and die stone for models

## Characteristic

Bowl is flexible to manipulate material.

## **Practice Note**

Flexible Rubber Bowl is used with the alginate spatula.

## **Sterilization Notes**

Preclean and disinfect Flexible Rubber Bowl before and after each use according to the manufacturer's recommendation.





# Flexible Alginate (Irreversible Hydrocolloid) Spatula

## **Functions**

To mix powder and a liquid in a flexible bowl To mix impression material such as irreversible hydrocolloid (alginate) To mix laboratory plaster, stone, and die stone for models

## Characteristic

Spatula is flexible to manipulate material.

## **Practice Note**

Flexible Alginate Spatula is used with the flexible rubber bowl.

## **Sterilization Notes**

Preclean and disinfect Flexible Alginate Spatula before and after each use according to manufacturer's recommendation.





# **Disposable Plastic Perforated Full Arch Impression Trays**

## **Function**

To use for taking impressions with many types of impression material

#### **Example**

Irreversible hydrocolloid (alginate), crown, and bridge impression material

## **Characteristics**

- Maxillary perforated tray
- Mandibular perforated tray

Perforated trays allow material to push through the tray, creating a mechanical lock that keeps the material in place.

Range of sizes

## **Practice Notes**

Disposable Plastic Perforated trays are used for many types of dental procedures involving taking impressions.

Impressions must be rinsed then disinfected before pouring up impressions.

## **Sterilization Notes**

Disposable Plastic Perforated Full Arch Impression Trays should be disposed of in the garbage. Single use only.



# **Metal Perforated Full Arch Impression Trays**

#### **Function**

To use for taking impressions with many types of impression material.

#### Example

Irreversible hydrocolloid (alginate), crown, and bridge impression material

#### **Characteristics**

- Maxillary Metal Perforated Tray
- Mandibular Metal Perforated Tray

Perforated trays allow material to push through the tray, creating a mechanical lock that keeps the material in place.

Range of sizes

## **Practice Notes**

Metal Perforated Full Arch Impression Trays are used for many types of dental procedures involving taking impressions.

Impression trays must be rinsed then disinfected before pouring up impressions.

## **Sterilization Notes**

Metal Perforated Full Arch Impression Trays must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# Disposable Plastic Perforated Quadrant and Anterior Impression Trays

## **Functions**

To use for taking impressions with many types of impression material To use for taking a quadrant or anterior portion of the mouth

#### **Characteristics**

- Section tray for anterior maxillary or mandibular perforated tray
- Maxillary left or mandibular right perforated tray
- Maxillary right or mandibular left perforated tray

Perforated trays allow material to push through the tray, creating a mechanical lock that keeps the material in place.

Range of sizes

Metal quadrant and anterior trays also available. Refer to sterilization notes below.

## **Practice Notes**

Disposable Plastic Perforated Quadrant and Anterior Impression Trays are used for many types of dental procedures involving taking impressions.

Impressions must be rinsed then disinfected before pouring up impressions.

#### **Sterilization Notes**

Disposable Plastic Perforated Quadrant And Anterior Impression Trays should be disposed of in the garbage. Single use only.



# **Alginator**

## **Function**

To mix alginate, irreversible hydrocolloid automatically

## **Characteristics**

Flexible bowl attaches to alginator

Low and high buttons allow bowl to rotate, mixing the alginate and water together. Spatula pressing the material against the bowl along with the rotation of the bowl results in the material being a smooth consistency.

#### **Practice Notes**

Alginator is used for many dental procedures involving taking an alginate impression. Impressions must be cleaned and disinfected before pouring up impressions.

## **Sterilization Notes**

Alginator case must be precleaned, sprayed with a disinfectant to wipe clean the surface, then, sprayed a second time to disinfect according the manufacturers guidelines with an approved TB/hospital wipe or spray. The Flexible Alginate Bowl must be precleaned thoroughly after removing alginate from the bowl, then, sprayed a second time to disinfect with an approved TB/hospital wipe or spray. Switch on the unit when wiping the bowl to assure thorough coverage. Refer to state regulations for any additional state requirements.



# **Triple Tray (Disposable)**

## **Functions**

To use for taking final impressions for crown and bridge restorations, opposing teeth, and bite registration with one impression

To use in the mouth, taking maxillary and mandibular simultaneously To use with many types of impression material

## **Characteristics**

Trays have a ledge on the side to hold sufficient amount of material for the impression. Trays have mesh-type material in the middle of the tray to hold material in place. Trays available:

- Quadrant used for maxillary right/left or mandibular right/left
- Maxillary left or mandibular right perforated tray
- Anterior maxillary or mandibular perforated tray

#### **Practice Note**

Triple Trays are used for many types of dental procedures. Impressions must be rinsed then disinfected before pouring up impressions.

## **Sterilization Notes**

Triple Trays should be disposed of in the garbage. Single use only.



# **Mixing Gun for Dental Impression Material**

## **Functions**

To mix polyvinylsiloxane, polysulfide, and polyether material for final impression To mix base and catalyst for impression tray To mix wash material for the syringe To mix material for bite registration and temporary crowns

#### **Characteristics**

■ Mixing gun

Material used in gun

Manufacturers have different-style guns to accommodate their material.

A different technique for the tray material is to mix a putty material that is a base and a catalyst.

## **Practice Notes**

A tube with the base and catalyst is inserted into the mixing gun with a mixing rod attached. Pressure is placed on the trigger of the gun, and the material extrudes from the tubes into the mixing rod and onto the impression tray or into the tube of the syringe.

Tray material and wash (syringe) material are different.

## **Sterilization Notes**

Use overgloves to handle Mixing Gun or preclean and disinfect after each use according to the manufacturer's recommendation. Mixing rod tips should be disposed of in the garbage. Single use only.



## **Automixer**

## **Functions**

To automatically mix impression material To mix base and catalyst for polyvinylsiloxane and polyether material To place material after dispensing from automixer into impression trays for final impressions

## **Characteristics**

Different styles of automixers available Must attach mixing tips

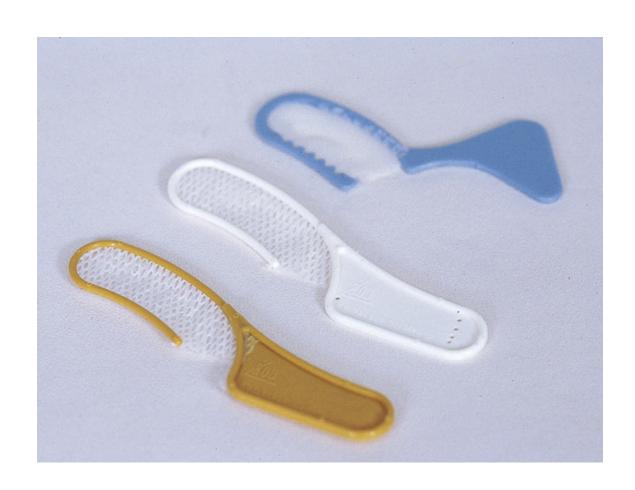
## **Practice Notes**

A wash material (delivered from a syringe) is placed on the prepared tooth by the operator before the tray with the impression material is placed in the patient's mouth. Polyvinylsiloxane can also be mixed manually.

#### **Sterilization Notes**

Use overgloves to handle Automixer or preclean and disinfect after each use according to the manufacturer's recommendation.





# **Bite Registration Tray**

## **Functions**

To use for taking bite registration for crown and bridge procedures To use in the mouth, taking maxillary and mandibular simultaneously To use with many types of bite registration material

## **Characteristics**

Trays have mesh-type material in the middle of the tray to hold material in place. Range of sizes

Trays can be used in right or left quadrant.

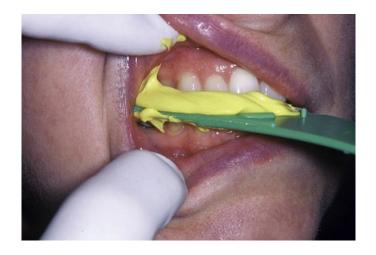
Anterior section bite registration tray is also available.

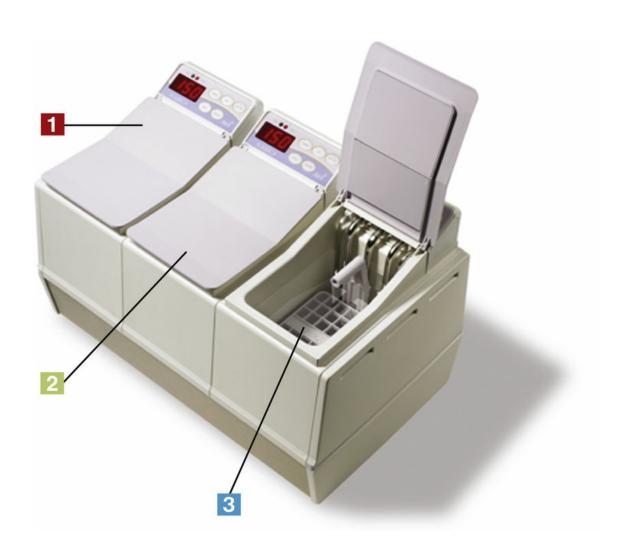
#### **Practice Notes**

Bite Registration Trays is used with crown and bridge tray setup. Mixing guns may be used to mix material. Bite registration tray should be rinsed then disinfected before sending to laboratory.

## **Sterilization Notes**

Bite Registration Trays should be disposed of in the garbage. Single use only.





# **Reversible Hydrocolloid Unit**

## **Function**

To boil reversible hydrocolloid, store, and temper material for final impressions

## **Characteristics**

Hydrocolloid unit has three baths:

- Liquefying the semisolid material at 212°F (100°C)
- Storage bath that cools the material and keeps it ready for impressions at 150°F (65.5°C)
- Tempering bath holds the filled impression tray for 5 minutes before it is placed in the patient's mouth at 110°F (44°C).

Tubes of the material are for the impression tray.

Small cylinders are for the wash material and are used in syringes for operator to place around tooth before impression is taken.

## **Practice Note**

Reversible hydrocolloid water-cooled impression trays need to be used for this type of impression material.

### **Sterilization Notes**

Preclean and disinfect Reversible Hydrocolloid Unit, if contaminated, before and after each use according to the manufacturer's recommendation.



# Reversible Hydrocolloid Water-Cooled Impression Trays and Hose

## **Function**

To take impression with reversible hydrocolloid

## **Characteristics**

- Mandibular water-cooled tray
- Maxillary water-cooled tray
- Attaches to tray
- Attaches to water source on dental unit
- Attaches to vacuum system of dental unit

A hose attaches to the tray on one end; the other end attaches to a water source and a vacuum for the water.

The water runs inside the tray, which cools and sets the material once in the patient's mouth.

### **Practice Note**

Important to connect all parts of the hose before turning on the water source Impression must be rinsed then disinfected before sending to lab

#### Sterilization Notes

Irreversible Hydrocolloid Water-cooled Impression Trays must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Hose must be precleaned and disinfected according to the manufacturer's recommendation.





# **Laboratory Spatula**

## **Functions**

To mix powder and a liquid in a flexible bowl To mix and shape laboratory plaster, stone, and die stone for models

## **Characteristics**

Spatula straight to help manipulate material Range of sizes

## **Practice Note**

Laboratory Spatula is used with vibrator.

## **Sterilization Notes**

Preclean and disinfect Laboratory Spatula, if contaminated, after each use according to the manufacturer's recommendation. Refer to state regulations for any additional state requirements.





# **Vibrator for Laboratory**

### **Function**

To vibrate material in mixing bowl to remove air bubbles from mixing plaster, stone, or die stone

### **Characteristics**

Use vibrator after mixing the plaster or stone.

Use vibrator while adding plaster or stone to impression to eliminate air bubbles in impression.

#### **Practice Note**

Place plastic cover on vibrator work surface to keep vibrator free from material.

#### **Sterilization Notes**

Preclean and disinfect vibrator, if contaminated, according to the manufacturer's recommendation.





# **Vacuum Mixing Unit**

### **Functions**

To vacuum mix all types of gypsums, plasters, and investment materials To program digitally type of material being mixed To remove excessive air from material while mixing

#### **Characteristics**

Vacuum mixing unit uses blades to mix material and vacuums air bubbles Bowl with blades attaches to unit and mixes material automatically Vacuum system within the unit removes excess air for smoother material consistency

#### **Practice Note**

Vacuum Mixer used in dental office labs and dental laboratories for better consistency of material for models and investment material for cast crowns.

#### **Sterilization Notes**

Preclean and disinfect Vacuum Mixing Unit and Mixing Bowls, if contaminated, according to manufacturer's recommendation.



# **Laboratory Knife**

### **Functions**

To use for separating impressions from model(s) To use for hand-trimming models To use on any type of appliance for hand trimming

### **Characteristics**

Range of sizes
Usually has green wooden handle—Referred to as Green Handle Lab Knife

### **Practice Note**

Laboratory Knife is used in dental office setting and dental laboratories.

### **Sterilization Notes**

Preclean and disinfect Laboratory Knife, if contaminated, according to manufacturer's recommendation. Refer to state regulations for any additional state requirements.



### **Model Trimmer**

### **Function**

To trim plaster, stone, or die stone models

### **Characteristics**

Trimmer has an abrasive grinding wheel to grind excess plaster, stone, and die stone from the models

Water runs next to the grinding wheel to reduce heat, reduce the dust created by grinding, and keep the wheel clean.

### **Practice Notes**

Diagnostic models, orthodontic models, and crown and bridge models are all trimmed differently. Glasses and mask should be worn while trimming models. Unit should have splash guards.

#### **Sterilization Notes**

Preclean and disinfect Model Trimmer, if contaminated, according to the manufacturer's recommendation.





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# Flexible Mixing Spatula

#### **Function**

To mix dental materials

#### **Characteristics**

Flexible metal to allow proper manipulation Range of sizes

#### **Practice Note**

Flexible Mixing Spatula is used on most restorative, endodontic, orthodontic, and periodontic tray setups.

### **Sterilization Notes**

Flexible Mixing Spatula must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Paper Mixing Pads**

### **Function**

To mix all types of dental materials

### **Characteristics**

Each paper on the pad is coated so material will not seep through the paper. Many types and sizes available

#### **Practice Note**

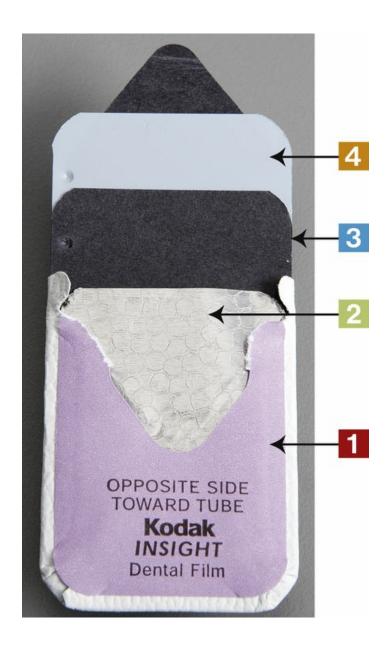
Many materials have special paper pads that must be used when mixing certain materials.

#### **Sterilization Notes**

Remove one paper to mix each material and not contaminate the pad. Entire pad should not be used to mix unless overgloves are used.

# **Dental Imaging and Diagnostic Equipment**





### **Intraoral Dental Film**

#### **Function**

To capture the image of teeth in the radiographic process

#### **Characteristics**

- Outside covering of film—Soft plastic or paper (both waterproof)
- Sheet of lead foil to stop the radiation from extending beyond the film
- Black paper to protect the film from light penetration
- Film—Single or double film

Film speed indicated on each packet—Set by American National Standards Institute (ANSI) Film speed A through F—D, E, F used intraorally

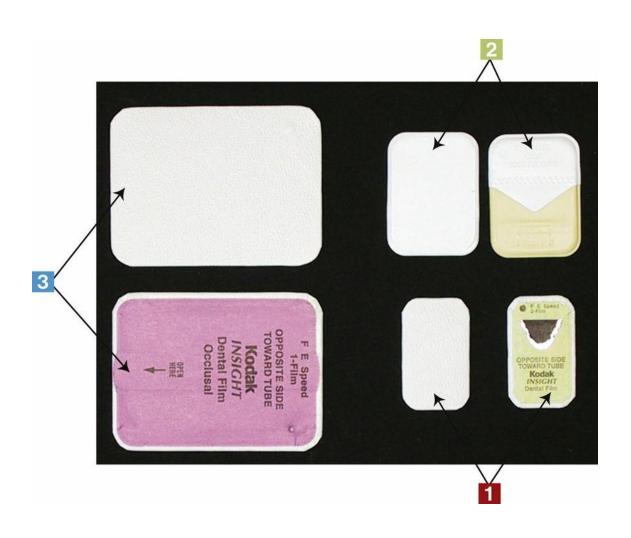
Faster speed of the film reduces the amount of radiation exposure; F speed is faster than D speed. Film speed determines amount of radiation needed to produce a quality radiograph—Settings are on x-ray unit.

#### **Practice Note**

Intraoral Dental X-ray Film is used in all phases of dentistry.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing and processing film for developing. Outer packet and black paper may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol, refer to Department of Environmental Health regulations in the state where you practice.



### Intraoral Dental Film—Various Sizes

#### **Functions**

To project an image of the patient's teeth through x-ray onto the film To use for intraoral and extraoral projections

#### **Characteristics**

Commonly taken radiographs—Front and back view Size #0—Taken on children under 3 (not pictured)

- Size #1—Used for Anterior periapical image (narrow view)
- Size #2—Used for Periapical and bite-wing image Size #3—Used for extended bitewing projections (not pictured)
- Size #4—Used for occlusal projections; taken to view maxillary and mandibular teeth: commonly taken on children

#### **Practice Notes**

Smooth side of the film (the raised-dot side—convex) faces the x-ray tube or position-indicating device (PID). Raised dot should be toward the occlusal or incisal.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing and processing film for developing. Outer packet and black paper may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol, refer to Department of Environmental Health regulations in the state where you practice. Refer to state regulations for any additional state requirements.





# **Package of Dental Film**

### **Function**

To package intraoral dental film

### **Characteristics**

Box labeled:

- Type of film
- Film speed
- Number of films in individual film packet
- Number of film packets in the box
- Expiration date of film

Film packets—Single or double film

### **Practice Notes**

Each film has an identification dot (raised bump). Concave on one side and convex on the other. Convex/bump faces toward the teeth when placing the x-ray.

Film storage is important to the integrity of the film. Refer to package instructions for storage recommendations.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when processing film for developing. Outer packet and black paper may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol, refer to Department of Environmental Health regulations in the state where you practice.



# **Bite-Wing Tabs**

#### **Function**

To take a bite-wing radiograph projection

#### **Characteristics**

- Stick-on tab
- Slip-on tab

Tab or wing is placed on the occlusal, and patient bites on the tab to secure the film.

#### **Practice Notes**

Slip-on tabs are available in different sizes to accommodate different-sized film. Size #2 film is used for adult bite-wing radiograph.

Bite-wing radiographs are mainly used for diagnosing caries on proximal surfaces (mesial and distal) of the posterior teeth.

Four bite-wings are usually taken on adult dentition—One premolar and one molar projection on each side of the mouth.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing and processing film. Outer packet, black paper, and Bite-Wing Tabs may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol, refer to Department of Environmental Health regulations in the state where you practice.



# Film Holder—Periapical (EeZee-Grip)

#### **Function**

To position and hold the film in patient's mouth for periapical images

### **Characteristics**

Double ended:

- One end holds film for posterior teeth projection, as shown.
- Opposite end holds film for anterior teeth projection.

#### **Practice Notes**

Size #2 film used for posterior periapical image

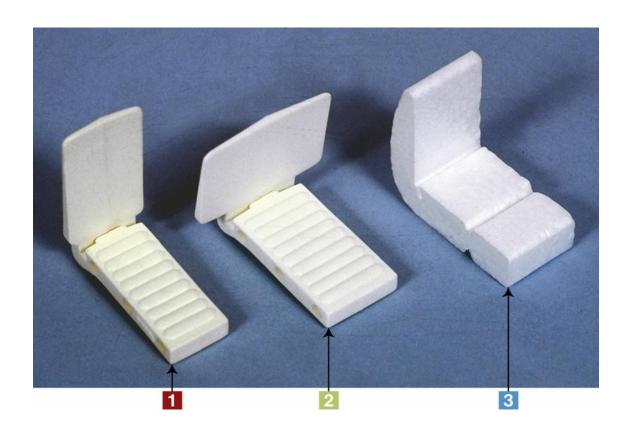
Size #1 or #2 used for anterior periapical image

Periapical images used for viewing the coronal part of the tooth, root, apex, and surrounding bone and tissue

EeZee-Grip formerly called Snap-a-ray

#### **Sterilization Notes**

EeZee-Grip Film Holder must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# Film Holders—Periapical

#### **Functions**

To position and hold a film in patient's mouth for periapical image
To allow patient to bite on holder to keep film in place while positioning the position-indicating device (PID) and exposing the film

#### **Characteristics**

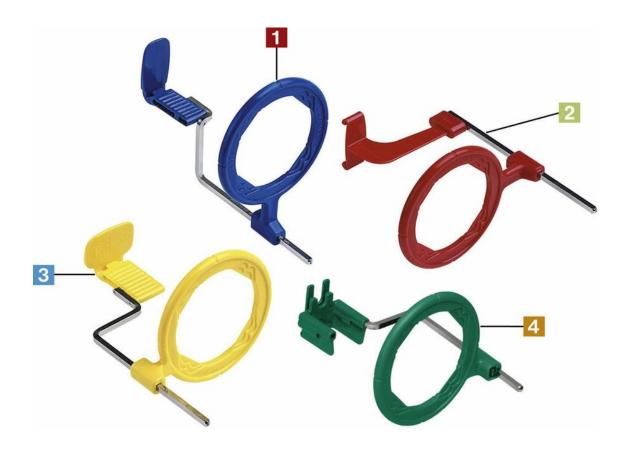
- Holds film for anterior teeth projection—Plastic that can be sterilized
- Holds film for posterior teeth projection—Plastic that can be sterilized
- Holds film for anterior and posterior projection—Disposable Styrofoam (one time use) Slot holds film in place

#### **Practice Note**

Periapical images are used for viewing the coronal part of the tooth, root, apex, and surrounding bone and tissue.

#### **Sterilization Notes**

Plastic Film Holders must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements. Disposable Styrofoam holder may be disposed of in garbage.



### Film Holders—XCP

#### **Functions**

To position and hold a film in patient's mouth for periapical and bite-wing images using parallel technique

To allow patient to bite on holder to keep film in place while positioning the position-indicating device (PID) and exposing the film

#### **Characteristics**

- Blue Anterior teeth projection
- Red Bite-wing projection
- Yellow Posterior teeth projection
- ☐ Green—Projections for endodontic procedures Slot holds film in place.

#### **Practice Notes**

XCP uses the parallel technique for exposing radiation to the film. PID is parallel with the ring on the XCP.

#### **Sterilization Notes**

Film Holders must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Lead Aprons**

### **Function**

To place on patient for protection against scattered x-rays during exposure of x-ray film

### **Characteristics**

- Lead apron
- Lead apron with collar to protect thyroid area
- Lead apron poncho for front and back protection

### **Practice Notes**

Lead Apron must be used when exposing patient to dental x-rays. Lead aprons should not be folded.

### **Sterilization Notes**

Preclean and disinfect Lead Apron according to the manufacturer's recommendation.





# **Radiation Monitoring Device**

#### **Functions**

To place on operator's protective clothing while employee is working in a dental office or radiography lab

To use as a Direct Ion Storage, DIS, dosimeter constructed with non-volatile analog memory cells surround by gas-filled ion chambers

To measure the ionizing radiation exposure dose incident on the dosimeter by calculating the amount of proportional change in the voltage across the memory cells

#### **Characteristics**

Each badge includes employee's name, wear and account number, and the radiation monitoring device (dosimeter).

Radiography monitoring device should be worn for traditional and digital projections.

#### **Practice Note**

At the end of a reporting period, or anytime the user wants to check the dose reading on-demand, the dosimeter radiation exposure report can be read instantly and automatically via a mobile device app, localized reader, or computer. The user can also set up high-dose notification alerts or configure badge reassignments online.

### **Sterilization Notes**

If contaminated, disinfect Radiation Monitoring Device according to the manufacturer's recommendation. Refer to state regulations for any additional state requirements.



# **Dental X-Ray Unit**

#### **Function**

To expose film with radiation that is generated in the x-ray unit

#### **Characteristics**

- Position-indicating device (PID)
- Tube head
- X-ray unit

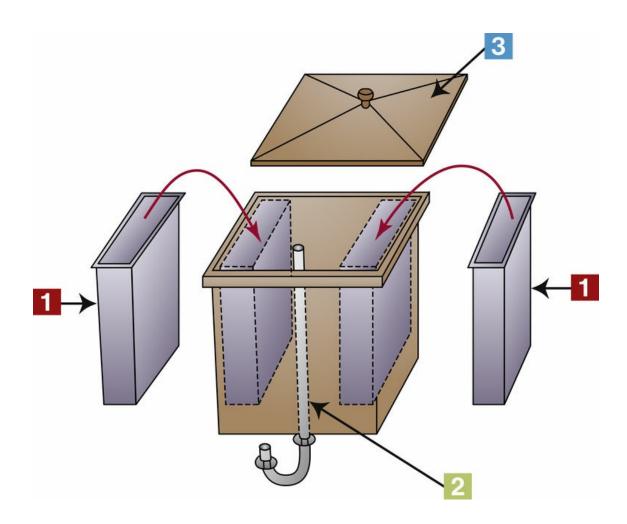
Round or rectangular PIDs available

#### **Practice Note**

Control panel for the x-ray unit and button to expose the film are outside patient's treatment room. On some machines, you may adjust the exposure time the x-ray is exposed. Other machines adjust the exposure time, kilovoltage peak (kVp), and milliamperage (mA).

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing and processing film. Barriers should be used on x-ray tube head, PID, and panel where x-ray button is pushed. Follow manufacturer's recommendation for precleaning and disinfection of the Dental X-Ray Unit. Refer to state regulations for any additional state requirements.



# **Manual Developing Unit**

### **Functions**

To manually develop exposed dental radiographic films taken on patients To develop, rinse, fix, and wash dental radiographic films To develop dental radiographic films in a darkroom with only a safelight

#### **Characteristics**

■ Tank insert for the developing and fixing solution Developer in left tank; fixer in right tank

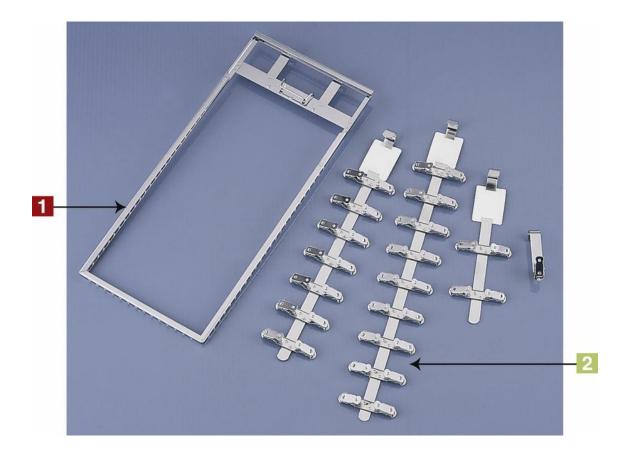
- Water bath and rinsing tank with constant running water in tank
- Cover for unit

#### **Practice Note**

Developing time depends on the temperature of the running water. The water will determine the temperature of the developer and fixer solutions. A table with the temperature denotes the time to develop and fix. Fixer time is double the developing time. The wash time is 20 minutes after the film has been fixed.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when processing film. For proper recycling protocol for solutions, refer to Department of Environmental Health regulations in the state where you practice. Follow local and state regulations in disposal of developer and fixer solution.



### Film Rack

#### **Functions**

To place undeveloped film on the rack in the darkroom with only the safelight before putting rack in the developer

To place film on rack without touching each other

#### Characteristic

- Panoramic rack
- Individual single film racks

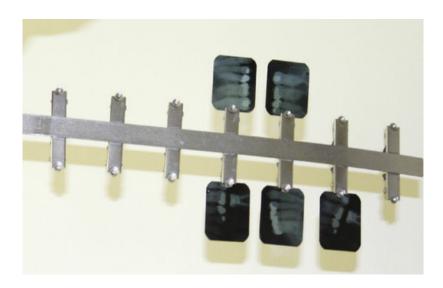
Various sizes of racks available

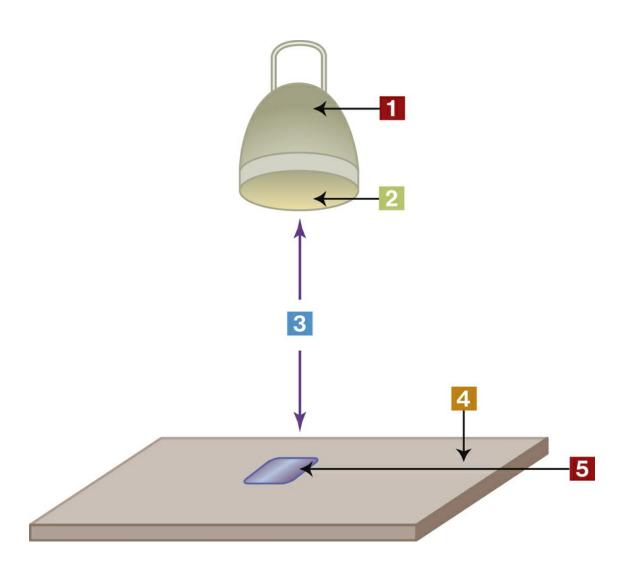
#### **Practice Note**

Keep films on rack through the entire process: develop, rinse, fix, wash, and dry.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when processing film. Outer packet and black paper may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol, refer to Department of Environmental Health regulations in the state where you practice. Disinfect racks according to manufacturer's recommendation. Refer to state regulations for any additional state requirements.





# Safelight

### **Function**

To provide enough illumination in the darkroom to process films safely without exposing or damaging the film

### **Characteristics**

- Safelight
- Safelight filter
- Minimum distance (at least 4 feet) from safelight to undeveloped x-ray
- Working area
- Undeveloped and unwrapped film

#### **Practice Note**

Unwrapped film left too close to the safelight or exposed for more than 2 to 3 minutes will appear fogged.

### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when processing film. Preclean and disinfect area if contaminated.



## **Automatic Film Processor**

#### **Functions**

To automatically develop x-ray film in darkroom To develop x-ray film

#### **Characteristics**

- Automatic processor
- Front loader—Hands go into a dark area to unwrap film. View area from top. Darkroom not needed.

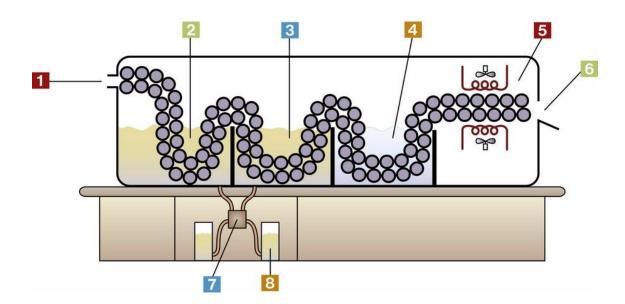
Various types of processors available

#### **Practice Note**

Dentist is able to diagnose x-ray film once film is dry, which is a great advantage of an automatic processor.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when processing film. Outer packet and black paper may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol, refer to Department of Environmental Health regulations in the state where you practice. Follow local and state regulations in disposal of developer and fixer solution. Refer to state regulations for any additional state requirements.



## **Parts of Automatic Film Processor**

#### **Functions**

To automatically develop x-ray film To place film in processor to develop, fix, wash, dry; film then ready to mount

#### **Characteristics**

- Slot to feed film
- Roller transporter in developer tank
- Roller transporter in fixer tank
- Roller transporter in water tank
- Roller transporter in drying compartment
- Film releases from rollers onto recovery slot
- Pump to replenish developer and fixer
- Replenishing solution for developer and fixer

#### **Practice Note**

Developer and fixer solutions for the automatic processor are different from those for manual processing.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when processing film. Outer packet and black paper may be disposed of in the garbage. Correct disposal of lead foil must be checked within your state. In some states, lead foil is considered a hazardous waste and must be collected and disposed of properly. For proper recycling protocol for solutions, refer to Department of Environmental Health regulations in the state where you practice. Follow local and state regulations in disposal of developer and fixer solution. Refer to state regulations for any additional state requirements.



# **View Luminator**

## **Function**

To view traditional radiographs for diagnosis

## **Characteristics**

Various sizes and styles of view luminators Also referred to as view box

#### **Practice Note**

View boxes are located in each patient treatment room.

#### **Sterilization Notes**

If contaminated, preclean and disinfect View Luminator according to the manufacturer's recommendation.





# Film Duplicator

#### **Function**

To duplicate dental radiographic film

#### **Characteristics**

Produces white light to expose film Various sizes and styles available

#### **Practice Notes**

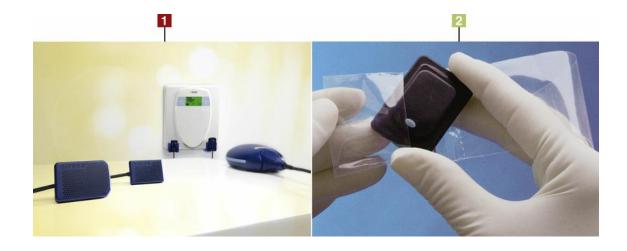
All phases of dentistry use film duplicators. Some dental offices use double-pack dental radiographic film instead of duplicating the film.

Electronic devices are available for duplicating dental radiographs.

Duplicated films are sent to insurance companies or referring specialists. If using double-packet dental radiographic film or digital radiography, duplication is not necessary.

#### **Sterilization Notes**

If contaminated, preclean and disinfect Film Duplicator according to the manufacturer's recommendation.



# **Intraoral Sensors for Digital Images**

#### **Functions**

To take digital intraoral images without film or without processing the film

To project the image of the teeth by digitally projecting radiation onto an electronic sensor and to
computerized imaging system before going to computer storage

#### **Characteristics**

Different styles and systems of sensors and digital radiography available Different size sensors available: sizes 1, 2, and 3

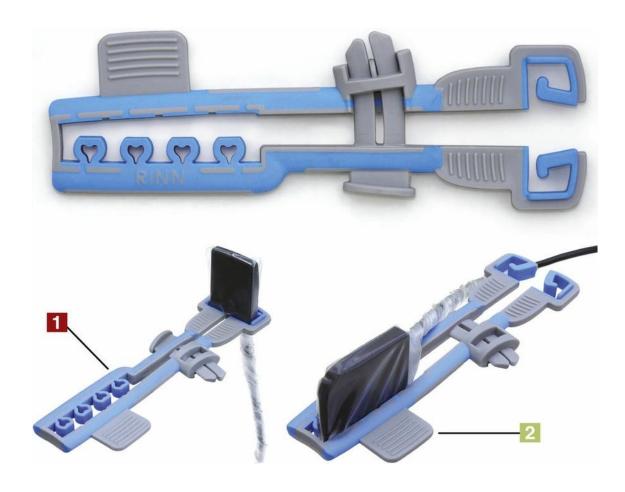
- Some sensors have wire connecting to the computer.
- Some sensors do not have wire but are put into a specially designed computer after exposure. Picture shows barrier placed on sensor.

#### **Practice Notes**

Paperless dental offices store digital x-rays on the computer, along with patient records. Digital image may be printed out on special paper if a copy is required. Barriers for sensors (refer to image 2 on page 698)

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing digital film. Barriers must be placed on the sensors. Barriers must be used and the manufacturer's recommendation for disinfection followed. Refer to state regulations for any additional state requirements.



# **Holder for Digital Sensor (EeZee-Grip)**

#### **Function**

To position and hold a digital x-ray sensor in patient's mouth for periapical images

#### **Characteristics**

Double ended:

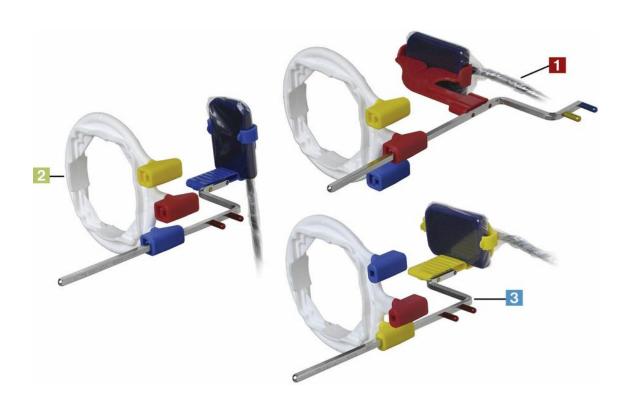
- Holds film for anterior teeth projection barrier placed on sensor
- Holds film for posterior teeth projection barrier placed on sensor Designed for snug fit to prevent slipping

#### **Practice Notes**

Holder allows room for the wire attached to the sensor May be used with wireless digital sensor

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when taking digital images. Holder must be precleaned open and unlocked, placed in an open and unlocked position either in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# One Ring and Arm Positioning System

#### **Functions**

To position and hold digital sensors or film in patient's mouth for periapical and bite-wing images using parallel technique

To allow patient to bite on holder to keep digital sensor or film in place while positioning the position-indicating device (PID) and exposing the sensor or film

Reduces the number of components needed for positioning—one arm, one ring

#### **Characteristics**

- Holds film for bite-wing projection—barrier placed on sensor
- Holds film for anterior and posterior teeth projections—barrier placed on sensor
- Holds film for posterior teeth projection—barrier placed on sensor Slots on ring are color coded—blue, anterior; yellow, posterior; red, bite-wing Allows sufficient amount of space for sensors with wires

#### **Practice Notes**

Uses the parallel technique for exposing radiation to the sensor or film PID is parallel with the ring using a round or square PID

#### **Sterilization Notes**

Disassembled Holders must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.



# **Rinn XCP Holders for Digital Sensors**

#### **Functions**

To position and hold digital sensor in patient's mouth for periapical and bite-wing images, using parallel technique

To allow patient to bite on holder to keep sensor in place while positioning the position-indicating device (PID) and exposing the electronic sensor

#### **Characteristics**

- Blue Holds film for anterior teeth projection
- Red Holds film for bite-wing projection
- Yellow Holds film for posterior teeth projection
- ☐ Green—Holds film when taking projections for endodontic procedures Slots hold electronic sensor in place with barriers placed on sensor and wire.

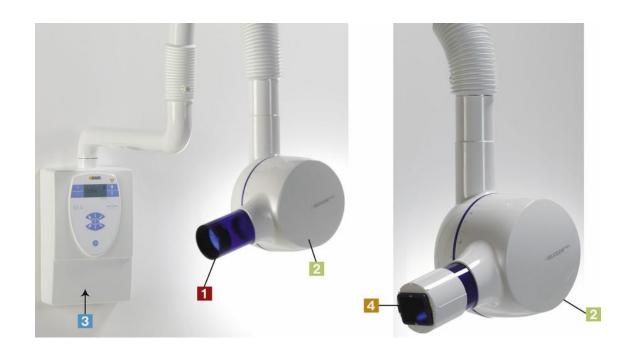
#### **Practice Note**

Several different styles of electronic sensor holders are available.

#### **Sterilization Notes**

Dissembled Holders must be precleaned, either, placed in a sterilizing pouch with an internal process indicator, sealed, then sterilized OR wrapped with an internal process indicator inside and secured on the outside with process indicator tape, then sterilized. Verify appropriate color change has been achieved in external process indicator immediately after removal from sterilizer then check internal process indicator before treatment. Refer to state regulations for any additional state requirements.





# **Digital Intraoral X-Ray Unit**

#### **Functions**

To take digital intraoral images without film or without processing the film

To project the image of the teeth by digitally projecting radiation onto an electronic sensor and then
to computerized imaging system

#### **Characteristics**

- Position-indicating device (PID) (round)
- Tube head
- X-ray unit with digital panel
- Rectangular PID

Digital radiographs use less radiation than conventional radiographs. Networks to computers in all areas of the dental office Immediate imaging available

#### **Practice Notes**

Paperless dental offices store digital x-rays on the computer, along with patient records. Used in all phases of dentistry, especially endodontics, orthodontics, oral surgery, and implantology.

#### **Sterilization Notes**

Follow standard precautions and cross contamination protocol when exposing and processing film. Barriers should be used on x-ray tube head, PID and panel where x-ray button is pushed. If barriers are not used follow manufacturer's recommendation for precleaning and disinfecting of the Dental X-Ray Unit. Refer to state regulations for any additional state requirements.





# Portable X-Ray Unit

#### **Functions**

To take intraoral images with a portable device To expose digital sensors or conventional dental radiographic film

#### **Characteristics**

Wide color LCD with easy to recognize preset exposure; preset exposure time can be adjusted with one button

Unit has a 3.0-mA current

Features internal shielding and a backscatter shield to ensure safety and minimize x-ray exposure to operator and patient

Can be used in place of wall-mounted units

#### **Practice Notes**

The battery pack is separate from the body of the unit to minimize the weight and reduce stress on the operator's shoulders and arms.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing and processing film. Barriers should be used on X-ray Unit. If not, follow manufacturer's recommendation for precleaning and disinfection of the Dental X-Ray Unit. Refer to state regulations for any additional state requirements.



# **SCANX Digital Imaging System**

#### **Function**

To produce diagnostic intraoral digital images

#### **Characteristics**

Uses phosphor storage plates (PSPs)—Plastic plates coated with an x-ray sensitive phosphor material

Plates reused multiple times using one time only plastic barrier for each patient that covers the plates

Plates placed in machine to erase current image taken

Different size plates available for images

Compatible computer software needed for the SCANX digital images

Images appear on computer screen

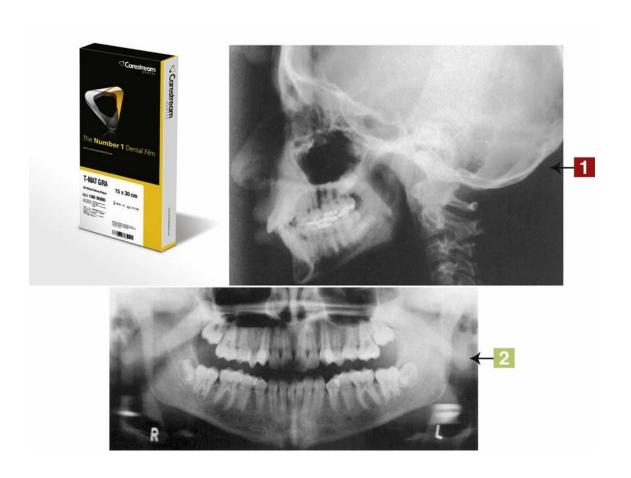
Computer software compatibility of enhancing digital images to aid in diagnosis

#### **Practice Note**

Use regular intraoral x-ray machines for images
Use requirements—SCANX, computer and practice management software
Can be used in normal room lighting

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol. Barriers must be used when exposing sensors. Each plastic plate is covered and closed with a plastic barrier. Plastic barrier is removed before placing in SCANX. New plastic barrier is used for each SCANX image. Plastic covers are one time use only and disposed of in garbage after each use. Refer to state regulations for any additional state requirements.



# **Extraoral X-Rays—Cephalometric and Panoramic**

#### **Functions**

To use to project the patient's teeth through x-ray onto the film To use for extraoral projections

#### **Characteristics**

Film is placed in a cassette outside the mouth.

- Cephalometric radiograph—Shows bony and soft-tissue areas of the facial profile
- Panoramic radiograph—Shows a panoramic view of maxillary and mandibular teeth on one film

#### **Practice Notes**

Different styles of extraoral radiograph machines are available.

Cephalometric and panoramic digital radiographs

Cephalometric and panoramic radiographs are used in all phases of dentistry. Panoramic images are used frequently in orthodontics.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol when exposing and processing film for developing.



# **Digital Panoramic/Cephalometric Imaging Unit**

#### **Functions**

To take digital panoramic and cephalometric images without film or without processing the film To project the image of maxillary and mandibular teeth by digitally projecting radiation onto an electronic sensor and then to computerized imaging system

#### **Characteristics**

Unit pictured is a 3 in 1 unit that takes both panoramic and cephalometic images. (It also takes 3D CBCT scans.)

Digital radiographs use less radiation than conventional radiographs.

Networks to computers in all areas of the dental office

Immediate imaging available

#### **Practice Notes**

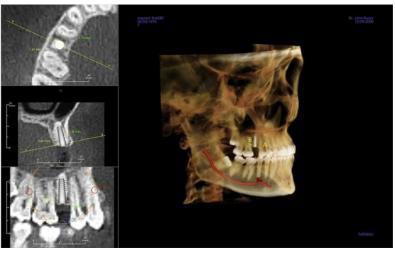
Paperless dental offices store digital panoramic imaging on the computer, along with patient records.

Used in all phases of dentistry, especially orthodontics, oral surgery, and implantology. Panoramic and cephalometric images may also be taken with conventional film.

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol. Barriers should be used, if not, then, follow the manufacturer's recommendation for precleaning and disinfection.





# Cone-Beam Three-Dimensional (3D) Imaging System

## **Function**

To produce diagnostic 3D images of the head and neck as related to dentistry

#### **Characteristics**

High-resolution scans produce images at 0.2-mm voxel size to provide diagnosis for difficult areas to view with conventional radiographs.

Typical scan time of 8.9 seconds

Less radiation and more comfortable for the patient

#### **Practice Note**

Assists in diagnosis for enhanced orthodontic treatment planning, supernumerary teeth, abnormal anomalies, third molars, small root fractures, periodontal conditions, relationship of dentition, and other anatomy requiring detailed visualization

#### **Sterilization Notes**

Follow standard precautions and cross-contamination protocol. Barriers should be used, if not, then, follow the manufacturer's recommendation for precleaning and disinfection.





# Enhanced Oral Assessment System—VELscope Vx

#### **Function**

To aid in the assessment of oral mucosal abnormalities in early visualization of potential oral cancer, precancerous lesions or tissue, infections, and trauma that are not apparent to the naked eye alone

To use as an aid in determining surgical boundaries of oral lesions for excision

To use in conjunction with the traditional intraoral and extraoral examination. Referred to as the comprehensive oral exam (COE)

#### **Characteristics**

Technology is based on an imaging modality that is sensitive to tissue changes that illuminates oral cavity to visualize potential abnormalities.

Handheld device emits a harmless, ultraviolet (UV) light used to inspect the oral cavity. Device is sensitive to abnormal tissue changes. Distinctive blue-spectrum light causes the soft tissue (oral mucosa) of the mouth to naturally fluoresce.

Imaging adapter with iPod touch attaches to VELscope Vx eyepiece for clinical photographic documentation

#### **Practice Note**

Velscope Vx is implemented in general practice as well as periodontal and maxillofacial surgery practices.

#### **Sterilization Notes**

Protective barriers should be used on the device for each patient such as VELcap Vx and VELsheath Vx, which is recommended for each patient examination. Manufacturer's recommendation should be followed for precleaning and disinfecting the unit.

# Vital Signs and Beyond



# **Stethoscope**

#### **Functions**

To listen to pulse To listen to heartbeat

To listen to systolic and diastolic pressure when taking blood pressure

#### **Characteristics**

- Ear pieces to hear pulse, and/or blood pressure
- Device to place on an artery to hear the sounds from the pulse, systolic and diastolic pressure Usually, blood pressure is taken at the brachial artery in the arm.

#### **Practice Notes**

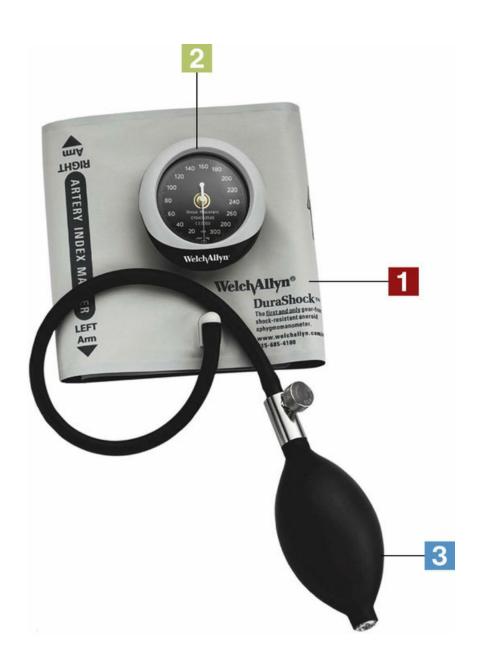
Stethoscope in dentistry is used in conjunction with blood pressure cuff to hear systolic and diastolic pressure.

Stethoscope is used before dental procedures to hear the pulse, and take blood pressure

#### **Sterilization Notes**

Stethoscope should be precleaned and disinfected according to the manufacturer's recommendation.





# **Aneroid Blood Pressure Cuff—Sphygmomanometer**

#### **Functions**

To place pressure on the arteries to hear the systolic and diastolic pressure of the arteries To place around the part of the arm above the bend in the elbow

#### **Characteristics**

- Blood pressure cuff for the arm
- Meter—Aneroid dial system (without liquid); the readout for systolic and diastolic blood pressure
- Rubber bulb—Attached to cuff with rubber tubing

Blood pressure cuff available in regular size, small size, and larger size cuffs to fit various arm sizes Cuff size should fit properly to obtain accurate blood pressure readings.

Cuff is placed above the bend in the elbow above the brachial artery.

#### **Practice Notes**

Blood Pressure Cuff is used in conjunction with the stethoscope to hear the systolic and diastolic pressure at the brachial artery located at the inner side of the bend in the elbow. Document blood pressure readings in patient's chart.

#### **Sterilization Notes**

Blood Pressure Cuff must be precleaned and disinfected according to the manufacturer's recommendation.





# **Automatic Blood Pressure Monitor**

#### **Functions**

To measure blood pressure automatically
To display the blood pressure readout on the screen
To measure pulse rate automatically
To display the pulse readout on the screen

#### **Characteristics**

- Blood pressure cuff
- Readout screen for blood pressure and pulse rate
  Blood pressure cuff available in regular size, small size, and larger size cuffs to fit various arms
  Correct cuff size important for accurate blood pressure readings
  Data from past blood pressure information available on some monitors

#### **Practice Notes**

Automatic Blood Pressure Monitor is used before medical and dental procedures. Document blood pressure readings in patient's chart.

#### **Sterilization Notes**

Blood Pressure Cuff must be precleaned and disinfected according to the manufacturer's recommendation.





# **Electrocardiogram (EKG) Machine**

#### **Function**

To measure the electrical activity of the heartbeat

#### **Characteristics**

EKG chest leads; self-adhesive pads with wires attached with electrodes for conductivity and placed in specific locations on the patient which are connected to the EKG machine A read-out is displayed on the screen.

#### **Practice Note**

EKG Machine is used to monitor the patient's heartbeat usually during dental surgical procedures, during intravenous sedation in a dental office (mostly for oral surgeries), and for general anesthesia.

#### **Sterilization Notes**

Chest leads are single use only. Chest leads used on the patient are disposable and should be disposed of in garbage. Single use only. Disinfect unit according to manufacturer's recommendation.





## **Pulse Oximeter**

#### **Functions**

To measure the concentration of oxygen in the blood To detect the pulse rate

#### **Characteristics**

- Monitor to display oxygen concentration in the blood and pulse rate
- Finger device that measures the oxygen concentration and pulse rate that sends information to the monitor

#### **Practice Note**

Pulse Oximetry used to monitor the patient's heart beat as well as oxygen concentration usually during dental surgical procedures, during intravenous sedation in a dental office, and for general anesthesia

#### **Sterilization Notes**

Pulse Oximetry should be precleaned and disinfected according to the manufacturer's recommendation.



# Capnograph

#### **Functions**

To measure carbon dioxide (CO<sub>2</sub>) in exhaled breath To monitor patient's ventilation

#### **Characteristics**

- Capnograph monitors patient ventilation, providing a breath by breath trend of respirations and an early warning system of impending respiratory crisis.
- Monitor displays patient carbon dioxide in exhaled breath.

  Capnography provides an immediate picture of patient condition.

#### **Example**

Holding your breath. Capnograph will show immediate apnea. Pulse oximetry is delayed for several minutes, and the pulse oximeter will show high saturation of oxygen for several minutes with holding your breath.

When a person hyperventilates, their CO<sub>2</sub> decreases.

#### **Practice Note**

Used in dental offices for patients who are sedated

#### **Sterilization Notes**

Capnograph should be precleaned and disinfected according to the manufacturer's recommendations.



### Instrument

## **Automated External Defibrillator (AED)**

#### **Functions**

To use for emergency situations when a person is unresponsive To use when a person has no pulse and is not breathing

### Characteristic

Place devices correctly on patient and wait for automated voice directions from AED to proceed.

#### **Practice Notes**

A provider should be trained healthcare provider basic life support along with using an AED. Preventive maintenance is required for update of batteries.

#### **Sterilization Notes**

AED should be precleaned and disinfected according to the manufacturer's recommendations.



# Index

*Note:* Page numbers followed by *f* indicate figures.

```
\mathbf{A}
Acorn burnishers, 212f-213f, 212-213
Acrylic bur, laboratory bur, 154f–155f, 154–155
Adhesive-removing pliers, 464f, 464–465
AED, See Automated external defibrillator (AED)
Air abrasion unit and handpiece attachments, 104f, 104–105
Air polisher, 106f, 106-107
Air/water syringe, 78f
  with removable tip, 72f-73f, 72-73
Air/water syringe tip, 61–82
Alginator, 634f, 634-635
Amalgam, tray setup for, 228f, 229
Amalgam carrier, 206f-207f, 206-207
  micro retro, 326f, 326-327
Amalgam well, 204f-205f, 204-205
Amalgamator, 202f, 202-203
Analgesic tanks, 52f, 52–53
Anchor tooth, dental dam hole size for, 169
Aneroid blood pressure cuff, 724f–725f, 724–725
Anesthetic cartridges, 44f, 44-45, 46f
Anesthetics
  color code system on, 46f, 47
  epinephrine in, 46f, 47
  tray setup for, 58f, 59
  vasoconstrictor in, 46f, 47
Angle former, 30f-31f, 30-31
Anterior clamp, for dental dam, 174f-175f, 174-175
Anterior forceps, mandibular, 564f–565f, 564–565
Anterior hoe, 515
Apex locator, endodontic, 304f, 304–305
Applicator, 234f-235f, 234-235
Aprons, lead, 678f-679f, 678-679
Arch-bending pliers, 434f, 434–435
```

```
Arch impression trays
  disposable plastic perforated full, 628f, 628-629
  metal perforated full, 630f-631f, 630-631
Arch wires, 428f-429f, 428-429
  nickel titanium, 429
  Optiflex, 429
  stainless steel, 429
Area-specific curettes
  see under Curettes
Arkansas stones, 372f, 373
Articulating paper holder, 226f-227f, 226-227
  characteristics of, 227
  functions of, 227
Aspirating syringe, anesthetic, 38f-39f, 38-39
Assistant chair, 80f
Autoclave (saturated steam), 614f, 614-615
  STATIM G4 cassette, 616f, 616–617
Automated external defibrillator (AED), 734f-735f, 735
Automatic blood pressure monitor, 726f–727f, 726–727
Automatic film processor, 690f, 690-691
  parts of, 692f, 692-693
Automixer, 640f-641f, 640-641
В
Back-action hoe, 516f-517f, 516-517
Ball burnishers, 212f-213f, 212-213
Band pusher, 412f-413f, 412-413, 427
Band pusher/plugger with scaler, 414f, 414–415
Band remover, posterior, 460f-461f, 460-461
Band seater/bite stick, 416f, 416–417
Bands, See Matrix bands
Barnhart curette, 336f-337f, 337
Barrel, of syringe, 38f-39f
Basic tray setup, 10f, 11
Battery operated curing light, 242f-243f, 242-243
Battery-operated sharpening device, 374f, 374–375
Beavertail burnisher, 216f-217f, 216-217
Bending pliers, arch, 434f, 434–435
Beta titanium arch wire, 429
Bi-bevel chisel, 547
Binangle chisel, 28f-29f, 28-29
```

```
Biological monitors, for sterilizers, 606f, 606–607
Bird beak pliers, 440f-441f, 440-441
Bite block, 382f-383f, 383
Bite registration tray, 642f-643f, 642-643
Bite stick, wooden, 272f-273f, 272-273
Bite-wing tabs, 670f, 670-671
Blade scissors, short, 390f-391f, 390-391
Blades, scalpel handle with, 484f-485f, 484-485
Bleaching trays, 381-402, 400f
Blister packs, of anesthetic, 46f, 46–47
Block-out material, 387
Blood pressure cuff, aneroid, 724f–725f, 724–725
Bone file, 544f-545f, 544-545
Bow, of dental dam clamp, 172f, 173
Bracket placement card, 420f, 420-421
  for Damon self-ligating brackets with self-ligating, 454–455
  for GAC self-ligating brackets with self-ligating, 456-457
Bracket placement pliers
  anterior, 424f-425f, 424-425
  posterior, 422f, 422-423
Bracket remover, 462f, 462-463
Bracket table, for instrument tray, 78f, 79
Brackets
  metal, 419
  orthodontic, 418f-419f, 418-419
    see also specific brackets
    cementing and bonding tray for, 472f, 472-473
    tray setup for, 476f, 477
Brass wire separators, 408f-409f, 408-409
Bridge scissors, 262f–263f, 262–263
Broach, endodontic, 290f, 290-291
Buccal/lingual hoe, 514f, 514–515
Bur shanks, 118f, 118-119
Burnishers. see specific burnishers.
Burs, 116f-117f, 116-117
  see also specific burs.
C
CAD/CA milling machine, 270f, 270-271
CAD/CAM machine, 268f, 268-269
Capnograph, 732f, 732-733
```

```
Cartridges
  for anesthetics, 44f, 44-45, 46f
Carvers. see specific carvers.
Cassette, 594f, 594-595
Cassette wrap, 600f, 600-601
Castroviejo needle holder, 500f
Cementation, crown and bridge, 278f, 279
Central, maxillary and mandibular, dental dam hole size for, 169
Cephalometric X-rays, 712f, 712–713
  imaging unit for, 714f, 714-715
Ceramic brackets, 416f, 419
Ceramic stones, 372f, 373
Cerec machine, 268f, 268-269
Chair
  assistant, 80f, 81
  ergonomically structured, 76f
  operator, 80f, 81
Chair adjustment device, 76f
Cheek retractor, 498f, 498-499
Chisel. see specific chisels.
Chuck, types of, 84f-85f, 85
Clamp, for dental dam, 172f, 172–173
  see also specific dental dam clamps.
Cleaning unit, ultrasonic, 612f, 612-613
Color coding system, 596f–597f, 596–597
  on anesthetics, 46f, 47
Composite burnisher, 240f-241f, 240-241
Composite disc, 150f-151f, 150-151
Composite placement instrument, 238f–239f, 238–239
Composite procedure
  class I, class II, and class V, 252f, 253
  class III and class IV, 250f, 250-251
Computer-controlled local anesthetic delivery system, 50f–51f, 50–51
Computer screen, 76f
Concave mirrors, 3
Condenser, interproximal, 210f-211f, 210-211
Condenser (Plugger), 208f-209f, 208-209
  smooth and serrated, 208f-209f, 208-209
Cone-beam three-dimensional (3D) imaging system, 716f, 716–717
Cone bur, inverted, 124f–125f, 124–125
Container, sharps, 610f, 610-611
```

```
Contouring pliers, 264f–265f, 264–265
Contra-angle attachments, 90f, 91
  types of, 91
Contra-angle handpiece attachment, slow-speed motor with, 90f-91f, 91
Conventional chuck, 84f-85f, 85
Coon pliers, 446f–447f, 446–447
Cotton forceps (pliers), 6f–7f, 6–7
Cotton roll holder, 382f–383f, 383
Cotton rolls, 382f-383f, 383
Crosscut
  straight fissure bur, 130f-131f, 130-131
  tapered fissure bur, 132f-133f, 132-133
Crown and bridge cementation, tray setup for, 278f, 279
Crown and bridge preparation, tray setup for, 276f, 276–277
Crown and bridge scissors, 262f-263f, 262-263
Crown-removing forceps, provisional, 266f, 266–267
Cryer 150 universal forceps, maxillary, 560f–561f, 560–561
Cryer 151 universal forceps, mandibular, 562f–563f, 562–563
Curette, area-specific, micro mini-five, 360f, 360-361
Curette, Ratcliff, 336f-337f, 337
Curette, surgical, 496f-497f, 496-497
Curette, UC/Rule, 338f, 339
Curettes, area-specific, anterior, 342f-343f, 342-343
Curettes, area-specific, extended anterior, 346f, 346-347
Curettes, area-specific, extended mini anterior, 350f, 350-351
Curettes, area-specific, extended mini posterior, 352f, 352–353
Curettes, area-specific, extended posterior, 348f, 348-349
Curettes, area-specific, posterior, 344f–345f, 344–345
Curettes, universal, 336f-338f, 336-337, 340f
  Langer, 340f, 340-341
Curing device, light, 78f
Curing light
  electronic and battery operated, 242f-243f, 242-243
  protective shield for, 244f-245f, 244-245
Curved sickle scaler, 358f, 358–359
Cuspids, dental dam hole size for, 169
Custom-fitted bleaching tray, 388f, 388–389
Cutters for ligatures/wires, 450f-451f, 450-451
```

D

Damon self-ligating brackets with self-ligating, bracket placement card for, 454f-455f, 454-455

```
Defibrillator, automated external, 734f-735f
Dental assistant delivery system, 78f, 78–79
Dental dam, 162f-163f, 162-163
  tray set up for, 186f, 187
Dental dam clamp, 172f, 172–173
  see also specific dental damn clamps.
Dental dam forceps, 170f-171f, 170-171
Dental dam frames, 182f-183f, 182-183
Dental dam punch, 168f-169f, 168-169
Dental dam stamp, 164f, 164-165
Dental dam template, 166f, 166-167
Dental delivery system, 76f, 76–77
Dental stools, 80f, 81
Dental unit, 61-82, 112f, 113
Dental X-ray unit, 682f, 682-683
DIAGNOdent, 392f, 392-393
Diagnostic equipment, 663–720
Diagonal slot, of Tofflemire/matrix band retainer, 190f-191f, 191
Diamond bur. see specific diamond burs.
Diamond disc, laboratory bur, 156f-157f, 157
Digital imaging system, SCANX, 710f, 710-711
Digital intraoral X-ray unit, 706f, 706–707
Digital panoramic imaging unit, 714f, 714–715
Digital sensors
  holder for, 700f, 700-701
  Rinn XCP holders for, 704f–705f, 704–705
Discoid-cleoid carver, 220f-221f, 220-221
Dispensing unit/indicator tape, 604f, 604-605
Disposables, 382f-383f, 382-383
  see also specific disposables.
Distal end-cutting pliers, 442f–443f, 442–443
Distal gingival margin trimmer, 32f-33f, 32-33
Distal/mesial hoe, 514f, 514–515
Double-sided mirrors, 3
Dry Aid, 382f–383f, 383
Dry heat (rapid heat transfer) sterilizer, 620f, 621
Dry heat (static air) sterilizer, 618f, 618-619
Dycal instrument, See Liner applicator
E
EeZee-Grip film holder, 672f, 672-673, 700f, 700-701
```

```
EKG machine, See Electrocardiogram (EKG machine)
Elastic ligature ties, 445
Elastic separating pliers, 406f–407f, 406–407
Elastic separators, 404f-405f, 404-405
Electric handpiece unit, and handpiece attachments, 100f, 100-101
Electrocardiogram (EKG machine), 728f-729f, 728-729
Electronic apex locator, 304f, 304–305
Electronic operated curing light, 242f–243f, 242–243
Elevators. see specific elevators.
Enamel hatchet, 20f-21f, 20-21
Enamel hoe, 22f-23f, 22-23
Endodontic broach, 290f, 290–291
Endodontic explorer, 286f-287f, 286-287
Endodontic file
  Hedstrom type, 294f, 294–295
  K type, 292f-293f, 292-293
Endodontic irrigating syringe, 308f, 308–309
Endodontic locking forceps (pliers), 288f–289f, 288–289
Endodontic long-shank spoon excavator, 284f, 284–285
Endodontic millimeter ruler, 302f-303f, 302-303
Endodontic plugger, 320f-321f, 320-321
Endodontic reamer, 296f, 296-297
Endodontic spreader, 318f, 318-319
Endodontic stand, 300f, 300-301
Endodontic stoppers, 298f, 298-299
Endosteal implant, 573
Epinephrine, in local anesthetics, 46f, 47
Evacuation devices, 61–82
Evacuator tip
  high-volume (velocity), 62f-63f, 78f
    surgical, 70f-71f, 70-71
  low-volume (velocity)
    mandibular, 68f, 68-69
    saliva, 64f-65f, 64-65
  plastic, 62f-63f, 63
  stainless steel, 62f-63f, 63
Examination gloves, 588f, 588-589
Excavators, spoon, 34f-35f, 35
Explorers, 4f–5f, 4–5
  endodontic, 286f-287f, 286-287
External defibrillator, automated, 734f-735f, 735
```

```
External processing indicator, 62–63
Extraction, tray setup for
  of impacted mandibular molar, 576f, 576-577
  of maxillary right first molar, 574f-575f, 574-575
Extraction instruments, 527-580
  see also specific instruments.
Eye wear, protective, 586f-587f, 586-587
F
Facebow, 256f-257f, 256-257
Fiberoptic high-speed handpiece, 86f-87f, 86-87
File. see specific files.
Film duplicator, 696f, 696-697
Film holders
  EeZee-Grip, 672f, 672–673
  periapical, 672f, 672-673, 674f
  XCP, 676f, 676–677
Film processor, automatic, 690f, 690–691
  parts of, 692f, 692-693
Film rack, 686f-687f, 686-687
Filter system, of handpiece maintenance system, 108f, 109
Finger bar, syringe, 38f-39f
Finger device, 730f, 731
Finger grip, syringe, 38f-39f
Finishing bur, 134f–135f, 134–135
Finishing strip, 247f-249f, 248-249
Flame, diamond bur, 140f-141f, 140-141
Flat-end brush, 98f, 99
Flat-end cylinder, diamond bur, 138f-139f, 138-139
Flat-end taper, diamond bur, 136f-137f, 136-137
Fluoride trays, disposable, 384f-385f, 384-385
Football burnishers, 212f-213f, 212-213
Forceps
  see specific forceps.
Four-number instrument, 18f, 18-19
  examples of, 18-19
Friction grip bur, 91
Friction grip shank, 145, 147
Front surface mirrors, 3
Furcation probe, 512f-513f, 512-513
  millimeter-increment markings on, 513
```

```
G
GAC self-ligating brackets with self-ligating instrument, bracket placement card for, 456f–457f, 456–
Gates Glidden bur or drill, 306f-307f, 306-307
Gingival margin trimmer, mesial and distal, 32f-33f, 32-33
Gingival retraction cord instrument, 260f-261f, 260-261
Glasses, protective, 586f–587f, 586–587
Glick instrument, 322f, 322–323
Gloves. see specific gloves.
Gold carving knife, 224f-225f, 224-225
Guide slots, of Tofflemire/matrix band retainer, 191
Gutta-percha, 312f-313f, 312-313
Gutta-percha warming unit, 316f-317f, 316-317
Η
Halogen radiometers, 246f, 246-247
Handles, See Instrument handles
Handpiece maintenance system, 108f, 108–109
Handpiece unit and attachment
  electric, 100f, 100-101
  laser, 110f, 110-111
  slow-speed motor, 88f, 88-89
  surgical, 102f, 102-103
Handpieces
  burs for, 115-160, 116f-117f
    acrylic, laboratory bur, 154f-155f, 154-155
    crosscut, 130f-133f, 130-131
    diamond disc, laboratory bur, 156f-157f, 156-157
    finishing, 134f-135f, 134-135
    flame, diamond bur, 140f-141f, 140-141
    flat-end cylinder, diamond bur, 138f-139f, 138-139
    flat-end taper, diamond bur, 136f-137f, 136-137
    inverted cone, 124f-125f, 124-125
    magnetic bur block with, 158f, 159
    pear-shaped, 122f-123f, 122-123
    plain cut, 126f-129f, 126-127
    round, 120f-121f, 120-121
    shanks, 118f, 118-119
    wheel, diamond bur, 142f-143f, 142-143
  high-speed, 84f-85f, 84-85
    fiberoptic, 86f-87f, 86-87
```

```
rotary attachments for, 115–160
  slow-speed
    disposable prophy angle attachments for, 96–97, 97f–98f
    prophy, 93, 92f-93f
    prophy angle, 98f, 98-99
    rechargeable prophy, 94-95, 96f
  unit
    electric, 100f, 100-101
    laser, 110f, 110-111
    surgical electric, 102f, 102–103
Harpoon, syringe, 38f-39f
Hatchet, enamel, 20f-21f, 20-21
Height-adjustable foot ring, 80f, 81
Hemostat, 492f, 492-493
  orthodontic, 448f-449f, 448-449
    characteristics of, 449
    function of, 449
High-speed handpiece, 84f-85f, 84-85
  fiberoptic, 86f-87f, 86-87
High-volume (velocity) evacuator (HVE) tip, 62f-63f, 62-63, 78f
High-volume (velocity) surgical evacuation tip, 70f–71f, 70–71
Hoe. see specific hoes.
  posterior, 515
Holder, for digital sensor, 700f, 700-701
Holes, of dental dam clamp, 172f, 173
Hollenback and half-Hollenback carvers, 222f-223f, 222-223
How (or Howe) pliers, 430f-431f, 430-431
Hydrocolloid unit, reversible, 644f, 644-645
Hydrocolloid water-cooled impression trays and hose, reversible, 646f-647f, 646-647
Hygiene instruments, 335–380
Hygiene tray, 376f, 376–377
Ι
Imaging unit
  for cephalometric X-rays, 714f, 714-715
  for panoramic X-rays, 714f, 714–715
Implant, 572f, 572–573
  endosteal, 573
Implant scaler, 354f-355f, 354-355
Implant system, 570f, 570-571
Impression trays
```

```
disposable plastic perforated full arch, 628f, 628-629
  disposable plastic perforated quadrant and anterior, 632f, 632-633
India stones, 372f, 373
Indicator tape and dispensing unit, sterilization, 604f, 604–605
Instrument handles, 8f, 8-9
Interdental file, 522f, 522–523
Interdental knife, spear point, 520f, 520–521
Internal processing indicator, 62–63
Interproximal carving knife, 225
Interproximal condenser, 210f-211f, 210-211
Intraoral dental film, 664f-665f, 664-665
  package of, 668f, 668–669
  various sizes of, 666f, 666-667
Intraoral sensors, for digital images, 698f, 698–699
Inverted cone bur, 124f-125f, 124-125
Invisalign clear aligners, 466f–467f, 466–467
Irreversible hydrocolloid spatula, 626f–627f, 626–627
Irrigating syringe, 308f, 308–309
Isolite-dryfield illuminator, 66f–67f, 66–67
J
Jarabak pliers, 436f-437f, 436-437
Jaws, of dental dam clamp, 172f, 173
Jenker, 48f-49f
K
Knife. see specific knives.
  carving, See Carvers
Kobayashi ties, 445
L
Laboratory bur
  acrylic, 154f-155f, 154-155
  diamond disc, 156f-157f, 156-157
Laboratory coat, 582f-583f, 582-583
Laboratory knife, 654f, 654-655
Laboratory spatula, 648f-649f, 648-649
Langer universal curette, 340f, 340-341
Laser handpiece unit and laser handpiece attachment, 110f, 110-111
Latch type bur, of contra-angle attachments, 91
Laterals, maxillary and mandibular, dental dam hole size for, 169
```

```
Latex-free dental dam, 163
Lead aprons, 678f-679f, 678-679
LED radiometers, 246f, 246–247
Lentulo spiral, 314f-315f, 314-315
Ligature director, 452f–453f, 452–453
Ligature ties, 444f-445f, 444-445
Ligature-tying (Coon) pliers, 446f-447f, 446-447
Light, adjustable intensity, 76f, 77
Light curing device, 78f, 79
Liner applicator, 198f–199f, 198–199
Lingual/buccal hoe, 514f, 514–515
Lip retractor, 458f–459f, 458–459
Local anesthetic, See Anesthetics
Local anesthetic syringe, 38f-39f
  components of, 37–60
  tray setup for, 58f, 59
Loma Linda curette, 338f, 339
Long needle, 42f, 42–43
Long shank, 145, 147
Low-volume (velocity) mandibular evacuator, 68f, 68-69
Low-volume (velocity) saliva ejector tip, 64f-65f, 64-65, 78f
Luxating elevator, 530f, 530-531
M
Magnetic bur block, with burs, 158f, 159
Mallet, surgical, 548f-549f, 548-549
Mandibular anterior forceps, 564f-565f, 564-565
Mandibular clamp, universal, 180f, 180-181
Mandibular forceps No. 16, universal, 552f–553f, 552–553
Mandibular forceps No. 17, 554f-555f, 554-555
Mandibular root forceps, 568f-569f, 568-569
Mandibular trial crown remover, 275
Mandibular universal forceps-Cryer 151, 562f-563f, 562-563
Mandrel
  sandpaper disc, with screw-type and snap-on, 148f-149f, 148-149
  screw on, 146f, 146-147
  snap on, 144f, 144–145
Manual developing unit, 684f, 684-685
Matrix band retainer, 190f-191f, 190-191
Matrix band system, 194f, 194–195
Matrix bands, 192f-193f, 192-193
```

```
Matrix system, sectional, 232f-233f, 232-233
Maxillary clamp, universal, 178f, 178–179
Maxillary forceps, No.10S, universal, 550f-551f, 550-551
Maxillary left forceps No. 88L, 558f-559f, 558-559
Maxillary right forceps No. 88R, 556f-557f, 556-557
Maxillary root forceps, 566f-567f, 566-567
Maxillary trial crown remover, 275
Maxillary universal forceps-Cryer 150, 560f-561f, 560-561
McCall curette, 338f, 339
Measurements, See Periodontal probes
Mesial/distal hoe, 514f, 514-515
Mesial gingival margin trimmer, 32f–33f, 32–33
Metal brackets, 419
Metal composite instrument, 238f, 239
Metal perforated full arch impression trays, 630f-631f, 630-631
Meter, of sphygmomanometer, 724f, 725
Micro retro amalgam carrier, 326f, 326–327
Micro retro mouth mirror, 328f, 328-329
Microbrush applicator, 234f, 235
Millimeter-increment markings
  on furcation probe, 512f, 513
  on periodontal probes, 510f-511f, 511
Milling machine, CAD/CA, 270f, 270-271
Mixing gun for dental impression material, 638f, 638-639
Mixing pads, paper, 660f, 661
Mixing unit, vacuum, 652f, 652-653
Model trimmer, 656f-657f, 656-657
Molar band, 193
Molars, dental dam hole size for, 169
Monitoring device, radiation, 680f, 680-681
Mouth gag, 482f-483f, 482-483
Mouth mirror, 2f-3f, 2-3, 328f, 328-329
Mouth prop, 480f-481f, 480-481
N
Needle cap holder, 48f-49f, 49
Needle guard, 40f, 41, 42f, 43
Needle holder, 500f-501f, 500-501
Needle hub, 40f, 41, 42f, 43
Needles
  suture, 502f-503f, 502-503
```

```
syringe
    long, 42f, 42-43
    short, 40f, 40-41
Nickel titanium arch wire, 429
Nitrile utility gloves, 592f-593f, 592-593
Nitrous oxide, 52f, 52-53
  and oxygen flowmeter, 56f, 56-57
    characteristics of, 57
    function of, 57
Nitrous oxide nose mask, 54f–55f, 54–55
  tubing for, 55
Nitrous oxide sedation, 37–60
Nose mask, nitrous oxide, 54f-55f, 54-55
  tubing for, 55
\mathbf{o}
One ring and arm positioning system, 702f, 702–703
Operator chair, 80f
Optiflex arch wire, 429
Oral assessment system, VELscope Vx, 718f, 719
Orban, 4f, 5
Orthodontic band with tubing and hook, 410f-411f, 410-411
Orthodontic bracket/band removal tray, 476f, 477
Orthodontic brackets, 418f-419f, 418-419
  cementing and bonding tray for, 472f, 472–473
  tray setup for, 476f, 477
Orthodontic cementing and bonding brackets, 472f, 472-473
Orthodontic (Shure) scaler, 426f-427f, 426-427
Orthodontic tooth separating, 470f, 470-471
Orthodontic tying-in arch wire, 474f, 474–475
Osseointegration, 573
Outer knob, of Tofflemire/matrix band retainer, 190f-191f, 191
Overgloves, 590f, 590-591
Oxygen flowmeter, 56f, 56-57
P
Package, of dental film, 668f, 668-669
Panoramic X-rays, 712f, 712–713
  imaging unit for, 714f, 714–715
Paper holder, articulating, 226f-227f, 226-227
Paper mixing pads, 660f, 661
```

```
Paper points, sterile absorbent, 310f-311f, 310-311
Parts box, for sterilization, 598f, 598–599
Pear-shaped bur, 122f-123f, 122-123
Perforated full arch impression trays, disposable plastic, 628f, 628-629
Perforated quadrant and anterior impression trays, disposable plastic, 632f, 632-633
Periapical film holder, 672f, 672–673, 674f
Periodontal instruments, 509-526
Periodontal knife, kidney shaped, 518f-519f, 518-519
Periodontal probes, 510f-511f, 510-511
  millimeter-increment markings on, 511
Periodontal surgical instruments, 509–526
Periodontal surgical tray setup, 524f, 525
Periosteal elevator, 494f-495f, 494-495
Periotomes, 532f, 532-533
Peso file, 324f-325f, 324-325
Picks, root-tip, 540f, 540-541
Pigtail, 4f
Piston rod, 38f-39f
Placement instrument, composite, 238f–239f, 238–239
Plastic composite instrument, 238f, 239
Plastic evacuator tip, 62f-63f, 63
Pliers. see specific pliers.
Plugger, endodontic, 320f-321f, 320-321
Polisher, air, 106f, 106-107
Portable unit, 708f, 708–709
Positioning system, one ring and arm, 702f, 702–703
Posterior hoe, 515
Power lever chuck, 84f-85f, 85
Power scaler, 362f-363f, 362-363
Preframed dental dam, 184f-185f, 184-185
Premolar band, 193
Premolar clamp, in dental dam, 176f, 176–177
Premolars, dental dam hole size for, 169
Preparation, crown and bridge, 276f, 276-277
Preventive and sealant instruments, 381-402, 398f
Probes
  furcation, 512f-513f, 512-513
  periodontal, 510f-511f, 510-511
    millimeter-increment markings on, 511
Prongs, of dental dam clamp, 172f, 173
Prophy angle attachments, disposable
```

```
prophy slow-speed handpiece/motor with, 92f-93f, 93
  for slow-speed handpiece/motor, 96-97, 96f-97f
Prophy angle slow-speed handpiece/motor, 98f, 98-99
Prophy brush, disposable, 97
Prophy cup, 98f, 99
  disposable, 97
  disposable prophy angle attachment with, 96f, 97
Prophy slow-speed handpiece/motor
  with disposable prophy angle attachment, 93, 92f-93f
  rechargeable, 94-95, 96f
Prophylaxis polishing, tray setup for, 396f, 396–397
Protective glasses, 586f–587f, 586–587
Protective mask, 584f-585f, 584-585
Protective shield, for curing light, 244f-245f, 244-245
Provisional crown-removing forceps, 266f, 266-267
Pulp tester, Vitalometer, 282f-283f, 282-283
Pulse oximeter, 730f, 730-731
Push-button chuck, 84f-85f, 85
Push-button device, 90f, 91
R
Radiation monitoring device, 680f, 680-681
Radiometers, LED and halogen, 246f, 246-247
Ratcliff curette, 336f-337f, 337
Reamer, endodontic, 296f, 296-297
Recapping device, 48f–49f, 48–49
Rechargeable prophy slow-speed handpiece/motor, 94-95, 96f
Removing forceps, provisional crown, 266f, 266–267
Retainer, Tofflemire band, 190f-191f, 190-191
Retraction cord instrument, gingival, 260f-261f, 260-261
Retractor
  lip, 458f-459f, 458-459
  tongue and cheek, 498f, 498-499
Reversible hydrocolloid unit, 644f, 644–645
Reversible hydrocolloid water-cooled impression trays and hose, 646f-647f, 646-647
Rheostat, for handpieces, 76f, 77
Rinn XCP holders, for digital sensors, 704f–705f, 704–705
Rongeurs, 542f-543f, 542-543
Root elevators, 534f-535f, 534-535
Root forceps
  mandibular, 568f-569f, 568-569
```

```
maxillary, 566f-567f, 566-567
Root planing, 378f, 379
Root-tip elevator, 538f, 538–539
Root-tip picks, 540f, 540-541
Rotary attachments, for handpieces, 115-160
Round bur, 120f-121f, 120-121
Rubber bowl, flexible, 624f-625f, 624-625
Rubber bulb, of sphygmomanometer, 724f, 725
Rubber diaphragm, 44f, 45
Rubber plunger, silicon, 44f, 45
Rubber points, 152f-153f, 152-153
Ruler, endodontic millimeter, 302f-303f, 302-303
\mathbf{S}
Safelight, 688f, 688-689
Saliva ejectors, 78f, 79
Sandpaper disc, with screw-type and snap-on mandrel, 148f-149f, 148-149
Saturated steam, 614f, 614-615
Scaler. see specific scalers.
Scalpel blade remover, 486f-487f, 486-487
Scalpel handle with blades, 484f-485f, 484-485
SCANX digital imaging system, 710f, 710-711
Scissors. see specific scissors.
Screw on, mandrel, 146f, 146-147
  sandpaper disc with, 148f-149f, 148-149
Sealant, tray setup for, 398f, 398-399
Sectional bands, 233
Sectional matrix system, 232f–233f, 232–233
Self-contained water unit, 74f, 74-75
Sensors, intraoral, for digital images, 698f, 698-699
Shade guides/digital color imaging, 258f, 258–259
Shanks. see specific shanks.
Sharpening device, battery-operated, 374f, 374–375
Sharpening stones, 372f-373f, 372-373
Sharps container, 610f, 610–611
Shepherd's hook, 4f
Short blade scissors, 390f-391f, 390-391
Short latch-type shank, 145, 147
Short needle, 40f, 40-41
Sickle scaler
  curved, 358f, 358-359
```

```
straight, 356f, 356-357
Silicon rubber plunger, 44f, 45
Single-bevel chisel, 547
Sirona, 466f-467f, 466-467
Slow-speed handpiece
  with disposable prophy angle attachment, 93, 96-97, 97f
  prophy, 93-94, 92f-93f
  prophy angle, 98f, 98-99
  rechargeable prophy, 94-95, 96f
Slow-speed motor, 88f, 89
  with contra-angle handpiece attachment, 90f-91f, 91
  with straight handpiece attachment, 88f, 88-89
Snap on, mandrel, 144f, 144-145
  sandpaper disc with, 148f-149f, 148-149
Spacer, 395
Spatula
  flexible alginate (irreversible hydrocolloid), 626f-627f, 626-627
  flexible mixing, 658f-659f, 658-659
  laboratory, 648f-649f, 648-649
Spectra fluorescence caries detection aid system, 394f, 394–395
Sphygmomanometer, 724f–725f, 724–725
Spindle, of Tofflemire/matrix band retainer, 190f-191f, 191
Spindle pin, of Tofflemire/matrix band retainer, 190f-191f, 191
Spoon excavators, 34f–35f, 35
Spore check, sterilization
  in office, 608f, 608-609
Spreader, endodontic, 318f, 318-319
Spring separators, steel, 408f-409f, 408-409
Stainless steel arch wires, 429
Stainless steel evacuator tip, 62f-63f, 63
Stand, endodontic, 300f, 300-301
Start button, of handpiece maintenance system, 108f, 109
Statim G4 cassette autoclave, 616f, 616–617
Steel spring separators, 408f–409f, 408–409
Sterilization, parts box for, 598f, 598–599
Sterilization equipment, 581–622
  see also specific equipment.
Sterilization pouches, 602f, 602-603
Sterilization spore check
  in office, 608f, 608-609
Sterilizer
```

```
autoclave (saturated steam), 614f, 614-615
  dry heat (rapid heat transfer), 620f, 621
  dry heat (static air), 618f, 618-619
Stethoscope, 722f-723f, 722-723
Stones, sharpening, 372f-373f, 372-373
Stools, dental, 80f, 81
Stoppers, endodontic, 298f, 298-299
Straight chisel, 24f-25f, 24-25
Straight elevator, 528f-529f, 528-529
Straight fissure bur
  crosscut, 130f-131f, 130-131
  plain cut, 126f-127f, 126-127
Straight handpiece attachment, slow-speed motor with, 88f, 88-89
Straight sickle scaler, 356f, 356-357
Strip, finishing, 247f–249f, 248–249
Superfine diamond burs, 141, 143
Surgical chisel, 546f, 546–547
Surgical curette, 496f-497f, 496-497
Surgical electrical handpiece unit, and handpiece attachments, 102f, 102–103
Surgical evacuation tip, high-volume (velocity), 70f–71f, 70–71
Surgical mallet, 548f-549f, 548-549
Suture needle, sutures and, 502f-503f, 502-503
Suture removal, tray setup for, 578f, 579
Suture scissors, 504f–505f, 504–505
Svedopter (metal evacuator), 69
Syringes
  anesthetic aspirating, 38f-39f, 38-39
  irrigating, 308f, 308-309
T
T-ball burnisher, 214f-215f, 214-215
T-bar elevator, 536f, 536-537
Tanner carver, 218f-219f, 218-219
Tapered brush, disposable prophy angle attachment with, 96f, 97
Tapered-end brush, 98f, 99
Tapered fissure bur
  crosscut, 132f-133f, 132-133
  plain cut, 128f-129f, 128-129
Template, for dental dam, 166f, 166-167
Temporary anchorage device (TAD), 468f, 468-469
Threaded tip, syringes, 38f-39f
```

```
Three-number instrument, 16f, 16–17
Three-prong pliers, 438f-439f, 438-439
Three-way syringe, See Air/water syringe
Thumb ring, syringes, 38f-39f
Tissue forceps, 490f-491f, 490-491
Tissue scissors, 488f-489f, 488-489
Tofflemire band retainer, 190f-191f, 190-191
Tongue retractor, 498f, 498-499
Tooth opening, for endodontic therapy, 330–331
  tray setup, 330f, 330-331
Tooth sealing, for endodontic therapy, 333
  tray setup, 332f, 333
Torso support, adjustable, 80f, 81
Tray setups
  for amalgam, 228f, 229
  basic, 10f, 11
  for bleaching, 400f, 401
  for crown and bridge cementation, 278f, 279
  for dental dam, 186f, 187
  in dental delivery system, 76f, 77
  for endodontic tooth opening, 330f, 330-331
  for extraction
    of impacted mandibular molar, 576f, 576-577
    of maxillary right first molar, 574f-575f, 574-575
  for hygiene, 376f, 376-377
  for local anesthetic syringe, 58f, 59
  for orthodontic bracket/band removal, 476f, 477
  for orthodontic tooth separating, 470f, 470-471
  for orthodontic tying-in arch wire, 474f, 474–475
  periodontal surgical, 524f, 525
  for prophylaxis polishing, 396f, 396–397
  restorative
    angle former used on, 31
    binangle chisel used on, 29
    enamel hatchet used on, 21
    enamel hoe used on, 23
    gingival margin trimmer used on, 33
    spoon excavators used on, 35
    straight chisel used on, 25
    Wedelstaedt chisel used on, 27
  for root planing, 378f, 379
```

```
for sealant, 398f, 398-399
  for sealing of tooth, 332f, 333
  for suture removal, 578f, 579
Trays
  bite registration, 642f-643f, 642-643
  bleaching, 381-402
  triple (disposable), 636f, 636–637
Trial crown remover, 274f-275f, 274-275
Trimmer. see specific trimmers.
Triple tray (disposable), 636f, 636-637
Tubing, for handpieces, 76f, 77
Tweed loop-forming pliers, 436f-437f, 436-437
U
UC/Rule curette, 338f, 339
Ultrasonic cleaning unit, 612f, 612–613
Ultrasonic scaler instrument tip
  furcation, 368f, 368-369
  subgingival, 366f, 366-367
  supragingival, 364f, 364–365
  universal, 370f, 370–371
Ultrasonic scaling unit, 362f-363f, 362-363
Universal band, 193
Universal curettes, 336f-338f, 336-337, 340f
  Langer, 340f, 340-341
Universal mandibular clamp, 180f, 180-181
Universal mandibular forceps, No. 16, 552f-553f, 552-553
Universal mandibular forceps-Cryer 151, 562f–563f, 562–563
Universal maxillary clamp, 178f, 178–179
Universal maxillary forceps, No.10S, 550f-551f, 550-551
Universal maxillary forceps-Cryer 150, 560f-561f, 560-561
Universal surgical instrument, 479–508
Utility gloves, nitrile, 592f-593f, 592-593
\mathbf{V}
Vacuum former, 386f-387f, 386-387
Vacuum mixing unit, 652f, 652-653
Vasoconstrictor, in local anesthetics, 46f, 47
VELscope Vx, 718f, 719
Vibrator for laboratory, 650f-651f, 650-651
View luminator, 694f-695f, 694-695
```

```
Vitalometer/pulp tester, 282f-283f, 282-283
```

```
\mathbf{W}
Wand/STA Single Tooth Anesthesia System, 50f-51f, 50-51
Waterline treatment tablets, 74f, 74-75
Wedelstaedt chisel, 26f-27f, 26-27
Weingart utility pliers, 432f–433f, 432–433
Well, for composite material, 236f-237f, 236-237
Wheel, diamond bur, 142f-143f, 142-143
Winged clamps, of dental dam clamp, 172f, 173
Wire cutters, 450f–451f, 450–451
Wire ligature ties, 445
Wooden bite stick, 272f–273f, 272–273
Wooden wedges, 196f-197f, 196-197
Woodson instrument, 200f-201f, 200-201
X
X-ray unit
  dental, 682f, 682-683
  digital intraoral, 706f, 706-707
X-rays
  cephalometric, 712f, 712–713
    imaging unit for, 714f, 714–715
  extraoral, 712f, 712–713
XCP film holders, 676f, 676–677
```